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URBAN MUNICIPAL

FEASIBILITY STUDY FOR A
SENIOR CITIZEN'S CENTRE



Institute of Environmental Research (1985) Inc.

URBAN MUNICIPAL

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GOVERNMENT DOCUMENTS

CITY OF HAMILTON

CULTURE AND RECREATION DEPARTMENT

FEASIBILITY STUDY FOR A
SENIOR CITIZEN'S CENTRE

FINAL REPORT

Prepared by:

Institute of Environmental Research (1985) Inc.
81 Sheppard Avenue West, Suite 201
Willowdale, Ontario
M2N 1M4

and

Ferguson Ferguson Architects
188 Strachan Avenue
Toronto, Ontario
M6J 2S9

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APPENDIX

1.0 INTRODUCTION

The following is the Hamilton Seniors Centre Feasibility Study Draft Final Report, which documents activities and findings of the study process. This report has been prepared in seven sections, each intended to address a specific component of the Study. Each section is briefly outlined below.

1.0 Introduction

An overview of the report, the purpose and background of the study.

2.0 Background Information

Leisure trend analysis.

A demographic analysis of the senior population.

A review of the public involvement process of Phase One.

A review of comparable case data.

3.0 Current Service Delivery

A review of the role of the Department of Culture and Recreation.

An inventory of the existing seniors centres and other programmes, services and facilities available to seniors in Hamilton.

4.0 Assessment of Need

Discussion of the recreation service delivery, facility, programming and services needs of seniors in Hamilton.

5.0 Feasibility Analysis

A review of the feasibility assessment of a new Senior Citizen Centre.

6.0 Recreational Service Delivery to Older Adults

A discussion of the delivery of recreational service to older adults in the City of Hamilton

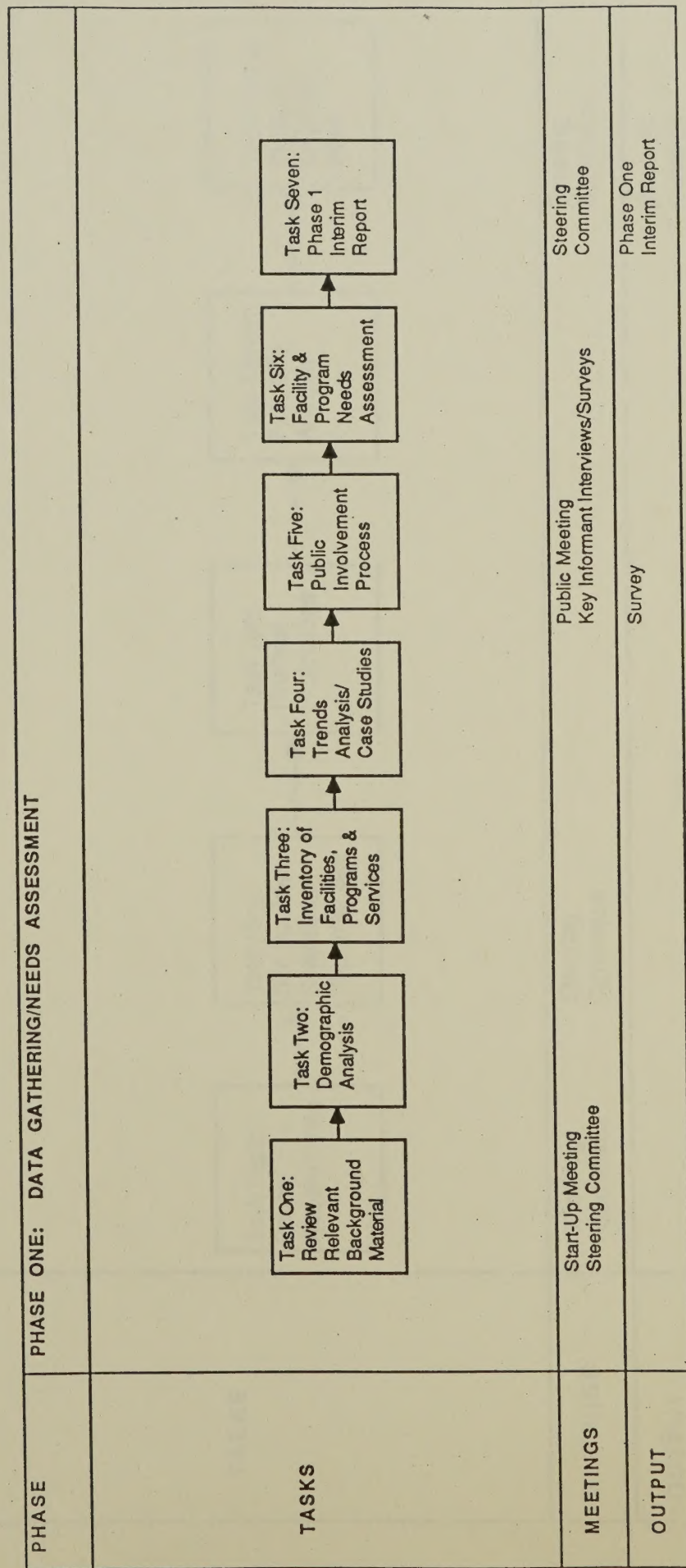
7.0 Implementation

An implementation plan with timeframes for the development of a new Senior Citizen Centre and service delivery approach.

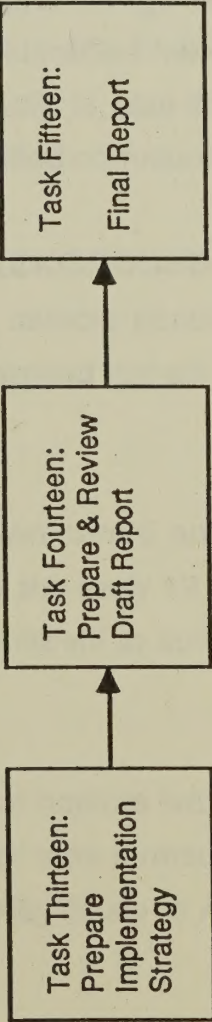
The Study process involved a number of tasks, outlined in Figure One.

FIGURE ONE : THE WORK PROGRAM

CITY OF HAMILTON: SENIOR CITIZEN CENTRE - FEASIBILITY STUDY



PHASE	PHASE TWO: FINANCIAL PROJECTIONS AND FEASIBILITY ASSESSMENT
TASKS	<pre> graph LR A[Task Eight: Space Requirements] --> B[Task Nine: Site Review/ Selection of Preferred Site] B --> C[Task Ten: Financial Projections] C --> D[Task Eleven: Feasibility Analysis] D --> E[Task Twelve: Prepare Concept Plans] </pre>
MEETINGS	Steering Committee
OUTPUT	Concept Drawings

PHASE	PHASE THREE: IMPLEMENTATION PLAN/REPORT PREPARATION
TASKS	 <pre> graph LR T13[Task Thirteen: Prepare Implementation Strategy] --> T14[Task Fourteen: Prepare & Review Draft Report] T14 --> T15[Task Fifteen: Final Report] </pre>
MEETINGS	Steering Committee Parks & Recreation Committee / City Council
OUTPUT	Draft Report (April 30) Final Report (May 22)

1.1 PURPOSE OF THE STUDY

As expressed in the Terms of Reference, the purpose of this Study is to develop a "plan of action [which] will be presented for implementation to meet the present needs of our Senior's population while effectively planning for our future direction." The City of Hamilton has commissioned the consultant to address this issue, which has been an increasing concern over a number of years. It is the purpose of this study, therefore, to investigate the service, programming, resources and facility needs of seniors in Hamilton, and based upon the identified need, to describe the kind of facility required. Finally, the purpose of the Study is also to document the feasibility of developing facilities that will meet the identified community need.

1.2 BACKGROUND TO THE STUDY

The 1990's will see a growing seniors population in the City of Hamilton. This study has developed out of the anticipated impact that this growth will have on recreational services in the City.

Requests for a central downtown centre and a seniors centre on the mountain have been received by the City since the early 1970's. In 1985, the "Culture and Recreation Master Plan" indicated a commitment to address the recreation needs of seniors in the City.

A report identifying the needs of seniors was accepted by Council in 1986. Following this the Senior Citizens' Council was formed. City Council gave approval to initiate a Senior Citizens' Centre Feasibility Study in April 1989.

2.0 BACKGROUND INFORMATION

2.1 LEISURE TREND ANALYSIS

Throughout the 1980s, as more and more public attention was focussed on the aging of the Canadian population, differences in the older adult population, beyond the simple fact of increasing numbers, became apparent. Among these differences were:

- Cohort or Generational trends in aging, particularly the aging of the old/old (persons 85 years of age and older) population;
- Longevity trends related to improved health care, lower morbidity, lifestyle, nutrition and activity patterns;
- Social trends related to retirement (and especially early retirement) and retirement benefits, education, and socially changing norms about the roles and expectations of older adults.

Throughout the last decade, and often upon the initiative of older adults, society gradually changed its views on senior citizens. At the same time seniors themselves challenged stereo-typed images of aging, and in so doing opened up new doors and opportunities.

Of all of the factors that influence individual and population aging (for example longevity, morbidity, environmental issues, housing, etc.), three have been recognized as having far-reaching implications for society's traditional views on aging, and for the way that services are provided to seniors. These three factors are:

- health
- education
- income

Changes in health status, education and income that have become apparent in the last ten years will continue to shape the older person of the next decade, and of the decades to follow. While images of grandmothers in rocking chairs persist, there is little question that "grey power" activists, elder aerobics, the geritol follies, elderhostel and so on, present continual challenges to many of society's stereo-typed views on

aging. While the senior years are still viewed as the time to retire from the workforce, and generally engage in less strenuous pursuits, activity patterns of older adults are changing. In the past ten years, and this becomes critically important for future considerations, seniors have begun to engage in a wider range of recreation, leisure, social, cultural and educational activities. As the next generation of older adults approaches retirement, and perhaps at an even earlier age than their already-retired counterparts, the needs and demands of the older adult population are expected to change. The way that these demands might change is less predictable than noting demographic changes. Factors such as longevity, and impacts of improved pension plans are more easily monitored than engagement in recreational activities. The following discussion outlines some of the trends that might influence the needs and demands for recreational services for older adults in the City of Hamilton.

Demographic Trends

The increasing number of elderly persons has had, and will continue to have, major impacts on the provision of services to this population. In the next ten years, as this population grows from the current 11 percent of the total population, to 15 percent and even 18 percent, the sheer number of older adults will have an impact on all forms of available services. Of particular interest will be the growing differences between the young-old (those people 65 to 75 years of age) and the old-old (those people 85 years of age and older).

The old-old constitute the fastest growing sector of the Canadian population. Over the next 10-20 years, new demands from this growing population can be anticipated. In conjunction with a number of other factors discussed below, the lengthening of the lifespan for both men and women, and the continuation of wellness into later stages of life may lead to more active, healthy seniors in old-old age. If these trends continue the 80-85 year old senior of the future may display health characteristics similar to today's 65 year old.

Health Trends

The predominance of "wellness" throughout the lifespan has led to the recognition that seniors too can be healthy well into the last years of their lives. While the senior years

were previously viewed as a period of generally declining health and ability, these years are now viewed as a fairly stable period (10 to 20 years long) followed by a short decline at the end of the life cycle. There is no question that good health and activity levels are correlated. Further, research has indicated that increased activity in old age can have favourable impacts on the overall health and well being of older adults, even for those individuals who were previously sedentary.

As these health trends are intensify throughout the older adult population, demands for more active recreation and leisure activities are expected to increase. This demand may result in the continuation of passive activities at seniors centre (attracting mainly the old-old), along with the introduction of new programs designed to meet the demands of a more active generation of older adults.

Education

Educational achievement levels in the senior population are continuing to improve. While many of today's seniors did not have the opportunity to obtain high levels of education (events such as the Repression of World War II interfered with schooling), tomorrow's seniors, and seniors of the next generation are generally well educated. In terms of the impact of this trend, education provides individuals with options. These options or choices allow older adults to select from a wider range of recreational activities to fulfill their leisure time. As better education levels are reflected in the population, new demands for intellectual development, along with physical and social development, in the older adult years are expected to increase. In some places the impact of this trend may already be seen, as the doors to community colleges and universities are now open to seniors. Discussion series, debates, reminiscence groups, elder-hosted and other forms of continuing education or leisure, for seniors should be anticipated.

Income

While statistics indicate that fifty percent of seniors live at or below poverty levels in Canada, the stability of pension changes this picture.

Widely available government pensions, and more recently the number of people retiring with private pensions, are providing a substantial portion of the seniors population with more than subsistence income. In addition, with more and more women participating in the workplace, older women, who currently constitute the poorest elders, will in the future be eligible for high pension levels.

Like education, income provides individuals with options. With increased spending power, seniors may be able to purchase services, and engage in private sector (or public sector) activities on a fee-for-service basis.

While the increasing income levels of older adults is widely true, it will remain important for service providers to recognize that in the foreseeable future there will remain a large number of older adults who will not benefit from new pensions or increased access to pensions.

2.2 DEMOGRAPHIC ANALYSIS

2.2.1 Introduction

The review of population data in Hamilton is necessary to identify present and future trends in population aging that may influence the market demand or the number of users for a new seniors facility. This review will include analysis of sub-population characteristics such as relative age, male/female population differences, and the needs of mountain and Lower City residents.

The most current Census of Canada (1986) data was obtained for the City of Hamilton to document the number and characteristics of seniors that exist in the municipality at the present time. (Table 1) By comparing this information to population data from previous years and to population projections, we can identify possible future trends in the Hamilton senior population.

2.2.2 Past and Present Population Characteristics

The City of Hamilton has experienced a net loss of population between the years 1976 and 1986, due to high levels of out-migration and the trend toward smaller household

TABLE 1
Population by Age, by Sex, by Selected Age Categories
for Hamilton, 1976, 1981, 1986

	0 - 4 4	4 5 - 5 4	5 5 - 6 4	6 5 - 7 4	7 5 +	Total	Senior Total
1 9 8 6							
Mountain	78705	13445	14505	8645	4640	119940	13285
Male	38955	6435	7030	3975	1665	58060	5640
Female	39750	7010	7475	4670	2975	61880	7645
Lower City	120805	18255	20620	15410	11730	186820	27140
Male	60555	9040	9770	6710	4010	90085	10720
Female	60250	9215	10850	8700	7720	96735	16420
Total	199510	31700	35125	24055	16370	306760	40425
Male	99510	15475	16800	10685	5675	148145	16360
Female	100000	16225	18325	13370	10695	158615	24065
1 9 8 1							
Mountain	77720	14710	12560	3960	6150	115100	10110
Male	38645	7170	6130	1855	2415	56215	4270
Female	39075	7540	6430	2105	3735	58885	5840
Lower City	124275	20140	20325	8470	17725	190935	26195
Male	62540	9980	9520	3790	6565	92395	10355
Female	61735	10160	10805	4680	11160	98540	15840
Total	201995	34850	32885	12430	23875	306035	36305
Male	101185	17150	15650	5645	8980	148610	14625
Female	100810	17700	17235	6785	14895	157425	21680
1 9 7 6							
Mountain	79930	15580	9745	3025	5515	113795	8540
Male	40015	7705	4920	1395	2330	56365	3725
Female	39915	7875	4825	1630	3185	57430	4815
Lower City	132495	23055	18925	8175	15995	198645	24170
Male	66855	11370	9000	3540	6015	96780	9555
Female	65640	11685	9925	4635	9980	101865	14615
Total	212425	38635	28670	11200	21510	312440	32710
Male	106870	19075	13920	4935	8345	153145	13280
Female	105555	19560	14750	6265	13165	159295	19430

size. Between 1976 and 1981, the population decreased by 2.1%. However, from 1981 to 1986 there was an increase in the population of 0.2%. (Table 2)

More positive growth trends are characteristic of the senior population. Data from Statistics Canada indicate that the Hamilton senior population has grown by approximately 23% over the ten year period from 1976 to 1986, increasing the proportion of seniors in the total population from 10% to 13%. (Table 2) In the same time period, the proportion of seniors in the national population rose from 8.7% to 10.9%.

Chart 1 illustrates the population in 1986 for the City by age category, presenting this data as percent of total population. From this chart we see that adults aged 55-64 represented 11.5% of the population. Further that adults aged 65-74 represented 7.8% of the population, and that the 75 and older group represented 5.3 % of the population.

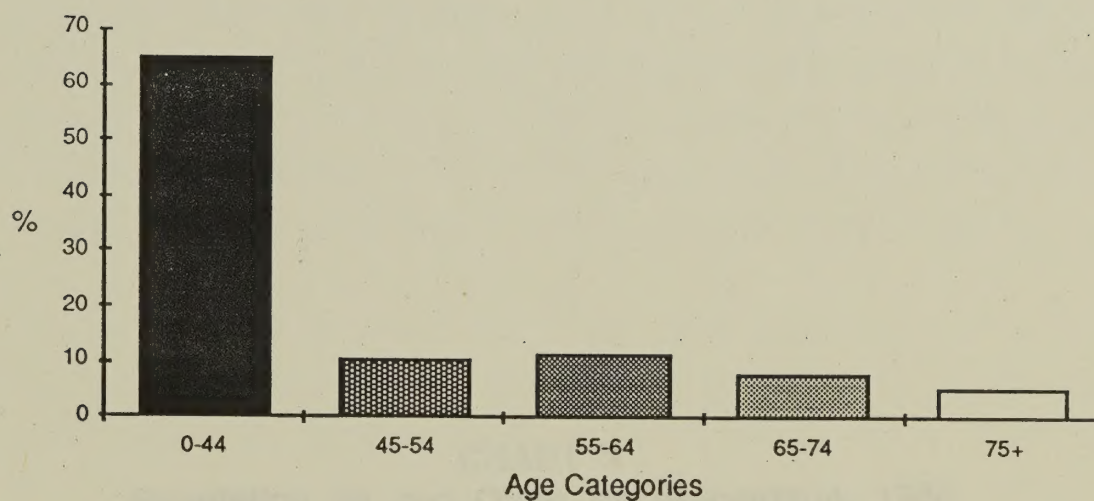
Chart 2 illustrates the older adult population for the City of Hamilton in 1986 by age and sex. In the years 55-64, 65-74 and 75 and older, women outnumber men, particularly in the older (75 plus) age grouping where the ratio is almost two to one. Nationally, although the life span of both men and women has been increasing, over the past forty years the gap between the life span of men and women has been closing as more men have been living longer. That this trend is stabilizing is reflected in the Hamilton population. From 1976 to 1986, there was virtually no change in the proportion of men and women over the age of 65 in Hamilton. (Table 2)

Chart 3 illustrates the breakdown of the older population in 1986 into three age groups as a proportion of 100 percent. These are: aged 55-64, aged 65-74 and 75 and older. That is, this chart gives us the breakdown of the total "older" population by percentages. Of this group, we see that the 55-64 category accounts for nearly one-half (46%) of all older people in Hamilton, the 65-74 group accounts for a little less than one-third (32%) of all older people, and the 75 and older age group accounts for 22 percent of all older people.

TABLE 2
Population Change by Age, by Sex, by Selected Age Categories
for Hamilton, 1976, 1981, 1986

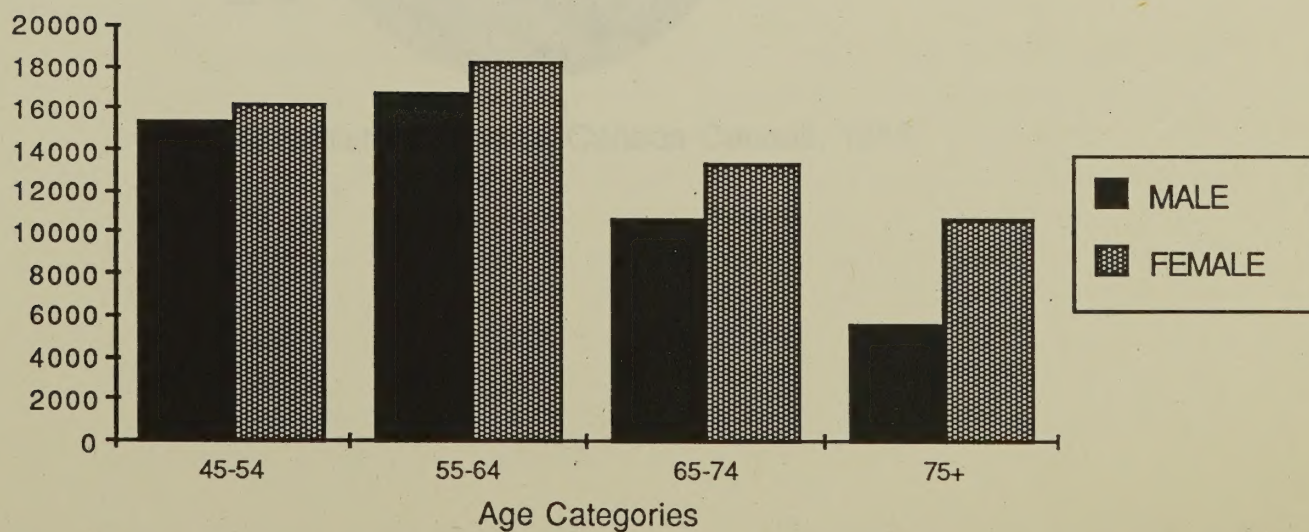
	% Seniors in Total Population	% Male/ Female Seniors	% Change in Senior Population	% Change in Total Population
1986				
Mountain	11		31	4
Male	10	42	32	3
Female	12	58	31	5
Lower City	15		4	- 2
Male	12	39	4	- 3
Female	17	61	4	- 2
Total	13		11	0
Male	11	40	12	0
Female	15	60	11	1
1981				
Mountain	9		18	1
Male	8	42	15	0
Female	10	58	21	3
Lower City	14		8	- 4
Male	11	40	8	- 5
Female	16	60	8	- 3
Total	12		11	- 2
Male	10	40	10	- 3
Female	14	60	12	- 1
1976				
Mountain	8			
Male	7	44		
Female	8	56		
Lower City	12			
Male	10	40		
Female	14	60		
Total	10			
Male	9	41		
Female	12	59		

CHART 1
Population by Age In percentage, Hamilton, 1986



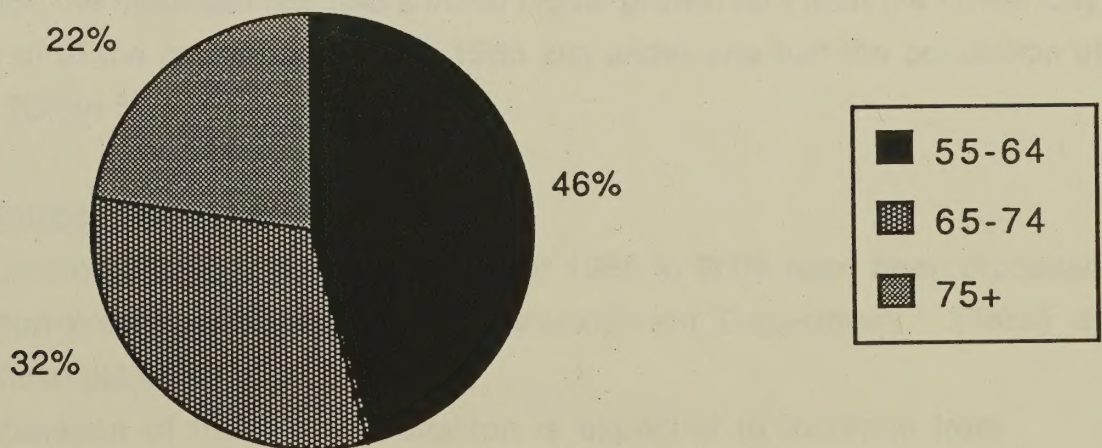
Source: Statistics Canada, Canada Census, 1986

CHART 2
Older Adult Population of Hamilton
by age and sex, 1986



Source: Statistics Canada, Canada Census, 1986

CHART 3
Population 55 and Older by Percentage, 1986



Source: Statistics Canada, Canada Census, 1986

This chart also provides us with some insight into the future population structure for the City of Hamilton. With the largest representation of people in the 55-64 age group, the City is assured of having a growing number of senior citizens in the immediate future. In looking back to Table 1, the number of people in the age group 45-54 is similar to those in the 55-64 age group (31700 vs. 35125). This also provides a fairly good indication that the aging trend in the City's population will continue.

Chart 4 presents the growth rate of the senior population and the total population in the Lower City and on the mountain from 1981 to 1986. This chart illustrates the significantly higher rate of population growth among seniors on the mountain than in the Lower City (31% and 4%). This trend is also reflected in the general population where the mountain population grew by 4% while the Lower City population dropped by 2%. Although the mountain has had a much higher growth rate than the Lower City, the population of the mountain is still in 1986 just under one half the population of the mountain. (Chart 5)

2.2.2 Population Projections

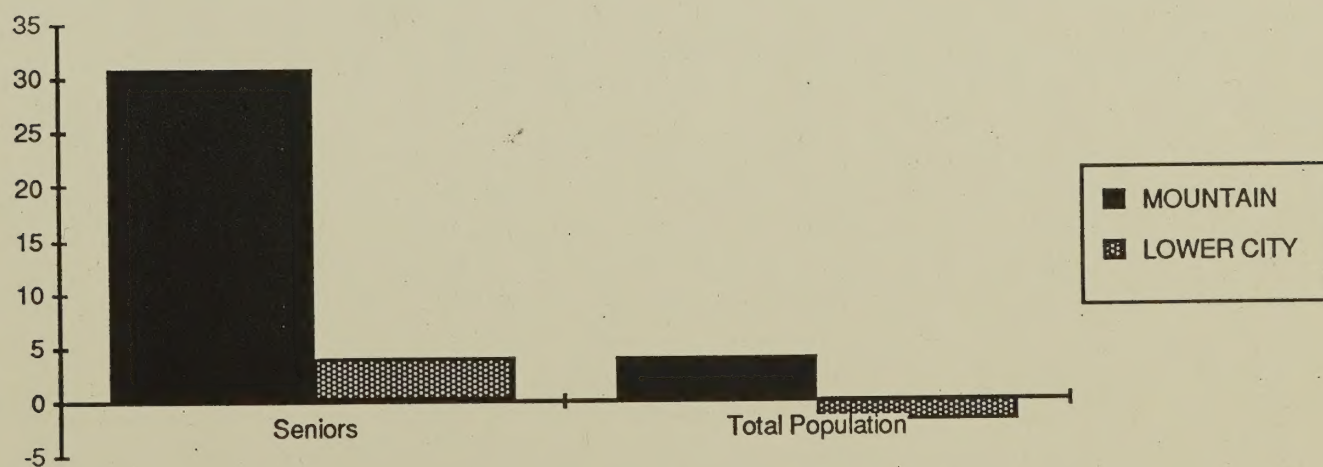
Population projections for Hamilton from the year 1988 to 2006 have been produced by the Hamilton-Wentworth Planning and Development Department. (Table 3) According to these projections:

The population of the City of Hamilton is expected to increase from 307,200 in 1988 to 310,700 in 2006. Migration losses are projected to be more moderate than those which occurred in the 1971-1986 period because of employment growth in the Regional Centre, improvements in the quality of life, the existence of a good housing stock, and a decrease in the size of the most mobile segment of the population. The aging of the population over the forecast period will be accompanied by decreasing numbers of births, increasing numbers of deaths, and slower growth. . . . Age specific growth under the most likely scenario will be concentrated amongst individual 65 years of age and over. This cohort is expected to grow by 17 percent.¹

Table 4 shows the projected senior population in Hamilton to the year 2006, and the growth rate from 1986 to 2006 of both the senior population and the total population.

¹ Hamilton-Wentworth Planning and Development Department Strategic planning Division. *Hamilton-Wentworth Population Projections 1988-2006*. March, 1989.

CHART 4
Growth Rate of Adult Population 65+ and Total Population of
Hamilton, between 1981 and 1986



Source: Statistics Canada, Canada Census, 1981, 1986

CHART 5
Population Aged 65 and over of the Lower City and the Mountain In Hamilton, 1976,1981, 1986

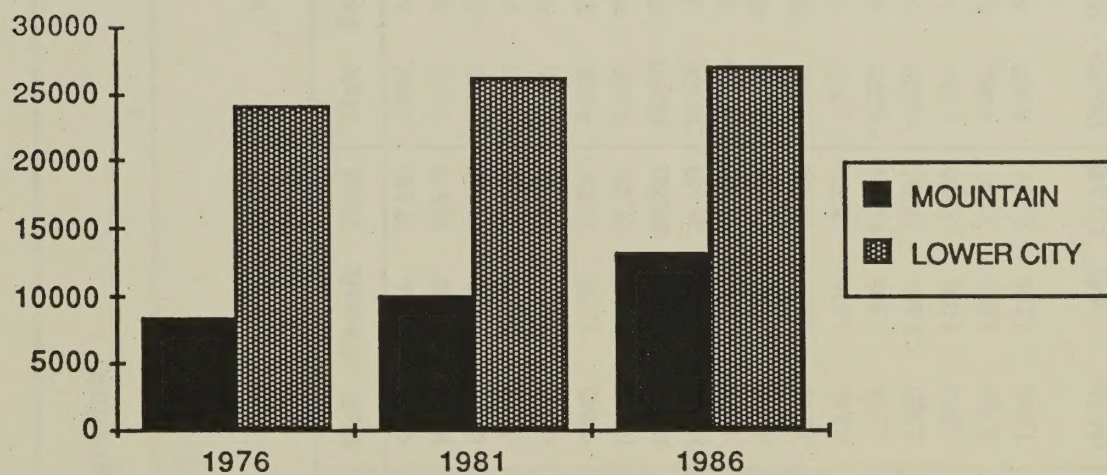


TABLE 3 Projected Population by Five-Year Age Groups and Sex, Selected Years, 1988-2006
Hamilton

Scenario 1.2 (Medium Fertility-Medium Migration)												
Age Group	Assessment			Projected Population								
	1988			1991			1996			2001		
	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
0-4	9,536	9,175	18,711	10,410	9,985	20,395	10,445	9,910	20,355	9,025	8,555	17,580
5-9	9,432	9,161	18,593	9,285	8,965	18,250	9,940	9,515	19,455	10,025	9,490	19,515
10-14	9,169	8,935	18,104	9,145	8,780	17,925	9,070	8,755	17,825	9,790	9,370	19,160
15-19	10,199	9,934	20,133	9,470	9,235	18,705	9,100	8,740	17,840	9,100	8,800	17,900
20-24	12,899	13,658	26,557	11,220	11,350	22,570	9,835	9,635	19,470	9,560	9,225	18,785
25-29	14,850	14,946	29,796	14,270	14,925	29,195	11,230	11,390	22,620	9,940	9,765	19,705
30-34	12,654	13,062	25,716	13,800	13,860	27,660	13,715	14,415	28,130	10,755	10,950	21,705
35-39	10,536	10,900	21,436	11,360	12,045	23,405	13,275	13,380	26,655	13,225	13,975	27,200
40-44	9,163	9,660	18,823	10,080	10,445	20,525	11,055	11,775	22,830	13,015	13,165	26,180
45-49	7,806	8,044	15,850	8,355	8,650	17,005	9,900	10,310	20,210	10,900	11,665	22,565
50-54	7,347	7,808	15,155	7,335	7,685	15,020	8,080	8,530	16,610	9,700	10,185	19,885
55-59	7,861	8,489	16,350	7,350	7,855	15,205	7,060	7,540	14,600	7,795	8,385	16,180
60-64	8,298	9,159	17,457	7,770	8,610	16,380	6,890	7,610	14,500	6,640	7,335	13,975
65-69	7,052	8,256	15,308	7,410	8,800	16,210	6,985	8,180	15,165	6,215	7,255	13,470
70-74	4,773	6,060	10,833	5,275	6,715	11,990	6,285	8,050	14,335	5,950	7,505	13,455
75-79	3,436	5,185	8,621	3,835	5,305	9,140	4,085	5,825	9,910	4,880	7,005	11,885
80-84	1,943	3,542	5,485	2,065	3,945	6,010	2,500	4,135	6,635	2,705	4,595	7,300
85+	1,243	2,989	4,232	1,320	3,325	4,645	1,475	3,935	5,410	1,745	4,355	6,100
Total	148,197	158,963	307,160	149,755	160,380	310,235	150,925	161,565	312,555	150,965	161,580	312,545
										150,095	160,595	310,690

Source: Hamilton-Wentworth Planning and Development Department

As expressed above, most of the population increase in the City of Hamilton to the year 2006 is projected to be in the over 65 age group.

TABLE 4
Elderly Population Projection, Hamilton, 1988-2006

<u>Year</u>	<u>Estimated Senior Pop</u>	<u>% Change of Seniors Pop*</u>	<u>Estimated Total Pop</u>	<u>% Change in Total Pop*</u>
1988	44479		307160	
1991	47995	7.90	310235	1.0
1996	51455	15.68	312555	1.76
2001	52210	17.4	312545	1.75
2006	52015	16.94	310690	1.14

*Change from 1988

A slight dip in the senior population is shown between 2001 and 2006. Although population projections are not available further into the future than the year 2006, it can be surmized that the growth trend will continue by extrapolating the age cohorts below the 65 age cohorts in Table 3. As each of these five year age cohorts move into the 65 and over age group, and the current over 85 age group is removed, the older adult population grows significantly. (Table 5)

TABLE 5
Extrapolation of City of Hamilton Population Projections

<u>Year</u>	<u>65+</u>
2006	52015
2011	60580
2016	71225
2021	82280

In the early 2020's the baby boom generation will be entering the over 65 age group, further increasing the older adult population.

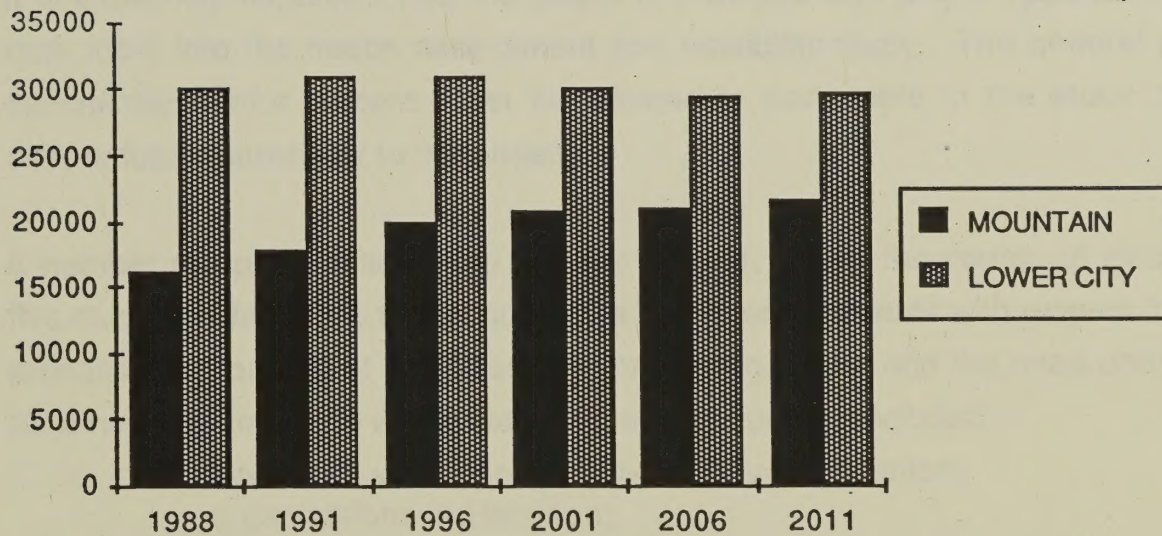
Chart 6 shows the projected proportion of older adults living on the mountain and those living in the Lower City. In 1988 the Lower City senior population was 30,200 and the mountain senior population was 16,100. This difference is expected to lessen significantly over the next twenty years until in 2011 the Lower City population is 29,800 and the mountain population is 21,700.

There are definite trends toward an increasing proportion of "older-old" seniors. Women in particular are living longer and this must be taken into consideration. With women outliving men, there is also a national trend towards an increasing proportion of widows. This factor must be taken into consideration when addressing the type of facilities and programs needed to meet the requirements of the senior community now and in the future.

While population aging trends, and population projections can reasonably forecast future senior population scenarios, some factors influencing senior centre membership projections, cannot be addressed easily. For example, early retirement is becoming increasingly common. This factor is difficult to accurately assess, however, it must be recognized as having a potentially significant impact on the future of a new facility. Early retirees may be interested in a seniors centre at an earlier age.

However, there is some evidence that early retirees are generally not ready to use a seniors centre as they may have difficulty accepting that they are growing older and may have different interests from those activities currently offered at seniors centres. In order to attract these "younger seniors", seniors facilities may have to change their image of catering to "old" people and may have to develop more "active" activities than are presently offered.

CHART 6
Projected Population Aged 65 and over, Hamilton



2.3 PUBLIC INVOLVEMENT

It is extremely important that the public is provided with ample opportunity to make their input into the needs assessment and feasibility study. The general public and specifically senior citizens must be allowed to participate in the study process to ensure future sensitivity to their needs.

A number of opportunities were made available, during the course of Phase One of this study, for the public to ask questions and offer comments with respect to the study process, the concept of a new seniors recreation centre and the need and/or support for a new centre. More specifically, these opportunities included:

- interviews with representatives of over 80 seniors organizations in Hamilton;
- public meetings; and
- requests for briefs.

Information gathered from the various seniors organizations are discussed in Section 2.1 of this report. The public meetings and the request for briefs are discussed in detail below.

2.3.1 Public Meeting

As part of the public involvement process in the feasibility study, a public meeting was held to acquaint the public with the study and its process and to provide preliminary feedback on the findings to date. In addition, it provided an opportunity for interested groups, organizations and individuals to express their views, concerns or support for the study and for the proposed facility.

The public meetings were held on Wednesday, January 24, 1990 at 10:30 a.m. in the Football Hall of Fame, and at 7:30 p.m. at City Hall. Advertisements were placed in the Hamilton Spectator, and various seniors-oriented publications, on radio community announcements, and sent to the seniors groups listed on the Main Hess Seniors Master List to publicize the meeting.

Approximately 75 people attended the morning meeting which was intended to be easily accessible for seniors. The evening meeting which was designed to provide an opportunity for input from the general public attracted approximately 20 people.

The consultants presented a brief review of the study process and the findings to date at both meetings. Following the presentation, a question and answer period was conducted. Before the close of the meetings, the public was invited to submit written comments on the need for senior programming and facilities, or to call the consultants to discuss their concerns or comments.

2.3.2 Requests for Briefs

The consultant invited interested parties at the public meetings to submit written briefs, outlining comments and opinions regarding the need and desire for new seniors facilities and/or programming in Hamilton. An Invitation to Submit Briefs was also posted at the three major seniors centres in Hamilton.

Two submissions were received. Both submissions were in favour of a new seniors centre on the mountain and mentioned the need for an information centre to be included in the project. As well, the current lack of activities of interest to men was an issue of concern.

2.4 COMPARABLE CASE DATA

In investigating the need for expanded recreation facilities for older adults in the City of Hamilton, senior citizen centres in other municipalities were examined to provide comparable case information. This information allows for a comparison of characteristics of Hamilton's seniors, and their needs, with seniors and seniors centres in other locations. Table 10 illustrates some of the points of comparison with other municipalities.

Based on this table, we can see a range of characteristics in the comparison centres that make these municipalities both similar and different from the City of Hamilton. For example, Hamilton and Chatham share higher than national average proportions of

seniors in the population. The range of sizes of seniors centres is clear from this table, as is the range in the number of club members, and the average daily use of these facilities.

We can apply the average number of square feet per senior for a seniors recreation facility (from Table 6) to the Hamilton senior population to assist in estimating an appropriate size for a seniors centre. Program space of approximately 90,292 square feet would be appropriate for the existing senior population under this formula (that is 2.03 square feet x 40,425 seniors) and to accommodate the future projected population to the year 2006, approximately 105,590 square feet of space would be required.

Comparison with other communities is useful background to the study and shows where Hamilton stands relative to other communities. However, this information in no way should be used as a basis for concluding the size of senior facilities Hamilton should have.

TABLE 6
Senior Centre Comparison

Characteristic	Oshawa	Burlington	Hamilton	Chatham	Averages
1986 Total Pop.	117,519	116,675	306,760	42,210	145,791.00
Pop. 55 +	21,435	22,410	75,450	9,020	32,078.75
Pop. 55+ as % of Total	18.24	19.21	24.6	21.37	20.86
Pop. 65 +	10,525	10,785	40,425	5,315	16,762.50
Pop. 65+ as % of Total	8.90	9.24	13.18	12.59	10.98
Size of Seniors Centre	13,000	16,453	n.a.	17,670	15,707.67
Ave. Sq. ft./senior	1.24	1.53	n.a.	3.32	2.03
Ave. No. of Members	3,320	1,931	2,900	900	2,262.75
Ave. No. Centre Users/day	400	264	535	100	324.75

3.0 CURRENT SERVICE DELIVERY

Recreation services are provided to older adult residents of the City of Hamilton in a number of ways. The City of Hamilton, through its Department of Culture and Recreation provides direct services at the Main Hess Seniors Centre, as well as community centres, swimming pools and other community recreation facilities. The City of Hamilton also indirectly provides recreation services to older adult residents on a purchased-service basis. This arrangement involves the YWCA, which operates the Hamilton Senior Citizens Centre, and the Ottawa Street Community YWCA Seniors Centre. The Main Hess Seniors Centre, the Hamilton Seniors Centre in the Ottawa Street Community YWCA Seniors Centre are the three major seniors centres in the City of Hamilton.

In addition, a number of minor clubs and organizations also received City operating assistance. These organizations provide a range of programmes and services with minimal City support.

Beyond the direct and indirect devices provided or purchased by the City, there are two other sectors which provide recreation services to older adults. These are (i) small independent seniors groups, clubs and organizations, and (ii) public sector agencies that are not directly associated with the City.

The programming and services provided by the City and the other organizations involved in service delivery to older adults is reviewed below in order to establish a baseline from which to determine the need for and type of new seniors services required in Hamilton.

Aside from listing the available social and recreational opportunities for older adults, the inventory assists in the process of assessing the strengths and weaknesses in the present leisure and recreational delivery system in order that these weaknesses may be addressed.

Data has been assembled on services, facilities, and programmes offered to seniors at seniors centres, senior apartments, and senior clubs and organizations in Hamilton. As illustrated in Tables 7 to 11, the type of information collected covered areas such as membership, size and capacity of the facility, frequency of use, present programming, number of users, staffing and funding resources. Similar questions were asked of all contacts. In instances where information is missing, it was either not available or, in some cases, the contact refused to provide the information. Although attempts were made to contact the Germania Club and the Limeridge Seniors, contact was not made with either of these groups.

3.1 CITY AND CITY PURCHASED SERVICES

3.1.1 Service Delivery

The mission of the Department of Culture and Recreation is to "contribute to the quality of life in Hamilton by providing enhanced Cultural and Recreational opportunities for citizens and tourists." ¹

The philosophical approach of the Department to its mandate as outlined in the Culture and Recreation Master Plan is: "to focus increasing attention on facilitating, enabling, co-ordination and support."² To do this requires increasing emphasis on community participation and development in recreational service provision within the department. As a result, staff are directed to adopt a facilitative role, focussing on technical assistance, support, development and co-ordination. The Master Plan recognizes a need to focus increasing attention on the service requirements of the special population groups; particularly the disabled and the elderly.

The Master Plan also recommends greater emphasis should be directed to programmes for the adult, elderly and disabled populations in recreation centres and at arenas. The Department should ensure that passive and active activities for the elderly are available at all cultural and recreation facilities which are physically

¹ Department of Culture and Recreation Mission Statement, Mandate, Goals and Objectives July 1989.

² Culture and Recreation Master Plan City of Hamilton. May 1985, p.15.

TABLE 7 Hamilton Senior Centres

Name	Hamilton Seniors Centre	Ottawa Street Community YWCA Seniors Centre	Main Hess Seniors Centre
Number of members Exclusive membership Membership Trends	Approx. 2000 retired and/or 60 years +, 55+ special needs has been increasing with increases in programming	Approx. 600 - 172 male, balance female 60 years, City of Hamilton resident, others pay more Has been increasing; pop. older, early retirement	Approx. 300 No Increasing
Space Components	McNab YWCA - 75 McNab St. S. large lounge, kitchen, sewing room, meeting room access to pool (3x per week)	Ottawa YWCA, 52 Ottawa St. N. Lounge, rec room, access to gym, pool, sauna, whirlpool, dance studio, lecture room, meeting rooms, snack bar	191 Main St. W. Common area, craft room, exercise room music room/meeting room, kitchen, library, small lounge, sewing room, storage, woodworking shops
Equipment	Sewing machines, pottery kiln		Mon-Fri 9 - 9, some Sat for special events
Restrictions	space limits, lack of weekend hours	space limits, lack of weekend hours	Lack of air conditioning, parking, weekend hours, inadequate accessibility by bus
Capacity	300 seated	110	892 seated/595 for dance
Ave. # of users/day	200+ - almost at capacity	100-120	200-250; in summer much less due to heat
Hours/Days	Mon-Wed, Fri 9 to 9; Thurs, Sat 9 to 5; Sun 12 to 5	Mon to Fri 9 to 5	
Funding (sources, budget, revenue)	City of Hamilton-core funding/YWCA-space New Horizons - user groups apply separately Course fees - programs are self supporting, Membership - \$7/year city res., \$10.50 non-res. User fees - drop-in \$7.50 non-member, \$50 social Snack bar, special events	City of Hamilton - core funding New Horizons - computer, training for new employees Course fees - programs are self supporting, Membership - \$7/year city res., \$10.50 non-res. User fees - drop-in \$7.50 for non-members Snack bar, special events	City of Hamilton - core funding, subsidizes operating costs New Horizons - \$33,000 start-up furniture and equipment Course fees Membership - \$7/year city res., \$10.50 non-res. User fees - drop-in \$7.50 for non-members Special events - boutique, carnival bingo, mini-auction, etc.
Staff (Full vs pt. time, paid vs volunteer)	Director (full time) - administration Secretary/bookkeeper (full time) - office Assist. supervisor (part time) - programming, office Maintenance (part time) Instructors	Director (full time) Office coordinator/secretary (full time) 13 paid instructors (part time)	Supervisor (full time) - administration Reception assistant (part time) Assistant (part time)
Activities/Programs (kind, frequency, number of users)	cards, carpet bowling, crafts, dance, dinners, dressmaking, exercise, lectures, quilting, swimming, tai chi, teas, yoga	bingo, bowling, cards, choir, crafts, dance exercise, lectures, quilting, sign language swimming, tai chi, walking women, weight training, yoga	Bingo, cards, carpet bowling, choir, crafts, dances footcare, grocery program, tai chi, teas
Comments re: new Centre	More facilities are needed - especially on mountain Younger seniors and early retirees do not identify with senior label - perhaps have interest in an Adult Leisure Facility Should look at option of 3-4 smaller facilities Visibility/profile is important Need lots of storage	Strong need Desirable on mountain; west Hamilton	Mountain needs centre that is open daily Sam Lawrence Park area is best Mohawk College area not central enough Should make it large enough to accommodate future growth
In favour	Yes	Yes	Yes

accessible, and take advantage of the skills of older adults in the planning and delivery of services. As well, the Department should provide assistance to community groups in such ways as volunteer training and management, improving communication among clubs and informing the community about available services.

A need to improve City recreation facilities in terms of accessibility and upgrading is reported in the Master Plan.

All of the above recommendations have ramifications for service delivery to older adults in the City of Hamilton. The Department is moving toward fulfilling a co-ordination and facilitation role in the delivery of recreation services. In doing so, the Department can enhance the services currently provided by the abundance of organizations working with seniors. In this framework, an opportunity is created for older adults to actively fulfil their own recreational needs with some support from the Department, as well as for the development of more formal support structures for older adults both within a coordinated delivery system. At this point, a clear policy on the type of support to be offered by the City, the type of organization with which the City is networking, and how organizations apply for support from the City is not in place.

3.1.2 Facilities, Programmes and Services

There are three major seniors centres in Hamilton: the Hamilton Seniors Centre located in the McNab YWCA, the Ottawa Street Community YWCA Seniors Centre, and the Main Hess Seniors Centre. Hamilton and Main Hess are located in the downtown area, and Ottawa St. in the east end. Most seniors take transit to these facilities although many seniors going to the Main Hess Centre live in the surrounding buildings and therefore walk to the facility. Many people do not like to drive downtown because it is difficult to find parking. The City's Recreation Master Plan notes that parking needs to be provided at both Main Hess and at the Hamilton Seniors Centre.

Each of the facilities has a large activity room. The Hamilton Seniors Centre also is comprised of a kitchen, sewing room, meeting room and has access to the pool. The

Ottawa Street Centre has a separate lounge, and has scheduled activities in the gym, pool, sauna, whirlpool, dance studio, lecture room, meeting rooms. There is also a snack bar which serves the whole facility. The Main Hess Centre has a craft room, exercise room, music/meeting room, kitchen, library, small lounge, sewing room, storage room, and woodworking shops.

The Hamilton and Ottawa Y Seniors Centres are operating at or near the capacity of the space available to them. Both noted space limitations as restricting the programming that could be offered. Main Hess is not restricted by space considerations per se, however some combinations of activities in the large common room may impact on each other in terms of noise level.

Main Hess centre noted a number of restrictions on use of the centre: no designated parking for members and visitors, no air conditioning and not enough heat in the winter, lease agreement restricts provision of meals and socials, lack of staff hours for weekend operation, lack of usable outdoor space, inability to subdivide large room to accommodate several activities, poor acoustics, lack of signage, only access by elevator (some people are afraid to use elevator), and inadequate bus accessibility combined with an uphill climb from all directions to centre.

All three centres operate daily. The Hamilton Seniors Centre is open in the evenings and on Saturday from 9 to 5 and Sunday afternoon as well. Main Hess is also open in the evenings. The Ottawa Street Centre does not have evening or weekend hours. All centres stated the need for more weekend hours of operation.

The Centres are supported by the City of Hamilton. Programmes and activities offered at the Centres are generally self-supporting via user fees and material fees. All three Centres have received grants from the New Horizons Program. A City membership of \$7 per year gives seniors access to all facilities funded by the City.

A number of full-time and part-time, paid and volunteer staff co-ordinate their efforts to operate each of the Centres. Each Centre has a full-time director, office staff, and paid instructors for the various instructional classes offered. Volunteers assist with the running of the Centres, meals preparation, and play a role as "host" to visiting members.

The decision-making function is carried out on behalf of the members, by a board of directors in the case of Hamilton and Ottawa St. Centres and by an executive and convener board at Main Hess. These bodies are composed of representatives from the various programmes and groups at the Centres.

The three centres publish a joint newsletter every three months (excepting the summer months) to coordinate their activities and avoid scheduling conflicts. The SMILE network meets once a month and is open to all seniors. Representatives come from many groups.

A wide range of activities and programmes are available to seniors at the Centres, from more active activities such as dancing, exercise classes, bowling and shuffleboard; to more passive activities such as cards and bingo. Cultural activities, such as crafts, choir, and dance are also offered. However, although the "average" senior is well provided with choices in activities a number of programming gaps were identified by the staff at the Centres. More day care programming could be offered in the City for frail elderly. Day care programmes currently offered at Ottawa YWCA Seniors Centre and at Main Hess Centre (Senior Activation Maintenance Programme) would like to expand. Women use the Centres much more intensely than men at the present time. Programming specifically targeted at men, and space set aside for activities of particular interest to men (e.g. pool room) could attract more male seniors to the Centres. Ethnic seniors groups were also identified as potential users who could be attracted to a senior centre. A further, potentially important, group that is currently emerging is the younger seniors. This group would use more active programming and activities as well as information services.

3.2 OTHER SERVICE PROVIDERS

3.2.1 Minor Centres

Five other Seniors Centres offer programming in the City of Hamilton: First Place Seniors, the Jewish Social Service, Kiwanis Seniors, Roxborough Seniors Centre, and the Salvation Army Golden Agers.

First Place Seniors is located in a residential complex in the downtown area. Their mandate includes service to an area of a 1 mile radius of the building. They operate from 8:30 am to 9:00 pm Monday to Friday. The facility space is extensive, including an auditorium, meeting rooms, lounge areas, dining rooms, solarium and a roof garden. These areas are underutilised, although programming is at the capacity of staff resources. The programming offered includes exercise, euchre, shuffleboard, crafts, vision support, relaxation clinics and study groups.

The Jewish Social Service is located in the Fairview School in the Lower City. They operate Monday to Friday mornings and Tuesday and Wednesday afternoons, attracting an average of 20 to 40 users per day. A gym, kitchen, and classrooms provide space for a sheltered workshop, arts, crafts, singing, luncheon, bus trips and celebrations of Jewish holidays. The Centre is part of a multi-service agency which contributes staff and funding to the Centre.

The Kiwanis Seniors operate in the Kiwanis Club in the north east area of the City. They use 2 large rooms, 2 offices, and share the use of a kitchen, ceramic equipment, badminton courts, video equipment and a pool. The Centre is open Monday to Friday from 9 am to 3 pm and offers programming throughout the week. The space occupied by the centre is used after 3 pm by the Boys and Girls Club and is also rented by other groups. The Centre has a full time coordinator, and 6 part time staff.

The Roxborough Seniors Centre is also located in the Lower City, occupying a hall and kitchen at St. Helens School. It is open all day Monday, Tuesday and Wednesday mornings, and Thursday and Saturday afternoons. The school and the SAM East

TABLE 8 Minor Centres

Name	First Place Seniors	Jewish Social Service	Kiwanis Seniors	Roxborough Seniors Centre
Number of members	670 on mailing list	250	200-300	85
Exclusive membership	55+ with exceptions	No	50+, Disabled 20+,	55+
Membership Trends	Increasing	Has been stable	Has increased 20%/year, expect increase to continue	Increasing
Space	First Place Auditorium, boardroom, meeting room, craft and billiard rooms, lounges, dining rooms, library, solarium, roof garden	Fairview School Lower City Gym, kitchen, classrooms	Seniors Centre in Kiwanis Club Lower City - north east 2 large rooms, 2 offices, Share use of ceramic equipment, badminton courts, video, pool	St. Helens School Lower City Hall, kitchen shuffleboard
Components Equipment				
Restrictions	At limits of funding and staff	No	Would like whirlpool, exercising, physiotherapist, more space	Difficult to get liquor licence
Capacity	Over 400	150	Two 20' by 30' rooms	120
Ave. # of users/day	Less than capacity of space	20-40	-	10 - 30
Hours/Days	8:30am to 9pm Mon to Fri	Mon to Fri mornings Tues and Wed afternoon	Drop-in Mon to Fri, 9-3pm Programs throughout week	Mon. all day, Tues., Wed., am Thurs., Sat. afternoon
Funding (sources, budget, revenue)	Comsoc base funding Region - \$10,000 City - \$6000 First Place , grants	Space and staff are part of multi-service agency Ministry of Community and Social Services \$30000	\$5/year membership Budget \$107,00/year 70% COMSOC, 20% region, 10% fundraising; bazaars, etc.	\$2/year Sell cookbooks, plastic wrap Bake sales
Staff (Full vs pt. time, paid vs volunteer)	Supervisor, program coordinator, Social Service coordinator, secretary	Craft instructors, lunch staff, part time Other centre staff	Coordinator, full time 6 part time	Activity Director - part time Cleaning person - part time
Activities/Programs (kind, frequency)	Exercise, euchre, crafts, study group, vision support, relaxation clinics, friendship group, meal at noon	Sheltered workshop, arts, crafts, singing, luncheon, bus trips, celebrations of Jewish holidays	Drop-in, Daycare, meals, woodworking, craft, trips, ceramics, water therapy, swim, tai chi, bowling, foot care, cards	Fun choir, drop-in, yoga, crafts Intergenerational program, badminton, weekly Footcare, potluck, monthly
Location of members	2/3 in building, rest neighbours	All in Lower City	Most Lower City, few mountain, some out of City (Stoney Creek)	97% lower city, 1% mountain 2% out of city, 15% drive
Transportation used		DARTS 25%, taxi 20%, 55% transit	Transit or drive, DARTS, 2 vans	70% transit, DARTS, 15% walk
Comments re: new Centre	Probably would not be affected by new centre Meal services for seniors is essential; younger seniors have other needs - not at sen. centre More resources needed for home support rather than a centre	Participation in ethnic community is important Pool, cafeteria, ombudsman, outreach program for men Younger seniors-different needs Lower City location-on bus route	No impact if on mountain Social worker with languages, doctor on call, whirlpool, large kitchen, storage, elevator, auto doors, no carpeting, snack bar Mountain growing-needs centre Limeridge Mall area	35-40 might use centre Might help expand programs Social, educational, skills building, pool Mountain location. Close to transit
In favour	No - not as they exist now	Yes	Yes	Yes

Name	Salvation Army Golden Agers
Number of members	Approx. 500
Exclusive membership	60+, some flexibility
Membership Trends	Began 5 years ago with 50 members, now reaching capacity
Space	Salvation Army Hamilton Temple Lower City
Components Equipment	Lounge, gym, cafeteria
Restrictions	Reaching space limitations, esp. storage and office
Capacity	350
Ave. # of users/day	Approx. 60
Hours/Days	Mon-Fri 9 to 4
Funding (sources, budget, revenue)	\$6/year (\$1 to USCO) \$.50 -\$1 per class Annual bazaar Comsoc, Red Shield (Sal. Army)
Staff (Full vs pt. time, paid vs volunteer)	Director, Program coordinator, 2 cooks - full time
Activities/Programs (kind, frequency)	Chaplain, secretary, custodian Shuffleboard, crafts, bible study, choir, tai chi, info, bus trips, VON, alterations service Hot meal at noon, X-mas dinner
Location of members	60% Lower City, 30% mountain,
Transportation used	rest out of town 60% transit, some walk, few drive, taxi, darts
Comments re: new Centre	Groups might be interested in use of centre for special events (200 to 500 people) Swimming, billiards, chaplain, wood working, hot meals essential Mountain location Need to increase DARTS
In favour	Yes

Programme all use space in the building. The Centre has a part time activity Director and part time cleaning staff.

The Salvation Golden Agers attract approximately 60 users a day to the Salvation Army Hamilton Temple. The Centre includes a lounge, gym and cafeteria, and noted that they are reaching space limitations, especially office and storage space. The Centre operates from Monday to Friday, 9 am to 4 pm. Activities include shuffleboard, crafts, bible study, tai chi, information sessions, VON foot care, a clothing alteration service run by seniors, and a hot meal at noon. A director programme coordinator and two cooks are employed full time at the centre. Part time services are provided by a chaplain, secretary and custodian.

The Kiwanis Seniors, the Roxborough Seniors Centre and the Salvation Army Golden Agers indicated space as a restriction on the programming they provide to seniors. Roxborough Seniors indicated the difficulty of getting a liquor licence as a hindrance to activities such as a pub night. The Kiwanis Seniors are interested in adding staff and equipment to provide physiotherapy and whirlpool and exercise facilities.

Hamilton is in the rather unique position of being divided by a major geographical feature into the: "Lower City" and the "mountain". All five of the minor Centres are located in the Lower City. Three centres indicated that a new facility should be located on the mountain. One centre indicated a Lower City location to be more desirable. All centres indicated access to transit to be an important factor in the success of a seniors centre.

Activities, programming and services mentioned as needed or desirable for older adults included: swimming, billiards, chaplain, outreach programme for men, meal service, and wood working. It was also mentioned that younger seniors have different needs than the older seniors.

3.2.2 Clubs and Organizations

53 independent seniors recreational clubs and organizations are listed on the Main Hess Seniors Master List, providing activities from cards and bingo to softball and out-of-town trips. These groups range in size from six to several hundred active users. Many groups offer some range of activities to members who come together because of a common occupation (retirees (9), service organizations (1), war veterans (2)), ethnic background (9), church affiliation (6), social (17), or other (9). Table 3 presents a breakdown of these groups, their location, activities and comments on a new facility(ies) for seniors.

Clubs and local groups appear to be an attractive method of recreational activity for a relatively small but significant number of seniors in Hamilton. These groups reported a combined membership in the range of 5000 people. Twenty one groups reported that they have been or are expecting to increase in size over the next several years, ten groups reported that they are expecting to decrease, and eighteen groups reported a relatively stable membership.

A number of groups do not have age restrictions on membership (19). Of those that do, virtually all use a guideline rather than a firm limit. Two groups restrict membership to 65 or over, one group to 62 or over, eight to 60 and over, five to 55 and over, three to 50 and older, and one to 40 and older. The variation reflects a larger ambivalence that exists in society as to just what age constitutes "senior". Although 65 has traditionally been accepted as the age at which one becomes a senior, this age no longer is the norm.

These groups are offering a range of relatively passive activities. Bingo, euchre, lunches, shuffleboard, crafts, bus trips, and speakers are popular. A small number of groups are offering swimming, soft ball, basket ball or other more active activity.

TABLE 9 Hamilton Seniors Clubs and Organizations

Name	Age for Action	Auto Workers	Retirees	Bayfront Srs. USCO	Bethel Gospel Tabernacle
Number of members	50	Approx. 200	Approx. 30	50-60	Over 60 Club
Exclusive membership	60+	Retiree of Can. Auto Workers	No	60+	
Membership Trends	-	Decreasing	Hoping to increase	Has increased	
Space	Ryerson Gym, recreation room	Canadian Auto Workers Hall	Calvin Grace Church	Bethel Gospel Tabernacle	
Components	Mountain	Lower City - east end	Lower City	Mountain	
Equipment	Gym, building recreation room	Meeting room	Auditorium, meeting room, kitchen	Large meeting room, kitchen	
Restrictions	Lack of space	No kitchen, size of room, stairs	Musical instruments	Piano	
Capacity	-	40-50	Church does not allow raffles, need more musical instruments	No	
Ave. # of users/day	40-60	Approx. 30	Over 50	100	
Hours/Days	Mon evening, Tues, Thurs pm, Sun evening	3rd Tues of month in afternoon 2nd and 4th Wed afternoon	7 - 12 1st Tues of month, afternoon Engagements, practice	40-50 3rd Thurs of month, afternoon	
Funding (sources, budget, revenue)	\$1 USCO \$7 City membership	\$1/month, \$1/afternoon 50/50 draw New Horizons	\$1/year Collection Draw, auctions, crazy bingo, garage sales	No	
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer	
Activities/Programs (kind, frequency)	Softball, basketball, cards	Euchre, bus trips	Organizational meeting 1/month Performances, practice as req'd Occasional luncheons	Luncheon and chorus Occasional trips	
Location of members	Most mountain	60% Lower City, 20% mountain	All in Lower City	All on mountain	
Transportation used	Most drive, transit in bad weather	20% outside City 90% drive, 10% transit	Half walk, half transit, 1 by car	80% drive, 20% church bus	
Comments re: new Centre	Group needs space for activities Great need for centre on mountain, east, west, north end Now nothing on mountain Coffee shop, pool tables, softball diamond, close to facility with swimming pool	Distance people will travel will depend on attractiveness Health services, kitchen with locker space Cost of bus passes an issue	Group interested in using centre Needs to be easy for both Lower City and mountain res. to get to Main problem for group is transportation to engagements	Difficult to participate in non-Christian programs because some activities are against religion (eg smoking, drinking) Shuffleboard, exercise facilities, bowling	
In favour	Yes	Yes	Yes	Not really	

Name	Central Memorial Seniors	Dofasco Retired Employees	Eastgate Seniors	East Mt. 60 Club
Number of members	47	1400	60	Approx. 65
Exclusive membership	62+	Retired from Dofasco, or long term disability	no	no
Membership Trends	Increasing	Stable	Decreased with move to less convenient location - stabilized	Membership decreasing
Space	Central Memorial Rec. Centre Lower City	Sherman Centre (lower city) Rec centre (mountain)	Knights of Columbus Lower City - east end	East Mt. Community Centre East mountain
Components	Meeting room, kitchen	Large room, bar, skating rinks, gym, driving range	Large hall, smaller room with pool table and bar, bingo equipment	Hall, kitchen, staff room
Equipment	Bingo, games			
Restrictions	Nb	Lack of interest	Don't have facilities for further programs, lack of volunteers	Amount of space, competition from other groups, lack of vol.
Capacity	12 tables	150	approx. 60 persons	10-12 tables
Ave. # of users/day	24 - 6 tables	80-120	30-40	35-40 - 10 tables
Hours/Days	Mon, Wed, Sat 1-4pm	Mon am, Thurs pm	Mon. and Wed. afternoons	Mon. afternoon, Wed. evening
Funding (sources, budget, revenue)	\$7 City membership Small charge for coffee, snacks New Horizons - cupboards, coat racks, etc.	Dofasco covers costs	\$1/yr membership, \$.50/day New Horizons - \$1000 Space provided by Knights of C.	Silver collection Baseball -\$5 membership to club Space provided by City
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteers, bartender	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bridge, euchre, darts, chess, swimming Annual bridge extravaganza	Lunch, social and bar Mini-put, euchre, skating, basketball, driving range	Bingo 2 afternoons a week	Cards, games - 1/wk Euchre - 1/wk Christmas party, baseball
Location of members	66% Lower City, 33% mountain	-	Most live nearby - east end	Most live on mountain
Transportation used	90% drive, few transit	-	75% transit	Most drive, bus service not close
Comments re: new Centre	People downtown don't want to go to mountain More needed for men - pool and poker tables Crafts, macrame Footcare, nurse, physical therapy	Are satisfied with current location Members think new centre a waste of money and taxes Will only serve people in immediate area	Might lose members depending on offerings Health component useful Info centre a good idea Must be close to seniors being served	Might lose members if new centre is on mountain Need info service, health service Programs for men are needed Transportation for shut-ins Younger seniors have different agenda
In favour	Yes	Nb	Yes	Yes

Name	Filcan Senior Citizen's Club	Firestone Retirees	Friendship Club	German-Can. Benevolent Society for Aged Persons
Number of members	30 members	40	25	200
Exclusive membership	50+, City res., Philipino/Can.	Nb	Nb	-
Membership Trends	-	Has decreased, hope it will remain the same	Decreasing	Increasing
Space	Backholder Hall Mountain	Firestone War Vets Hall Lower City Large Hall, small kitchen	Binkley United Church Lower City Parlor, chapel, auditorium VCR, slide projector, shuffleboard	First Place Downtown Hall, kitchen, office, workshop (at Main Hess) Storage space, workshop equip.
Components Equipment	-	-	-	-
Restrictions	Cost to rent space	Current building might not be available in future	Nb	Amount of space, office space, photocopier
Capacity	-	-	75	Crowded at 125
Ave. # of users/day	Approx. 25	80-90	12 - 20	100+
Hours/Days	4 times/year	Tues afternoons 3rd Wed afternoon of month	Every 2nd Wed. afternoon	Monthly meeting -Thurs. pm Workshop - Mon. am
Funding (sources, budget, revenue)	\$10/yr membership New Horizons	\$6/year \$50 for coffee, donuts, and 50/50 draw Space provided	\$.50/meeting Lunch donated Space provided by church	\$6/mon. \$1/meeting New Horizons for workshop equip. Fundraise for other groups
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Independence celebration, Christmas and New Year's parties, outings, picnics	Euchre every week, speaker, etc once a month, trips to science centre, Falls, etc.	Cards, shuffleboard Speakers every 2 months Potluck every 6 months Slide presentations	Monthly meeting, workshop, monthly day trips, bulletin, international excursions, picnic Christmas dinner & bazaar
Location of members Transportation used	More live on mountain -	Majority live on mountain Majority drive, some walk or transit	All in Lower City 90% drive, 10% walk	35% mountain, 45% lower city, 20% outside city 85% transit, some walk, drive
Comments re: new Centre	Would like to use new centre Perhaps increase membership Central mountain best location Info centre, library, office, dance, singing, ping pong Storage needed	Group would like to use new centre, preferably on mountain Individuals would use centre if not downtown Euchre, trips, home visit program Seniors apartments needed	Each community should look after their own people Younger people have plans for retirement - not looking for recreation	Would like to use new centre Convenience a big factor Info, foot care, restaurant, pool whirlpool, greenhouse, films, bingo, crafts, exercises 75-90 year olds need it most Language important with age
In favour	Yes	Yes	Don't know	Yes - to represent City

Name	Geritol Follies	Germania Seniors	Glassworker Retirees (men Glassworkers (ladies)	Retirees
Number of members Exclusive membership Membership Trends	100 performers At capacity, accepting only replacements	Contact not made	60 Retiree, 60+ Has been stable Hoping to increase	Group not longer exists
Space	Hamilton Place Downtown		Glassworkers Social Club Lower City	
Components Equipment	2 rehearsal rooms, office, storage room Costumes, props		Meeting room, kitchen Pool tables	
Restrictions	Nb		Amount of space and funding	
Capacity	100+		50	
Ave. # of users/day Hours/Days	N/A Thurs am and pm		30-50 Wed. afternoons - social Monthly meetings, Wed. am	
Funding (sources, budget, revenue)	25-30 performances a year		\$2/year \$.50/week New Horizons	
Staff (Full vs pt. time, paid vs volunteer)	2 office staff, full time Musician, part time		Volunteer	
Activities/Programs (kind, frequency)	Choir, Thurs am Dancers, Thurs pm 2/week from May to June		Cards, snooker, poker 1/week Monthly meetings Christmas dinner Twice a year social get togethers	
Location of members Transportation used	50% Lower City, 50% mountain 67% transit, 33% drive		50% mountain, 30% Lower City, 20% outside City 50% drive, 50% transit	
Comments re: new Centre	Group would probably not move Accessibility a major issue for individual use Foot care, hair styling, cafeteria parking, buses, swimming pool Downtown location Early retirees-more active		Would not affect activities of group Communications centre needed, for info on housing, taxes, etc. Downtown location Cost is an issue for individuals - people should not be turned away	
In favour	Yes		Yes	

Name	Golden Fellowship	Golden Mile Club	Golden Winnies Seniors Club	Good Times
Number of members	6	50	45	16
Exclusive membership	55+	Nb	Over 60	Nb
Membership Trends	Decreasing	Has decreased	Has doubled over past 5 years, expect fluctuation	Stable, hope to increase
Space	Scott Park School Lower City Large room, kitchen	Mt. Hamilton United Mountain Large room, kitchen	Sir W. Churchill Rec. Centre Lower City Sitting room, long room for carpet bowling, kitchen	St. Mathews House Lower City Meeting room, kitchen Piano
Components Equipment				
Restrictions	Nb	Lack of volunteers	Lack of space - could use more frequently	Nb
Capacity	Approx. 150	- -	30 in sitting room	30-35
Ave. # of users/day	6	40-45	30	Approx. 16
Hours/Days	Tues, Wed. morning	Every 2nd Monday	Wed, Fri afternoon	Wed afternoon
Funding (sources, budget, revenue)	\$7/year City membership \$1/year USCO Bazaar in summer	Collection	\$1 per meeting New Horizons \$3500	\$1/year \$.25/week Raffle and bazaar once a year New Horizons
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Make baby quilts, Christmas ornaments	Cards Christmas dinner	Carpet bowling, euchre, Christmas dinner, dinner in June	Euchre, crafts, quilting, games Day trips, potluck
Location of members	1 mountain, 1 outside City, Rest in Lower City	80% mountain, 20% Lower City 50% drive, 45%transit, 5%taxi	96% Lower City 4% out of City 90% drive or car pool, 10% transit	All in Lower City 50% transit, 50% walk
Transportation used	2 drive, rest transit	Group would not use new centre Individual use would depend on location Central mountain location Transportation for disabled needs to be improved Seniors are independent	Use of new centre would depend on proximity to present location as only a few drive Mountain location	Group not likely use new centre Some individuals might as drop-in Swimming pool, floor and board games Mountain location
Comments re: new Centre	Would not affect activities of group Individuals would probably not use centre Sewing, knitting, quilting, bingo, cards Mountain not as well served			
In favour	Nb	Yes	Yes	Yes-worthwhile

Name	Hamilton Hydro District Retirees Ont. Pensioners	Hamilton Filipino Cdn. Seniors Association	Hamilton Latvian Seniors Association	Hamilton Steel Workers Retired Members Club
Number of members	600	41	102	140
Exclusive membership	Ontario Hydro Pensioner	Immigrant to Can. from Philippines, 60+	No	Retired steelworker
Membership Trends	Increasing	Has decreased; one group split Church hall, homes Mountain	Has increased, expect numbers to stabilize	Has decreased, want it to remain at current number
Space	East Plains United Church in Burlington		Latvian Society House Lower City	United Steelworkers Hall Lower City, east end
Components Equipment	Meeting room, kitchen		Meeting room, kitchen	Hall, kitchen
Restrictions	Need cheaper place in Hamilton	Space, typewriter, other equipment	No	Lack of volunteers, would like projector and films
Capacity	40-45	-	80	150
Ave. # of users/day	-	15	50-60	30-40
Hours/Days	Meeting twice a year Trips, outings	Every 3rd Sunday	2nd and 4th Thurs afternoon of month	Tues afternoons
Funding (sources, budget, revenue)	Some funding Charge for tours	\$5/year (\$1 to USCO) Dances Give donation to church for space	\$5/year Bake sales, craft sales once/year Pay \$20/month rent	\$3/year Weekly draw New Horizons Space provided by union
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Trips Christmas party	Outreach, literacy, exercise and food advice, poetry, crocheting, embroidery	Reading, videos, TV, cards, crafts Christmas dinner	Cards, 1 to 4 day trips, banquet, Christmas party, guest speakers 1/month
Location of members Transportation used	40 members in Hamilton Many in Burlington, scattered All drive	Most mountain Car pool where possible, rest transit	85% Lower City, 15% mountain 50% transit, 25% walk, 25% drive	90-95% Lower City, 5-10% mountain, a few outside 50%+ drive, rest transit
Comments re: new Centre	Might be interested in using new space - depends on location and cost	Most individuals would use new centre on mountain, group also Preventative health, exercise, pre-diagnostic centre, dances, plays, bridge, tennis, crafts, swimming pool, multi-lingual staff, opportunity for expansion	Many would not be attracted to centre because they do not speak english Main St. location Would be interested in using space in new centre	Many groups exist, lots of choice for seniors now
In favour	Yes	Yes	Yes	No need

Name	Hungarian Seniors	Hi Lite Club	James St. Seniors	Koyukai Seniors Club
Number of members	112	115	110	50-60, 25-30 are active
Exclusive membership	No	55+	No	No restrictions; all are over 65, and are Japanese
Membership Trends	Increasing as younger generation come in	Stable	Has increased, expect numbers to stabilize	Stable
Space	Hungarian Hall Lower City	St. Michaels Anglican Church Mountain	Main St. Baptist Church Lower City	Japanese Canadian Centre Mountain
Components	2 rooms	Large hall and smaller room, kitchen	Auditorium, kitchen	- -
Equipment	Microwave, coffee maker		VCR, projector and screen	
Restrictions	On 2nd floor; is difficult	Would like new tables	No	No
Capacity	Organizational time 110	- -	220 seated	30-40
Ave. # of users/day	40-55	40-60	80	20-60
Hours/Days	Thurs afternoon	Every Wed afternoon	1st and 3rd Wed afternoon of month	Mon. pm - videos Wed, evening - euchre
Funding (sources, budget, revenue)	\$10/year \$1 each visit New Horizons \$2500 rent/year	\$3/year, \$.50/visit New Horizons Money raised from crafts donated to church for space	\$175/meeting Tea, small bazaar, white elephant sale New Horizons - \$12,000	\$2/year membership New Horizons in past Photocopies from centre
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	
Activities/Programs (kind, frequency)	Cards, chess, shuffleboard, Hungarian videos, Christmas dinner	Euchre, crib, crafts, carpet bowling, shuffleboard, picnics, potluck, trips, Christmas party	Lectures, music, speakers, small games, occasional lunches	Videos, euchre, bingo 3-4/year, bus tour, picnic, New Year's party, gate ball?? annual general meeting
Location of members Transportation used	All in Lower City All walk	95% mountain, 2% Lower City, 3% outside City	50% Lower City, 45% mountain 5% out of City 85% transit, 15% walk	60% mountain, 40% lower city 80% drive or get ride, 20% transit
Comments re: new Centre	Group might get more members in new centre Over half of individuals might use new centre Needs to be wheelchair accessible 7 days/week Downtown location-more seniors	Might be interested in using new centre if on mountain Would not affect group otherwise Need a facility on mountain open 7 days/week Top of Jolly Cut location	Affect on group would depend on location Central downtown location Many people would not go to mountain	Would not affect activities Few members would use it Need large dance room Parking is important Transit is important Non-drivers on mountain are underserved
In favour	Yes	Yes	Not personally	Yes

Name	I'Age d'or Notre Dame	Leisure Hours Group	Limeridge Seniors	Luthanian Senior Citizens
Number of members	175-200	30	Contact not made	120
Exclusive membership	40 and up	Nb		-
Membership Trends	Increasing as age of general pop. increases	Decreasing		
Space	Notre Dame Church (basement) Lower City	Delta United Church Lower City		Luthanian Hall Lower City
Components	Large room, kitchen	Auditorium, kitchen		Hall, small kitchen
Equipment	Shuffleboard	Piano		
Restrictions	Space-would like a centre for francophone community;funding	Nb		Nb
Capacity	299 seated	Over 200		Over 300
Ave. # of users/day	15 per class, 75-100 lunches	20-24		40-50 on trips
Hours/Days	Tues am and pm, Thurs am and evening	2nd and 4th Fri afternoon of month		1st Thursday of month
Funding (sources, budget, revenue)	\$5 membership Bazaar, craft sales Province \$2000 Knights of Columbus - helpers	\$50 per day Food usually donated		\$5/year, \$1 of that to USCO New Horizons funding of commemorative book
Staff (Full vs pt. time, paid vs volunteer)	Volunteers	Volunteer		Volunteer
Activities/Programs (kind, frequency)	Cards, shuffleboard, courses in dance, knitting and woodcarving, lunch on Tues, breakfast and potluck once/month	Bridge, euchre, bingo Christmas dinner, trips		Meeting with speaker once a month, parties 4-5 trips per year
Location of members	50% Lower City, 50% mountain	All in Lower City		Most in Lower City
Transportation used	40% transit, 40% drive, 5-10% walk			Over 50% transit, 20% walk, over 25% drive
Comments re: new Centre	Would not affect activities - francophone community at this centre Mountain location near shopping centres	Distance will be an issue in use of new centre		Group not interested in using new centre
In favour	Yes	Yes		-

Name	Mt. Hamilton Retirees Club	Mt. Young at Heart	MacNab Seniors	Mountain Friendship Club
Number of members	Approx. 450	500	32	80-85
Exclusive membership	55+ and retired, but flexible	55+, flexible		60+
Membership Trends	Has decreased, now stable	Has increased, now stable	Increasing	Has increased, don't know future
Space	Royal Canadian Legion	St. Peter Paul Parish	Ceril McNab Recreation Centre	Mountain Arena
Components	Mountain	Mountain	Mountain	Mountain
Equipment	Hall, kitchen, storage	Hall	Meeting room, kitchen	Upstairs room, kitchen, shuffleboard
Restrictions	No	Don't know	Space-just about at capacity	Limited space
Capacity	500	100	32	-
Ave. # of users/day	Approx. 250	100+	24	Approx. 35
Hours/Days	Wed. afternoon and evening	Thurs. afternoon	Friday afternoons	Wed and Thurs afternoons
Funding (sources, budget, revenue)	\$3/year membership \$1/visit New Horizons last year - \$9000	\$2 one-time membership 50-50 draw New Horizons - \$47,000 Rent space	\$7.50 City Membership \$.50 a day	\$1/month 50/50 draw, bazaar each year New Horizons Space provided
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Euchre, carpet bowling, darts, cribbage, bridge - Wednesdays luncheon in June, Christmas dinner, day tours	Euchre, bridge - 1/week, potluck supper	Bridge, banquets	Shuffleboard, euchre 1/week Lunch and gen. meeting 1/mon Christmas dinner
Location of members	90% mountain, a few out of town	95% mountain, 3% lower city, 2% outside city	75% mountain, 25% City	95% mountain, 5% downtown
Transportation used	Most drive	80% drive, 10% transit or walk	95% drive, 5% walk	80% drive, 10% walk, 10% transit
Comments re: new Centre	Would not move Possibly 80% of members would use it Social, exercise, crafts, bowling, lectures, educational, pool, woodworking, aquatics, Sam Lawrence park area good	Would not affect activities Washrooms on every floor if more than two floors Parking, transit are important Pool tables, pool, shuffleboard Mountain is good location	Could increase size of group in more suitable surroundings Bridge, shuffleboard, darts, crafts, swimming pool Inverness School site - rebuild	If on mountain, group could use centre
In favour	Yes	Yes	Yes	Yes

Name	Normanhurst Sr. Citizens	Old Timers Her Majesty's Vets	Over 60 Club	Pioneer Church Keenagers
Number of members	Approx. 90	50-60	12 - 20	60-70
Exclusive membership	60+	Member of Her Majesty's Army	No	No
Membership Trends	Increasing	and Navy Vets Society (men only) Decreasing	Decreasing, membership older	Increasing
Space	Normanhurst Community Centre Lower City - east end	86 MacNab N. Lower City	St. Margaret's Church Lower City	Pioneer Memorial Church East end
Components	Large room, kitchen	Hall	Hall, kitchen	Club room, kitchen, gym
Equipment		Pool tables		Shuffleboard,
Restrictions	More time in community centre	No	Lack of interest	Lack of volunteers, organization
Capacity	121	200	-	Clubroom 60, Gym 200-300
Ave. # of users/day	60-76	20-30	Less than 20	20-40
Hours/Days	Monday afternoon	1st Wed afternoon of month	Monday afternoon	2nd Tues of month
Funding (sources, budget, revenue)	\$7 City membership \$.50 for game New Horizons Space provided by centre	\$3/year inc. \$1 to USCO 50/50 draw monthly New Horizons approx. \$17000	\$.50/meeting	Collection Church sponsors program
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Cards, banquets 3 times/year, trip 1 time/year	Meetings, cards, pool, darts, day trips, Christmas Dinner	Lunch and cards once/month	Cards, shuffleboard, games, bus trips, Christmas dinners
Location of members Transportation used	Most Lower City 80% transit, rest walk or drive	80% Lower City, 20% mountain 80% walk, 20% transit	All in lower west end Most get a ride, one walks	90% Lower City, 10% mountain 50% drive, 25% walk, 20% transit, 5% taxi
Comments re: new Centre	Would book time perhaps 3/week More of what's offered now Mountain is less well served, centre should be central downtown	Group not interested in space in new centre Would probably not affect activities of group Crafts, rec. activities, bar Mountain location	One or two members interested Group wouldn't move Good for special events in city Success will depend on access From some places easier to go downtown than across mountain Bus pass should be free	Not interested in space in new centre Transportation is the major problem for seniors
In favour	Yes	Yes	Yes	No

Name	People's Church 60 Plus	Rainbow Seniors	Rosedale Seniors	RHLI Senior Citizens
Number of members Exclusive membership Membership Trends	35-45 Over 60 Increasing	no contact made	90 Nb Has increased, now stable	160 55+ Has begun to increase
Space	Peoples Church Mountain Hall, kitchen		Rosedale Recreation Centre Lower City Hall, kitchen sewing machine, typewriter dart board, horse shoes, storage	RHLI Building Lower City Hall, kitchen
Components Equipment				
Restrictions	Nb		Space	Nb
Capacity	100+		160 seated	120-150
Ave. # of users/day	35-45		20-60	20-90
Hours/Days	Tues. afternoon, once per month		Mon. am & pm, 1 evening/mon. Tues. mornings, evenings	Tues., Thurs., afternoon Fri., evening
Funding (sources, budget, revenue)	Offerings		\$.50/week, \$1 evening, 50/50 draw, bake sales, crafts New Horizons, City grants in past City - space, photocopying	\$3/year Penny sales, bazaars New Horizons
Staff (Full vs pt. time, paid vs volunteer)	Volunteer		Volunteer	Volunteer
Activities/Programs (kind, frequency)	Luncheon, speakers, trips, banquet		Crafts, euchre, bridge, cribbage 1/wk, soon darts, horse shoes, dances, bus trips, potluck lunch Food drive for Interval House	Bingo - Tues. pm Euchre, darts - Thurs. pm Bowling - Fri evening Dinners
Location of members Transportation used	80% mountain, 20% lower city 85% drive, 15% walk		95%+ lower city, 5% out of City - 50%+ drive, alot walk, few transit	- - Transit and walk
Comments re: new Centre	Would not affect group Crafts, etc. Mountain good location City and seniors need to work together		Many say they wouldn't go to centre on mountain Foot care, info, education (taxes) kitchen, shuffleboard, exercise, dancing, aerobics Transportation crucial issue Advertising Important	Group would remain in current space Popularity of new centre would depend on location
In favour	Neutral			- -

Name	Seniors Service League	St. John Ambulance Fellowship Group	St. Valimir Ukrainian Seniors Centre	Saturday Night Fellowship Club
Number of members	75	35-40	85	12 - 14
Exclusive membership	Nb	Retired St. John Ambulance	Nb	Nb
Membership Trends	Stable	First Aid	Has decreased in last few years	Stable
		Increasing		
Space	Service League Lower City Hall, kitchen	500 Upper Wellington Mountain Meeting room, kitchen, projector and screen	St. Vladimir Church Lower City Hall	West Hamilton Gospel Church or homes - Lower City Meeting room
Components Equipment				
Restrictions	Nb	Nb	Nb	Nb
Capacity	160	Approx. 30	100	Approx. 30
Ave. # of users/day	50	15	20-39	Less than 20
Hours/Days	Wed. afternoon	Last Wed. of each month	Tues. afternoon	Sat. during day, once a month
Funding (sources, budget, revenue)	\$3/year New Horizons	Collection	\$2/year	None
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Euchre Banquets 2/year	Films Christmas social	Cards and coffee Christmas party	Miniature golf, bowling, UNO
Location of members	All Lower City	50% mountain, 50% Lower City	95% Lower City, 5% mountain	100% Lower City
Transportation used	90% drive, 8% transit, 2% walk	Most use transit, a few walk or drive	60% walk, 30% drive, 10% transit	100% drive
Comments re: new Centre	Group not interested in moving to new centre Would not affect activities Most probably won't go Enough exists for seniors	Group satisfied with space Many also would go to new centre Lack of seniors facilities citywide One on mountain and smaller ones in east and west end Bus pass costs too much	Would not affect activities About 10 might use new centre Lower City location - younger people on mountain Music, dancing	Would not affect activities Some would use new centre Uptown location
In favour	Nb		Yes	Neutral

Name	St. Eugenes Over 50 Club	St. Josephs Seniors Euchre Club	Teamsters Seniors	United Electrical Workers Union Retirees
Number of members	Approx. 14	100	60	Approx. 150
Exclusive membership	50+	Senior citizen	Retired Teamster	Retired member of union
Membership Trends	Has increased, expect to stabilize	Currently stable	Increasing	Fluctuates
Space	St. Eugenes Parish Lower City 1 of 2 floors	St. Joseph's Church Lower City	Conciliation Room, Teamster Hall Lower City	Main Hess Seniors Centre Downtown
Components Equipment			Large room, bars	Portion of main room
			Pool tables, dart board	
Restrictions	Lack of storage space	Nb	Lack of funding	Lack of private space-distraction of other activities during meeting
Capacity	More than adequate	140	80	600+
Ave. # of users/day	45-50	100+	50-60	45-50
Hours/Days	Thurs afternoon	Thurs afternoon, once a month	Every 2nd Tues afternoon	monthly membership meeting
Funding (sources, budget, revenue)	\$2/year \$.50 for snack New Horizons Space provided	\$.50 for lunch Individual donations	\$12/year	\$7.50 City membership \$.25 for coffee and donut 50/50 draw Newsletter bimonthly - \$4/year
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bingo, cards, overnight trips, day trips, shuffleboard, pool table, darts, potluck 1/year	Euchre, lunches	Cards, darts, pool tables, BBQs in summer Dances, Christmas dinner	Guest speakers, social evenings, day trips, trips to race track
Location of members Transportation used	All in Lower City 95% drive, 5% walk	50% Lower City, 50% mountain 60% transit, 20% drive, 10% each walk, taxi, DARTS	Most in Lower City Virtually all drive	Most on mountain, east end Most drive or car pool
Comments re: new Centre	Would not affect them Not many would use Like the activities they have Special events at new centre if close and free Self-government	Group not affected Many individuals would use new centre Dancing, rec. activities, coffee shop Transit accessible	Centre is where seniors can do what they want Current facilities inadequate Downtown location Transit expensive Group not interested in using new centre	Would be interested in space in new centre Cultural, theatre, comedy, athletic, social area, library Mountain location Transit should be free for seniors
In favour	Yes	Yes	Yes	Yes

Name	Ukranian Pioneers	Unit 45 Cdn. Corps Seniors	Warden Park Seniors Association	Westmount Seniors
Number of members	65	25	200	34
Exclusive membership	65+	No	Over 60	Over 50
Membership Trends	Has decreased in past, expect increase	Has decreased, are now actively recruiting to increase members	Is increasing	Has decreased, expect increase with advertising
Space	Ukranian Hall Lower City Hall	45 Veteran Club Lower City Whole building	Jerome Court, homes Lower City Social room	Westmount Recreation Centre Mountain Meeting room, kitchen
Components Equipment	Sound system, projector	Kitchen, hall, pool tables, shuffleboard	Will have main room, kitchen, possibly office, washrooms	
Restrictions	No	No	Lack of own facility, will be new Warden Park centre in 1991	No
Capacity	180	86	Approx. 145	48
Ave. # of users/day	25-40	15	35-40	34
Hours/Days	Every 2nd Wed afternoon	Mon afternoons	Mon, Tues afternoon, meetings 1/month, weekly lunch	Wed afternoon
Funding (sources, budget, revenue)	\$3/year including \$1 to USCO \$1 for afternoon New Horizons \$780/year rent	\$2/year + \$1 to USCO 50/50 draw every meeting New Horizons No cost for space	\$1/year to USCO \$1/afternoon for cards, garage sales, auction, New Horizons Rent paid by City	\$7/year City membership 50/50 draw New Horizons, \$580
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bingo, lectures, Christmas dinner	Cards, pool, shuffleboard Christmas dinner	Bowling at Lucky Strike Cards, bus trips, crafts, lunch outings	Cards, potluck
Location of members Transportation used	65% Lower City, 30% mountain All use transit	All in Lower City 60% drive, 20% transit, 20% walk	All local Most walk	All mountain 80% drive, 10% walk, 10% transit
Comments re: new Centre	Centre would have positive impact on group Many individuals would use it Swimming, recreational activities Downtown location	Group would be interested in using new centre Pool table, shuffleboard, exercise room	Would use info centre A bus load might go to special events if on mountain Shuffleboard, darts cards, cooking, creative things, courses, golf tourneys, office space for various groups, info	Group might be interested in using new space Accessibility is important - transit, DARTS, wheelchair
In favour	Yes	Yes	Yes	Don't know

Name	Can Workers	Retirees
Number of members Exclusive membership Membership Trends	90 Former employee of American Can Increasing	
Space	Bulk Packaging Co. (formerly American Can) - Lower City Boardroom	
Components Equipment		
Restrictions	Nb	
Capacity	several hundred	
Ave. # of users/day Hours/Days	- - 3rd Mon afternoon of month	
Funding (sources, budget, revenue)	\$5/year New Horizons Space provided	
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	
Activities/Programs (kind, frequency)	Meetings 3rd Mon of month Summer picnic, trips, cards and bingo at Legion	
Location of members Transportation used	60%mountain, 20% Lower City 20% outside City 90-95% drive, no transit	
Comments re: new Centre	Group definitely interested in use of new centre Would not affect group otherwise Vast majority would use centre 1 large mountain location, 3 satellite locations downtown	
In favour	Yes	

Space

Groups are currently utilizing a variety of buildings for their activities. Eighteen groups are meeting in churches, eleven are meeting in City-operated facilities, six are meeting in union or company operated space, five are meeting in ethnic community buildings, three in War Veterans facilities, two in space provided by service organizations, and one in a school building. Nineteen groups indicated that space was limiting or negatively affecting their activities. Twelve groups feel a need for more space; two of these do not have a regular meeting space. One groups commented that they would like to meet more regularly if they could book space more often. A lack of storage and office space, cost, and conflict of use (noisy vs. quiet activities) were also mentioned as issues.

Transportation

Transportation is a major concern. Transit and car are the two most used means of transportation to group activities. Walking is also a significant mode of transportation. Taxi is little used. A number of comments suggested that DARTS service is inadequate for the needs of seniors who rely on it.

Funding

Many groups have an annual membership ranging from \$1 to \$10 per year. They also rely on donations or user fees ranging from \$0.25 to \$1 per visit, usually to cover snacks during their activities. Twenty seven groups reported that they had received a grant from the New Horizons Program. Many groups also reported fund raising activities such as bazaars, auctions, and 50/50 draws. Many groups use donated space. Organizational time is provided by volunteers with the exception of the Geritol Follies which has three staff positions.

The Mountain and the Lower City

The distribution of seniors clubs and organizations on the mountain and in the Lower City was compared to the relative population in these areas. The current senior citizen population of the mountain is 11,000; the Lower City is 26,000 -- almost two and one half times as large. The number of groups on the mountain is 15 and in the Lower City

38, just over 2 and one half times as many. Overall, the relative level of service as measured by the number of groups is comparable to the relative populations of the mountain and the Lower City. However, the distribution of one type of group stood out as departing from this distribution: the retirees clubs are all meeting in the Lower City. The consultant also looked at the distribution of group members relative to where the groups are meeting. Eighty percent or more of the membership of each of eleven mountain groups live on the mountain. Fifty percent or more of the membership of the remaining four groups live on the mountain. Twenty four of the Lower City groups have a membership in which eighty percent or more of their members live in the Lower City. Seven more Lower City groups each have fifty percent or more of their members in the Lower City. The remaining six groups which do not have a high correlation between mountain or Lower City location and residence of members are special interest groups; one ethnic group, and 5 retiree groups are in this category. (The retirees groups tend to also draw members from out of town). The above indicates that people tend not to travel between the mountain and the Lower City for Club membership activities which are being provided in their area.

A difference between the mountain and the Lower City is also evident in the mode of transportation used by individuals to arrive at activities. In eleven mountain groups, eighty percent or more of the members drive to group activities. One more mountain group has over fifty percent of members driving. In the Lower City, over fifty percent of the membership of eighteen groups drive, fifty percent or more of fourteen groups take transit, and fifty percent or more of eight groups walk -- a much broader spectrum of transportation.

Comments Regarding a New Facility

Nineteen groups indicated that they might be interested in using a new facility; six mountain groups and twelve Lower City groups, and one group currently meeting in Burlington. Two mountain groups indicated that they would probably not be interested in using a new centre, while ten Lower City groups would probably remain in their current space.

Groups were asked to comment on the need for and desirable components and location of a new facility for older adults in Hamilton. Thirty nine groups indicated that they were in favour of a new centre for older adults in Hamilton. Six indicated that they were not in favour either because they see no need for another facility or because they see it only being used by local residents. These groups were all satisfied with the space that they currently occupy.

Accessibility was an issue that was raised in many forms. Concerns were raised regarding parking, proximity of transit, and the need for more than one centre in order to serve the various areas of the city. It was also suggested that how far people would travel would depend on the attractiveness of a new facility.

When asked the desirable location of a new facility, 16 respondents said the mountain. Ten respondents were in favour of a Lower City location; nine of those suggesting downtown as the most desirable.

Other comments regarding a new facility included:

- Many comments suggested a swimming pool to be a desirable feature. One person suggested that the facility be located close to a swimming pool to reduce costs.
- Need locker storage space for groups.
- More activities geared toward the interests of men are needed.
- An information centre for older adults is needed.
- A health component would be desirable.
- Younger seniors have different needs.
- Language is an important issue for ethnic groups.
- Should be open seven days a week.
- A meal service is an important need for seniors.
- More publicity is needed regarding what activities are available for seniors.
- Seniors should be involved in running a new facility.

3.2.3 Residential Clubs

Eleven senior apartment buildings or complexes with a recreational club were identified in the study. Activities are in general restricted to tenants, although there is

some participation from neighbours or friends of the occupants. All structured programmes or activities in these buildings are organized by volunteers and are generally few and restricted in scope (cards, bingo, special events). St. Elizabeth Village is the exception, having extensive recreational facilities relative to other buildings or complexes (pool, woodworking shop, library, tennis) but a very low participation rate. Most of the senior residential clubs have an average of 20 to 40 participants per day. Events were concentrated in the evenings. This differs from the centres and clubs to which participants must travel, many of whom indicated that evening events are less popular. Six residential groups indicated a great deal of reluctance on the part of members to travel a significant distance for activities or programming.

3.2.4 Hamilton Seniors Recreation Services

Six organizations are providing programming or services for older adults in Hamilton with special needs, such as more structured programming. These organizations are: the Canadian Red Cross, the Macessa Outreach Program, Productivity Plus People, St. Mathews Seniors, the Senior Activation and Maintenance Program (SAM), and the Welcome Inn Centre. Activities offered range from crafts and fitness classes for drop in and day care clients to home visits for isolated seniors. The provision of nutritious meals was identified by these organizations as essential to extending seniors' ability to live independently.

Senior Peer Counselling, a seventh organization, provides an opportunity for seniors to help each other as trained volunteer counsellors, with provision for referral of clients to professional counsellors when appropriate. This group emphasized the importance of the participation of older adults in developing and running programmes for seniors.

All of these groups are anticipating increased demand for their services. Most saw restrictions on their programming in the form of lack of space, funding, staff, or volunteer time.

TABLE 10 Hamilton Seniors Residential Clubs

Name	Aubry Jones Senior Citizens	First Place Seniors	Ken Soble Seniors	LIVN Senior Citizens
Number of members	72 apart. - not all members	listed with minor centres	48	Over 100
Exclusive membership	- -		Over 50	60 and over
Membership Trends	- -		Has decreased; expect increase	Fluctuates
Space	8th Floor of building		Recreation room in building	Activity room in building
Components	Lounge, Kitchen		Lower City Rec room TV, Stereo, shuffleboard, BBQ, piano, kettle	Lower City Activity room, kitchen, lounge TV, pool table, stationary bike, library
Restrictions	Lack of participation		Funding	Nb
Capacity	Approx. 100		50	120
Ave. # of users/day	- -		15-30	30-40
Hours/Days	Mon, Thurs evening, last Wed evening of month		Wed, evening	Mon, Wed, Thurs, Sat evenings Tues afternoon,
Funding (sources, budget, revenue)	\$1/year to USCO Bingo, euchre		Fundraising - bake sales	\$2/year White elephant, bake sale New Horizons Space provided
Staff (Full vs pt. time, paid vs volunteer)	Volunteer		Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bingo, euchre 1/week General meeting 1/month Dinners, Day trips Guest speakers 1/2 months		Bingo 1/week Trips, Christmas party, BBQ, potluck, euchre, shuffleboard	Bingo, cards 2/week Darts Tues afternoon, every 3rd Tues is meeting
Location of members	Downtown		All Lower City	Lower City
Transportation used	walk - in building		All walk	Walk-a few in neighbourhood, rest in building
Comments re: new Centre	Individuals won't use if it is more than 3 blocks away Mountain location - cost of land		Would use new centre 14-32 members might use it Rec room for euchre, crafts, talking, films, therapy Lower City location Needed as soon as possible	Small number would use new centre Programs similar to Y Transit-accessible Self-government
In favour	Yes		Yes	Yes

Name	Martenique Seniors Club	Mohawk Gardens Seniors	Queenston Road Seniors	Sanford Avenue
Number of members Exclusive membership Membership Trends	400 live in building Nb Decreasing - new tenants not all seniors	125 Have to live in building Stable	Approx. 30 In building or neighbours Stable	Approx. 25 Nb Stable
Space	Rooms in building Lower City - behind City Hall	Lounge in building Mountain Small lounge	Building lounge East end Lounge, kitchen Shuffleboard, pool table, bingo equipment, darts	Building lounge Lower City Lounge Darts, pool table,
Components Equipment	Activity room, kitchen, 2 other rooms Pool table, poker table			
Restrictions	Nb	Amount of space	Nb	Nb
Capacity	100 at tables	100	70 at tables	85
Ave. # of users/day Hours/Days	20-50 Mon, Tues afternoon, Wed, Thur, Fri evenings	15-40 Mon. afternoon Mon., Tues., Thurs., Sat. evening	Approx. 30 Mon-Wed mornings Mon-Fri evenings	Approx. 25 Tues, Fri afternoons Mon, Wed, Thurs, Fri evenings
Funding (sources, budget, revenue)	\$1/year USCO Fundraisers New Horizons Space provided	\$1/month New Horizons	\$1/month Rummage sales, supper New Horizons	\$1/month Dances \$3 Craft and bake sales
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Knitting etc, ceramics, euchre 1/week, bingo 2/week, poker and pool nightly, occasional Trips, BBQ, Christmas banquet	Crafts, euchre once/week Bingo 3 times/week Christmas, Thanksgiving dinners Parties, trips	Shuffleboard and bingo 3 times/week, euchre 1/week dances, Christmas dinner, parties	Crafts, bingo, darts, euchre, men's club meetings, dances 1/week
Location of members Transportation used	Lower City In building	Mountain	East end All in building or neighbours	Lower City
Comments re: new Centre	Very few members would use new centre Same types of programs as now All areas well served now East end location Seniors should be resp. for prog. Not enough care facilities	Would not affect activities of group - evening oriented 50% might use new centre Mountain location on bus lines Pool, games room	People probably won't travel to new centre-maybe less than 10 Mountain centre of no use to east end of city - 3/4 hours to downtown on transit Meals would be useful service	Probably would not affect group activities 10 or so people might use new centre
In favour	Don't know	Yes	Neutral	No - buildings have own lounges

Name	St. Elizabeth Village Club House	St. Johns Place Seniors	Strathcona Seniors	Vanier Apartment Seniors
Number of members	475 - all who live in community	128	157	125
Exclusive membership	Resident of community, 65+, spouse 55+	55+, out of workforce	Building resident	Nb
Membership Trends	Stable	Has increased	Stable	Decreasing
Space	Clubhouse Mountain Hall,	Hall in complex Lower City	Lower City	Vanier Apartments Lower City
Components Equipment		Sons of Italy Hall, kitchen, lockers, tennis court, pool, sauna, shuffle board, picnic area	Exercise bike, pool table	2 lounges, exercise room, dart room, card room, shuffleboard, ping pong, billiards
Restrictions	One gap - restaurant has closed was good social activity	Nb	Small space	Nb
Capacity	274 seated, 219 at tables	250	75	Large
Ave. # of users/day		Approx. 25	20-30	45-50
Hours/Days		Mon to Fri, evenings Meeting every 2nd Thurs pm	7 evenings a week	Mon to Fri, afternoon and evening
Funding (sources, budget, revenue)	\$5 one time membership Rummage sales, bazaar New Horizons \$25,000 when first opened	\$4/year, \$1 to USCO Penny sales and bake sale New Horizons Space provided	\$2/year \$1/month for pool table Bake and craft sales twice/year New Horizons -twice	Money from bingo, etc. New Horizons
Staff (Full vs pt. time, paid vs volunteer)	Volunteer Cleaning staff paid by Village	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)		Crazy eights, bingo, 31, rumoli, crazy bingo 1/week Day trips, Dinners	Crib Mon, crafts Tues, euchre Fri, bingo Thurs, euchre Fri, party Sat, bingo Sun, bus trips New Year's party, dinners	Wed Bingo, shuffleboard, cards, ping pong, darts, billiards, etc. Christmas party, dinners once a month
Location of members Transportation used	Mountain Virtually all walk	Lower City All walk, in complex	Lower City In building	Lower City In building
Comments re: new Centre	Probably not affect group People would go to meet new people, do things not offered here Counselling, nurse, whirlpool, pool, PA system, video/TV, kiln comfortable chairs Bus access critical; on mountain	Individuals would probably not go to mountain Lower City location	Probably not affect group Auditorium with stage, kitchen, nurse, cafeteria, gift shop, small meeting rooms, pool table, dart boards, poker tables, exercise programs, painting, lounge Mountain and Lower City needed	Affect on group would depend on location Many people belong to other groups or clubs Middle east end location
In favour	Yes	Yes - definitely needed	Yes	Yes

Name	Hess St. Seniors
Number of members	35
Exclusive membership	60+
Membership Trends	Has been stable, hope to bring in more younger members
Space	95 Hess St.
Components	Lounge, rec room, kitchen
Equipment	Shuffleboard, pool tables
Restrictions	Participation
Capacity	90-100
Ave. # of users/day	30-35
Hours/Days	Mon to Fri evenings
Funding (sources, budget, revenue)	\$2/year inc. \$1 to USCO Fundraising - rummage sales, penny sales, dinners New Horizons
Staff (Full vs pt. time, paid vs volunteer)	Volunteer
Activities/Programs (kind, frequency)	Euchre Tues evening Bingo Wed evening dominos, shuffleboard etc. on going
Location of members	In building
Transportation used	All walk
Comments re: new Centre	Group would use new centre Quite a few members would use new centre Swimming pool Central location, close to E, W, and mountain
In favour	Yes - in central location

TABLE 11: Hamilton Seniors Services

Name	Macessa Outreach Program	St. Matthews Seniors	Senior Peer Counselling	Senior Activation and Maintenance Program
Number of members Exclusive membership Membership Trends	29 participants Referral Will have waiting list soon	100+ Unable to participate in regular seniors programming Began 6 mon. ago, increasing Storefront, across from St. Matthews - Lower City Recreation room, small kitchen, 2 offices	Approx. 68 participants	60+ Referrals Waiting list
Space	Macessa Lodge Mountain Activity room, kitchen		Century 21 Complex Lower City	Main Hess Seniors Centre - downtown Roxborough Centre - east end Access to centre facilities
Components Equipment				
Restrictions		Lack of funding, staff, equipment In trial stage-proving need	Need more volunteers	Mountain location
Capacity	30 participants	Approx. 20		At Capacity; could expand on mountain
Ave. # of users/day Hours/Days	29 registered 9:30 to 2:30 Mon to Thurs	8-20 drop in Mon to Fri 9-4:30	25 visitors at centre/week; info and referral over phone Average 68 participants 70% Comsoc, 30% Region	Central - 25 per day; East 20 per day Tuesday to Friday 8:30 to 4
Funding (sources, budget, revenue)	Sponsored by Region	Private donations United Way Anglican Church Region		Comsoc - home support H-W Regional Social Services Client Fees - \$7/day Minimal rental fee at Roxborough
Staff (Full vs pt. time, paid vs volunteer)	Mon to Wed - 4 staff Thurs, Fri - 3 staff	2 seniors home support workers Receptionist at St. Matthews	Coordinator, full time Office manager 28 hr/wk Book keeper 1/month	3 full time staff 5 part time staff 2-3 students on placements
Activities/Programs (kind, frequency)	Crafts, fitness, mini-trips, ceramics, baking, darts, walking club, woodwork, bookmobile, hot lunch	Drop in daily, group activities Tues and Thurs afternoon 100 home visits a month	Support service, trained in listening skills Referrals to Catholic Family Services Complete forms Social teas	4 planned activities per day Integration with centre programmes
Location of members Transportation used		All Lower City - most in neighbourhood Most walk, a few transit		70% Lower City, 30% mountain 60-70% DARTS, few family and taxi, rest Red Cross drivers
Comments re: new Centre	Day programs needed for disabled, ex-psychiatric patients Outdoor space	New centre could expand opportunities for this group Recreation area, health info seminars, clinic, restaurant (low cost), cafeteria too awkward Need for more for seniors Central location, parking	Group would like to use new centre - need several small counselling rooms Should be run by seniors Need "men's club" - sitting room Ethnic programming, family services, Promote volunteerism among seniors Growth of seniors will be on mountain	Program would like to locate in new mountain centre Kitchen, variety of seating areas, office space, multipurpose room, whirlpool or pool Limeridge Mall area On bus routes
In favour		Yes	Yes	Yes

Name	Productivity Plus People	Red Cross	Welcome Inn Centre
Number of members Exclusive membership Membership Trends	15 Special needs Has decreased, expect increase	48 in transportation 65+, also a small # of disabled Increasing	20+ participants, +home visits No Increasing, new elevator an added incentive
Space	Norman Plinky Lewis Recreation Centre Mountain ceramic equipment, swimming pool, weight room,	400 King St. E. East end of downtown Auditorium, training room, 6 vehicles	Fellowship Hall, Welcome Inn Centre Hall, kitchen, office, elevator
Components Equipment			
Restrictions	Space - availability of gym, budget and staffing constraints	More volunteers, more vehicles	Lack of staff time, funding
Capacity	- -	30 - 50 in training room	80-90
Ave. # of users/day Hours/Days	- - Tuesday and Thursday 9 to 2	Friends - 1 to 4 outings each day Transportation - 8:30 to 4 pm each day Friends - as convenient for participants	20-24 Every 2nd Tues lunch, plus 40-60 on visitation list
Funding (sources, budget, revenue)	Ceramic, knitting sales City of Hamilton New Horizons City membership \$7, course fee \$4	\$2 per Friends outing, no charge for trans. Comsoc, United Way, Red Cross Branch carries overhead	COMSOC salary and 70% of program costs, 30% of program absorbed by Welcome Inn Food donations from churches
Staff (Full vs pt. time, paid vs volunteer)	Program organizer - full time Skill instructors - part time	Manager of Community Services - 20% FT Senior Services Coordinator - full time Manager of Volunteer Resources	Neighbourhood worker, full time Volunteer service workers
Activities/Programs (kind, frequency)	Ceramics, games, swim exercise, knitting and crocheting, lunches	Friends Programme - 2 volunteers take 3 participants shopping, chats Transportation - trips to appointments, rec programs, etc.	Home visits, lunches, summer day trips Christmas choir
Location of members Transportation used	- - 50% transit, 50% drive	Friends - 33% east, 33% downtown, 14% mountain, 20% west end; Trans-60% east, 20% Downtown, 18% mountain, 2% west service, 1 DARTS	North end, in immediate area Most walk, 10 by pick-up service, 1 DARTS
Comments re: new Centre	Aquafit programs - need large shallow area Close to other amenities - library, shops Mountain has less programming	One location will not serve everyone Expansion of current centres first Renovate Main Hess to create varied space Create a neighbourhood centre Diner's club very useful Centre could possibly use Red Cross transportation service	Group might be interested in using new centre depending on location, very few individuals would use new centre Out-reach, assistance with shopping, etc., kitchen, meals with social component
In favour	Yes	Yes	In good location, yes

Four of these organizations are located in the Lower City.

3.2.5 Recreation Facilities

A number of City of Hamilton recreation facilities offer some programming to seniors. These facilities and programs are listed below.

Bennetto Recreation Centre

- Senior swim: November to April - Tues., Thurs. 2:30 - 3:30 pm.
Spring - Mon., Tues., Wed., Thurs. 1:00 - 2:00 pm.
- 8-20 seniors swim per day
- 6-7 attend each senior swim
- numbers have been increasing each year
- no parking and street parking is difficult
- seniors like hot tub to ease arthritis; this pool gets more active seniors
- City-wide brochure increases use of senior swim times

Central Memorial Recreation Centre

- Seniors bridge - Mon., Wed., Sat. 1:00 - 4:00 pm.
About 25 players per day, room could hold up to 40
- Seniors swimming was cancelled due to small numbers
- 10 to 12 seniors come regularly; none quit with the change to "adult" swim
- Water temperature is at the high end of the City standard
- Did promotion for the seniors swim at First Place and among seniors who had expressed interest, but the numbers did not increase

Coronation Arena

- Seniors skate Wed. 1-2 pm. Very few people use it (about 5-6) due to lack of advertising.
- Service is needed by seniors but no one knows about what is currently available. More information and promotion is required regarding services that are available.

Chedoke Golf and Ski Club

- Offers a reduced weekday membership to seniors (or any retired person)
- Offers a special rate for over 70 years to Hamiltonians

Dalewood Recreation Centre

- Fitness for over 45's, called "Beginner Low Impact", Wed 7-8 pm and Fri. 6:45-7:30 pm. About 35 people attend per session. Demand is increasing quickly every year.

- Adult swims during daytime attracts seniors, about 40-50% are senior (25 people total, about 12 would be seniors).
- There is a real need for a large seniors centre as the population is aging. Businesses might want to invest in seniors more. Currently, Dalewood Centre is stressed - he would provide more services if he could.

Inch Park Arena

- Adult/Senior skate: Wednesday 2-3:45 pm

Lawfield Arena

- Square dancing Monday evenings

Rosedale Arena

- Adult senior skate: Wednesday 1-2 pm

Pinky Lewis Seniors Centre (Linda Kisko)

- Knitting and crocheting Tuesday 10:00 am -12:00 pm
- Ceramics Thursday 10:00 am - 12:00 pm
- Swimming Tuesday, Thursday 1:00 - 2:00 pm
- Coffee, tea and games Tuesday and Thursday 2:00 pm - 4:00 pm
- The hot pool is a big draw for seniors
- More services in recreation centres are needed for seniors

Scott Park Arena

- Adult/Senior skate: Tuesday 1-2:45 pm - Seniors skate: Saturday 7-8 pm

Scott Park Recreation Centre

- Golden Fellowship Club

Sir Allan MacNab Recreation Centre

- Bridge: Friday 1:00 - 4:00 p.m.

Sir Wilfred Laurier

- Swimming for 55 & over: Tuesday, Friday 11-11:45 am
- 28-34 seniors attend
- Picking up new ones all the time; seniors who come once usually come back. The pool is the warmest in the City, and this is attractive
- There is a lack of awareness of the program; could handle more users
- Building is accessible; no equipment to get people with disabilities in and out of pool

Westmount Recreation Centre

- Seniors group Wednesday afternoons, includes euchre/bridge social

Although many older adults and professionals indicated an interest in having swimming facilities in a new centre, older adult swim sessions at recreation centres in the City are currently underutilized. Recreation staff at Sir Wilfred Laurier Recreation Centre indicated that the number of participants is increasing as people hear about the session. A number of staff at recreation centres suggested that there is a higher demand than is reflected in the attendance at swim sessions, but that a lack of awareness of available seniors programmes is a contributing factor in lower than capacity numbers. Bennetto Recreation Centre noticed an increase in older adult participation with the City-wide brochure, however, Central Memorial Recreation Centre found that participation did not increase with the publicity efforts that they made. The hot tub at Norman Pinky Lewis Recreation Centre is well used and is particularly attractive for the easing of arthritis.

3.2.6 Summary

There is a wide variety of programming and services available for older adults in Hamilton, resulting from the efforts of seniors themselves, non-profit organizations and City-funded initiatives. It was indicated by a number of organizations that seniors could benefit more from these groups if the full range of available opportunities was more widely known.

Many organizations indicated that they are at the limits of the space that they currently use or that the space is inappropriate for use by older adults. Two of the three City-funded Centres are approaching their capacity of use. The Main Hess Senior's Centre is not operating at capacity but has no bus routes closer than one block distance, requires negotiating a hill on foot, and does not have a good parking situation. None of these Centres are on the ground level, Hamilton Seniors and Ottawa Street Seniors Centres being located on the basement level and the Main Hess Centre on the second floor. This raises safety concerns in case of fire, for the more frail seniors. As well, users have indicated dissatisfaction at the lack of natural light in the Centres located on the lower level.

A second issue is the accessibility of seniors organizations to seniors in various areas of the City. The downtown core does appear to be well served although Centres which are open daily are not available in the east or west end or on the mountain. Many older adults are not willing to travel long distances for recreational programming. However, organizations such as the union retirees groups or the ethnic groups which offer unique opportunities for interaction are drawing seniors from across the City. This indicates that while older adults might not travel far to play euchre or carpet bowling, they may well be willing to go to a centralized facility for a banquet or for VON services.

Younger seniors are bringing different needs to existing Centres. They are very interested in more active and challenging programming. They come to the Centres for specific activities rather than to spend the day. It is conceivable that this group would be willing to travel further for the programming that interests them, but they are also less likely to consider themselves "senior" and might prefer to participate in regular adult programming, well into their "senior" years.

Three other groups of seniors merit some consideration in the delivery of services and programming and facilities. There appears to be a lack of activities in the City of particular interest to men. Many of the ethnic organizations in the City of Hamilton indicated a need for more meeting space or permanent meeting space. Organizations providing day care programmes for seniors with special needs indicated that there is a need for more of this kind of programming for seniors in the City.

3.3 INTERVIEWS WITH MUNICIPAL OFFICIALS AND OTHER KEY ACTORS

Interviews were held with municipal officials and other key actors as part of the feasibility study. These interviews helped to better define the issues, identify implications and solicit comments on the need and/or support for a new seniors recreation centre in Hamilton.

Community Information Services

Leslie Russell, Executive Director

Role of Organization

- Information referral agency, for recreation, social, health, education and other areas. The CIS provides a linkage to services for individuals and organizations in the community.
- Most service is provided on the telephone. There is a small percentage of walk-in requests.
- An information booklet for seniors is currently being updated. Publication of the booklet increased the number of calls from seniors. The number of calls to CIS from older adults is higher than the proportion of older adults in the total population.
- The organization is currently at the capacity of service that they are able to provide with current resources. They have applied for a grant to the Ministry of Community and Social Services to provide a "one-stop access" information service for seniors. This project would involve hiring one full time and one part time counsellor, and promoting the service.

Gaps in Recreational Services

- Resources for elder abuse (the first contact for this could lie with CIS).
- A lot of support service organizations for seniors feel stretched.
- Extreme east-north end has a lack of services.
- DARTS service needs expansion - particularly long wait for first time users. The priorities for DARTS service are not the kind of activities to which seniors are going.

CIS documented the following needs of seniors as unmet (i.e. service not available) in 1989:

- Snow shovelling for seniors living in rural areas.
- Self-help/support group for victims of Addison's Disease.
- Transportation outside the region (3 requests were received).
- Someone to do odd jobs for seniors in their homes (several requests).
- A program offering bereavement counselling and teaching basic living skills.
- A friendly visitor program to visit the elderly in nursing homes.
- A registry of seniors available for part-time work.
- An Adopt-a-Grandparent program.

Information Service

- It is possible that the grant that CIS has applied for could be fulfilled from a "satellite" location in a seniors centre. The service could operate a modem link to CIS (such as that which now exists with Dundas) and duplicate paper-based information at CIS. Two staff positions would be desirable - one to handle telephone inquiries, and one to work with inquiries in the centre. This second position could evolve into a different sort of role, in which the staff person was more involved with the life of the centre.
- Well-trained, committed volunteers could play a very important role in enhancing the service provided. However, staff resources are required to provide the continuity and training necessary to provide accurate information.
- CIS would like to be as active as possible in the provision of this service.

New Centre

- Senior Peer Counselling have a place in a new centre. They are counselling from a "life experience" perspective. Possibly some link could be formed in the provision of information services with CIS.

DARTS

Role of Organization

- To provide transportation to anyone who is not able to take the City bus service with dignity
- The average age of passengers is going up. 75 years of age is now the young end of senior clientele

Gaps in Recreational Services

- During rush hours, DARTS is not able to service the level of need. Priorities for DARTS service are transportation to work, school and medical appointments. The service has 30 buses now. Another 15 to 20 would be required to get rid of waiting lists
- Mountain programmes are needed
- More information and publicity are needed for seniors and for professionals working with seniors. Many people at DARTS ask where they can find other services.

- Some older adults have problems getting their groceries. On DARTS, they can only take what they can carry themselves. People like to go to the store to shop for themselves; the problem is getting home from the store. Some are going out for dinner 2 or 3 times a week, because they have trouble getting groceries or cooking
- Many medical and residential buildings used by DARTS passengers are not well designed - no chairs in lobby to wait for ride
- Shopping - many older adults have problems with buttons, etc. In First Place there is a shop with special needs clothing. There is a need for another to provide variety and competition
- Some seniors are isolated because they are afraid to take the bus, won't go out after dark, or because of a language barrier

New Centre

- Seniors like to be active, but there is not enough facilities for them to go to now

Location

- Most senior building on the mountain seem to be central (Upper Sherman to Upper Wentworth)
- Limeridge Mall area has adequate bus service

Department of Culture and Recreation

Robert Sugden, Director

Role of Organization

- To facilitate service of need, either through direct or indirect provision of services.
- To provide ample opportunity for seniors to choose or develop the programming that they want. The Department's role is to ensure that seniors have the opportunity to have real input into the decision-making process.
- A new centre would be directly operated by the Department. The Department would facilitate club use of the centre and also neighbourhood use of other facilities by seniors.

Gaps in Recreational Services

- Need to provide an equitable service. Currently the downtown is overserved, while the mountain has very little.
- The recreation centres could respond more to the needs of older adults.
- More awareness of recreation opportunities in the City - both seniors programming and opportunities for integration.
- There is not a uniform approach to seniors services in the Department. They react to needs that are expressed to them.

New Centre

- A coordinator of seniors services is required to provide an integrated approach to seniors programming in the City. Having this position located in the new centre would ensure that this staff person remained in touch with the needs of the older adult population.
- Senior information service in the centre would provide an important liaison function in the seniors community. A staff position might incorporate an information, outreach and social function.
- Staff must be active in discovering the needs of seniors, evaluating the level of interest in existing programs, and introducing new programmes.
- Recreation for seniors needs a social component. Health care within the "wellness" concept is desirable in a new centre, as well as provision for medical assessment.

Location

- Possible joint venture with Mohawk College
- Mohawk and Wentworth St.

Hamilton Public Library

Don Kilpatrick, Head of Public Service

Beth Hovius, District Coordinator

Karen Cooper, Head of Resource Centre for Disabled
Service and Bookmobile Services

Role of Organization

To all adults, including seniors:

- Providing recreational print and non-print materials
- Distributing information
- Programming

To the senior's population specifically:

- Bookmobile visits all seniors buildings with over 100 residents
- "Visiting library" - approximately 440 visits per month

Gaps in Recreational Services

- There is a need for specialty aids and clothing to be available at a single location.
- Literacy tutoring is a need among older adults.

Information Services

- An information service for seniors at a new centre should not duplicate the work already done by Community Information Services.
- Should be operated by staff; volunteers can play a minor role.
- A lot of skill is required in assessing the level of assistance required by the person making the inquiry - this role requires more training, experience and commitment than volunteer input is likely to provide.
- A seniors centre should have at least a phone line to CIS and a display of pamphlets available.
- It is possible that CIS could staff an information centre at least on a part-time basis. Some private office space would be required for counselling.

New Centre

- Bookmobile could visit new centre (would need covered access) if the interest was there. However, those people who can go to the library for a larger selection will probably do so, and those who are unable to get out independently can request home visits.

- If a new centre is located near a branch library, the branch would likely be involved in the provision of any services, rather than the main library.
- A library in the centre would require a room that could be locked, and appropriate shelving.
- Other considerations for a new centre:
 - Magnifying equipment for reading would be useful in a lounge or reading room setting
 - Audio-visual equipment
 - Horticultural opportunities
 - Woodworking, pottery
 - Cafeteria - reasonable cost is a must. Having take-out meals that seniors could warm up the next day a home would be useful. Perhaps Meals on Wheels have expansion needs that could be accommodated in a new centre
 - Outdoor areas and activities such as a patio, areas for walking that offer some degree of safety, driving range, car wash area (for those in apartments), gardening
 - Centre must be totally accessible. This means going beyond the minimum requirements of the Building Code.

Desirable Locations

- McKweston Park area (Wentworth and Mohawk)
- Close to Limeridge Mall

Hamilton Senior Citizens' Centre

Mary Lou Weir, Director

Role of Organization

- To provide a place where men and women may meet, make friends, learn, create, and enjoy life to the ultimate.

Gaps in Recreational Services

- More services are required on the mountain
- A good quality downtown centre would be welcome

New Centre

- A recognizable building - something for seniors to be proud of. But it does not have to be huge. Perhaps 3 or 4 smaller centres could fill the need more appropriately in terms of accessibility. Younger seniors who are coming up might not identify with senior label, and therefore not need recognizable facility
- Large enough space to have special events
- Programmes for early retirees, such as dances, physically active programming, volunteer opportunities
- A new centre should include: locker/change rooms for men and women, auditorium, warm pool would be an asset, foot care and other health maintenance programmes, social worker, information centre

Location

- Mountain is priority for a new centre. A good quality downtown centre would also be welcomed

Hamilton-Wentworth Housing Authority

Marion Brynor, Community Relations Worker

Role of Organization

- To provide a link with tenants to other services in the community
- Make referrals to other agencies, some counselling
- 2000 senior units are starting to integrate with younger, and mentally retarded groups

Gaps in Services

- Nothing missing in recreational areas
- Need for better access to dental services. Present process is demeaning. Seniors must go to Welfare because it is not covered by OHIP
- Need for hearing assessment and eye check-ups, psychological counselling, service for victims of elder abuse
- Need more focus on seniors by medical profession
- Transportation is a big issue. People on the mountain don't come downtown.

New Centre

- Several smaller centres close to where people live would be ideal.
- Should be on bus route

Location

- Favoured location on the mountain

Main Hess Seniors Centre

Carolyn Kovacs, Centre Supervisor

Role of Organization

- Recreation Centre for seniors in Hamilton

Gaps in Recreational Services

- Need more networking and Co-ordination among groups servicing older adult's recreational needs. Everything does not need to be in one place, but each organization should have a broad view of service delivery to seniors
- A "wellness" approach to the provision of services would best utilize community resources. One of the goals of services should be to help people to maintain dignity and maintain their home life
- Seniors need to be involved in the planning and delivery of services, in order to accept the services as their own. There is a strong desire for personal contact and continuity of contact

New Centre

- Three main concerns are accessibility by bus, central location, availability of parking
- Most need is on the mountain. The facilities available downtown should be available to the people on the mountain
- A number of groups in the community need small office space that could possibly be available on a rental basis
- Many seniors want senior services located in a senior-identified place
- Needs of age spectrum from early retirees to over 90 year old should be addressed. This means providing for a range from active people wanting information and planning resources, to not-so-well adults wanting more planned, less active programming

Ottawa YWCA Senior Centre

Erin Montgomery, Seniors Director

Role of Organization

- Provision of services to seniors in the context of a Seniors Centre

Gaps in Services

- Lack of services on the mountain
- Need to get as much input from seniors as possible. Get seniors involved in teaching programmes
- More programmes are needed for special care population
- Respite care is needed
- Leisure counselling
- Programmes of special interest for men
- Meal services such as lunches at centres
- DARTS transportation not available for seniors coming to programmes at the beginning or end of day

New Centre

- A new centre is needed
- Need capacity of 400
- Seniors organizations should be located in centre
- Counselling services and outreach should be done from a new centre
- A new centre should include: whirlpool/spa for therapy, large capacity hall or gym, small programming rooms, only one craft room as crafts are decreasing in popularity, lecture room, bowling alley, outdoor activity area

Location

- Northeast area of mountain since most of expansion is south of there
- West Hamilton - Dundas and Westdale area

Regional Social Planning Policy Development

Norma Walsh

Role of Organization

- Umbrella function in Region.
- Planning and development of social and health services in the Region.

Gaps in recreational services

- Mountain or east end seems appropriate for the location of a new centre - downtown has enough centres.
- Do not need a major recreation centre - neighbourhood centres appropriate for older adult use. Seniors have to travel too far now.
- Professional counselling - don't currently do outreach.

- Health and dental services.
- Two populations that are not being served are (i) those in rest homes and nursing homes. These seniors are not plugged into recreation services. They are growing in numbers. (ii) Mentally retarded. This group is getting older. Anyone over 50 is considered senior. There is a need for integration for recreational services.

Desirable or needed

- Recreational services should be geared to a continuum of well to not-so-well elderly.
- Blend recreation and social services - City and Region need to work together on this goal.
- At a centre:
 - Bring in professional counselling
 - Obtain information services through Community Information Services - professional staff at CIS can evaluate level of need and refer to proper service agency. At the seniors centres, information services can be made available through staff, pamphlet rack, phone line to CIS. The centres should be a catalyst to make sure information is available; not do it, thereby duplicating services.

Regional Social Services

Michael Schuster, Commissioner of Regional Social Services

Peter Pap, Director of Services with the Elderly

Role of Organization

- Have started to address long-term care with the Health Council.
- Social Services operates two Homes for the Aged: Macassa Lodge, and Wentworth Lodge for persons over 60 years of age who need supportive services in their daily living. The average age of admissions has gone up to over 80 years of age. There are a small number of people living independently who are coming into the homes for meals.
- A day program operates five days a week at Macassa Lodge.
- Meals on Wheels is provided in cooperation with the VON.
- Helping Hands provides support services such as household repairs, heavy cleaning, and companionship.
- The Homemaker Program provides housekeeping services and some personal care.
- Social Services also provides grants to agencies who are providing services to seniors.

Gaps in Recreational Services

- Need for more planning of service provision
 - ensuring no overlap or gaps
 - priority setting

Currently there are some good advisory committees, but need an overview of the City and Region
- Continued enhancement of homemaking and outreach programmes. There is a big need for an integrated homemaking program
- Lack of specialized services for people with special needs. People with Alzheimers need more opportunities for social interaction. Respite care is also needed
- Transportation needs for older adults need to be addressed. DART access is limited at peak times, which limits the hours of day programmes

New Centre

- Centre could provide some space for agencies providing social as well as recreational programming. This could make services more accessible to older adults. An innovative approach is needed, which could make the centre a base for outreach, as well as a recreation and information centre. The centre can also be the "secondary eyes" of the community, as part of a larger network.
- Weekend use of a centre is needed.

Involvement in Centre

- Social Services is currently looking for a new location for the outreach program at Macassa Lodge.
- Recreation is brought to the two Homes operated by Social Services. Individuals who can are encouraged to go out for social events.

Location

- Mountain location is the highest priority. Service is also needed in the east and west end.
- There are a number of seniors buildings in the area of Macassa Lodge, as well as undeveloped land.

Seniors Activation Maintenance Program

Lynn Edwards

Role of Organization

- Provide a day programme for seniors who would otherwise be isolated.
- Participants residents of Hamilton-Wentworth, residing in the community.
- Referral required.

Gaps in recreational services

- More day programs are required, could easily double the number of places available.
- A placement coordination service is needed for both day programmes and for seniors residents. Even the professionals do not know all the services available. People now "shop" for the appropriate level of service rather than getting referred. This is inefficient and frustrating for the client. VON now plays this coordination role for homes, and have indicated an interest in including day programmes.
- More publicity is needed regarding services available to seniors.
- People now out of institutions need community-based support. Programming for this group should not operate in isolation but should encourage integration.
- Younger retirees looking for very active programmes.

New Centre

- A centre should include: a commercial kitchen, rooms suitable for film, slides, shuffleboard, pool table, a variety of seating areas, whirlpool or pool, cafeteria

Location

- Limeridge Mall area
- Must be easily accessible by bus

Seniors Council

Gwen Lee, Chairman

Role of Organization

- The Council was established to concern themselves with seniors needs and present those needs to appropriate committees of the City. The Council is involved in affordable housing, wheelchair taxi, ramping/sidewalks, transportation, share-a-home program. The Council worked to establish the terms of reference for the Senior Citizens Centre Feasibility Study.

Gaps in service

- Need centre on the mountain, in Limeridge Mall area. The ideal would be to have a new centre above and below the mountain.
- Both the Ottawa St. Seniors Centre and the Hamilton Seniors Centre are located in basements, causing fears of a fire hazard.

New Centre

- Meal provision would help older adults living on their own to maintain their health.
- Senior Council should have an office in centre.
- A reception area is needed.
- CIS can provide the information service required. Central travel and entertainment information would be good.
- Lots of publicity is needed.
- Centre could be a place where older adult bus tours came for lunches or dinners.
- Locker rooms and showers are needed, many seniors like hot tubs and saunas. A swimming pool is probably not possible, but considering a location near a pool or planned development with a pool would be good.
- Other organizations should not have permanent office space in centre.

Senior Talent Bank

Geof Snider

Role of Organization

- To link senior volunteers with organizations who could benefit from their services
- The Talent Bank began because seniors were not being sought out as a volunteer resource and because seniors like to deal with other seniors
- Seniors volunteer from 4 to 40 or 50 hours a week

Gaps in Recreational Services

- Many organizations are calling for volunteers; the Talent Bank is only able to fill one in ten calls that they receive
- More awareness of volunteer opportunities is needed. Volunteering is very rewarding. Older adults who are active tend to remain healthier. After people begin volunteering, they often say they feel better. People who have been widowed, find volunteering a way to reduce loneliness.
- Need more drop in Centres for older adults in various locations around the City. Many seniors who are not able to travel far need a place to socialize
- The Talent Bank occasionally gets calls from people wanting things fixed in their home. They do not provide volunteers in this area, although it is an area of interest to them

New Centre

- Wheelchair accessibility essential

Sir Winston Churchill Recreation Centre

Wendy Lockhart, Community Centre Supervisor

Role of Organization

- Facilitate seniors group activities
- Facilitate seniors group activities at Normanhurst Community centre as well
- Did needs assessment for Warden Park Seniors
- Warden Park area has a high concentration of seniors. There is no recreation centre in the area. New seniors centre on Lake Avenue will address the needs of this group. The centre is to be run by the seniors themselves

Gaps in Recreational Services

- Lack of service for seniors generally; recreation centres used by children during the day
- Particular lack of service on the mountain
- Need information services for seniors
- Seniors need to be involved in the planning responsibility for services. A major attraction of the Warden Park centre is that it is going to be the responsibility of the seniors themselves

New Centre

- A seniors centre is not an appropriate place for an information service. Most "not-knowledgeable" seniors will not connect a centre to information services. Function of centre is to have information resources available, but information is not a major occupation
- A large centre might not be used to capacity because of transportation difficulties. If a centre is built on the central mountain, the central mountain will use it. East end residents will not be involved on a daily basis. They might go for special events. Perhaps having "wings" of recreation centres exclusively for seniors would provide more locale opportunities to participate
- Seniors are capable of acting independently. Centre staff is needed to facilitate some activities.
- Hot pool is very popular with seniors. It will draw seniors from all over the City
- A fine blend of programs is needed to serve adults from 55 years of age to over 90

Location

- The mountain is underserved, however the bus service is not good. There is no point in building a centre unless it is accessible. Downtown is best for transportation, but has enough now
- There is a high concentration of seniors near Maccassa Lodge

St. Peter's Hospital

Jane Wandemaker

Role of Organization

- Chronic care hospital for adults 65 years of age and older
- Day hospital for adults 65 years of age and older; 35 spaces per day

- Outpatients services for chiropody, footcare; planning physiotherapy, speech therapy, fitness classes for people with disabilities

Gaps in Recreational Services

- Transportation is a big need.
- Retirement planning; both recreational and financial.
- Central information service.
- There could be more programming in senior residential buildings, schools and other buildings. But would need to avoid duplication.
- People coming into community out of institutions are not getting enough support to integrate into community. City should provide some of this.
- There is a need for translation and cultural understanding for various ethnic groups to integrate
- Changes in funding might add emphasis for St. Peters to community programming
- Isolated seniors need contact and support.
- Respite care is needed. Some early retirees (especially women) are looking after older seniors.

New Centre

- There should be at least one mountain centre. But people will not travel from the Lower City to the mountain in bad weather or at night. Dispersed access is needed for the City. Intimacy is one of the needs of older adults.
- Possibility of St. Peters offering some health and education services in a senior centre setting using St. Peters resources.
- A buddy system is great to get people involved in a Centre initially.

United Senior Citizens of Ontario

Isabel Valencourt, President

Role of organization

- Networking between seniors groups.
- Information booklet for seniors.
- Helping new seniors clubs get started.
- Providing assistance to seniors in dealing with other agencies.
- Income tax assistance.

Gaps in Recreation Services

- One-stop access for seniors services.
- Information centre.

New Centre

- Information service - Senior run, volunteer staff, one paid staff for administration, coordination, research, background expertise.
- Board of Directors.
- Medical office.
- Office space for USCO as it is an umbrella organization for seniors.
- Restaurant with senior involvement; meals at a reasonable cost.
- A centre should also include: hot tub or whirlpool, library, lounge, ceramics.

Location

- Main centre should be downtown to promote City; McNab and Main Hess should be replaced.
- Smaller centre on mountain.
- Should be near shopping.
- Central Memorial on West Avenue has good transportation, but no shopping.

Volunteer Action Centre

Jan Crook

Role of Organization

- Recruit and refer volunteers to approximately 40 seniors organizations, agencies, and clubs.
- Recruit and refer volunteers to over 20 organizations dealing with home care
- Part of mandate to offer consultation to agencies to ensure good volunteer management programmes are in place
- As government agencies continue to decentralize, deinstitutionalize and transfer programmes and services to the community sector, the role of volunteers and volunteer organizations providing services is increasing

Senior Volunteers

- Those over 65 years of age form 4.3% of the volunteers at the VAC. Seniors are very active in the informal volunteer sector

- Senior volunteers not necessarily looking to work with other seniors, want to share their skills
- Senior volunteers have as high or higher levels of commitment and vitality. Some have more hours than the average adult volunteer. A core of senior volunteers could probably be attracted to a new centre who would put many hours into the centre.

Gaps in Services

- Lack of transportation is a real problem: Seniors cannot use recreation services if they cannot get to them
- Befriending needs are high. Isolation is a big concern

New Centre

- Should be multi-faceted to offer foot care, focus groups, recreation, fitness facilities, consulting
- Like a downtown mall for seniors

Location

- Probably not possible to service whole City from one centre. However, offering a range of services would make it more attractive for those who have trouble getting around
- Downtown location would be best

Wesley Urban Ministries

Rev. Arthur Verrall

Role of Organization

- Drop-in services for low income, destitute or homeless seniors - offer food, clothing, counselling
- Main concern is accessibility, not programmes - moving to be open 24 hours each day
- Many of the clients have health problems such as drinking, incontinency
- Senior support program to talk with people, help them make contact with medical services, or social activities, provide a telephone, help clients get personal records to show age for pension

Gaps in Recreational Services

- A major problem for seniors is transportation and communication
- Facilities are too scattered
- Most seniors want to get out and move around but the mountain and Lower City division creates problems. The solution to this is to make transportation less necessary by providing neighbourhood or area facilities

New Centre

- Seniors enjoy daytime activities
- Provide services and programmes in a social atmosphere that is encouraging and supportive. A sense of "ownership" has to be there

3.4 SERVICES FOR SENIORS STUDY

In October, 1988 the Regional Municipality of Hamilton-Wentworth and the Hamilton-Wentworth District Health Council published the Report of the Services for Seniors Study, entitled Mapping the Way to the Future for the Elderly. This report identified health care and social service needs of senior citizens and strategies for meeting those needs through interviews with over 130 agencies and government representatives, as well as over 700 senior adults.

The report made recommendations in a number of areas. Specifically, the recommendations regarding the co-ordination of services, information dissemination, and home support needs have relevance to this study.

It was recommended that the "one-stop-access" model of service delivery, co-ordination and planning be supported in the Region in order to address an identified fragmentation of services in the community. The reasons most often given for the fragmentation of services were lack of coordination, understaffing, and lack of a continuum of care. Difficulties in coordination of services were attributed to not enough networking and communication among different agencies, different funding

bodies and Ministries, lack of planning when new services are introduced territorially, differences in availability and accessibility of services throughout the Region, and insufficient funding.

Regarding information dissemination, the Report recommended that a campaign to improve the awareness of potential users of services be undertaken by the Hamilton-Wentworth District Health Council, the Region, existing information centres, and senior citizens groups. The Report also suggested that community information centres should be "encouraged to further develop and electronically link their seniors information services, both in written and phone-in programs." These recommendations were among those which responded to the identified lack of awareness of available services as a major factor in why seniors do not use the services they need.

Agency representatives suggested that the most effective vehicles for reaching seniors in need are word of mouth, pension cheques, and service deliverers. Senior centres were considered one of the most effective locations for dispensing information.

Responses from the seniors who were surveyed revealed that substantial numbers of older adults were unaware of seniors' counselling services (66%), adult day care (58%), community information services (52%), foot care clinics (51%), and senior centres (16%), confirming lack of awareness as a major obstacle to the provision of services.

Recommendations regarding home support needs included the encouragement of adult day program proposals to operate throughout Hamilton-Wentworth, and the inclusion of services such as foot care, dental care, and other services in day programmes.

4.0 ASSESSMENT OF NEED

The need for recreational services for seniors in the City of Hamilton has been assessed in this report in terms of service delivery, facility use, and the need for programming and services. This assessment was based on the data gathered in the first tasks of the study process, upon our analysis of this information, and upon national trends in the leisure needs of seniors.

Hamilton is currently serviced by a range of service providers, from the City of Hamilton and other professional service agencies, to small groups of senior volunteers acting independently with very little formal support. This delivery system will soon be called upon to address a changing population of older adults, as more early retirees enter the senior population, and as a healthier generation of adults ages.

The City operates recreation facilities for older adults as well as recreation centres that serve all ages and have specific programming for older adults. Senior centres are also operated by a number of other agencies. These centres are a main access point for programming and services for seniors. Programming and services offered in the City are suitable for a broad range of older adults. However, the current challenge is to extend programming and services to users with special needs, and to address the needs of the next generation of seniors.

4.1 SHORT TERM AND LONG TERM NEEDS FOR SERVICES

Two major user groups for seniors recreation services have been identified in the City of Hamilton. One group is interested in programming similar to what is currently offered in the City. These are seniors who are currently over 65, and are perhaps less physically able to participate in highly active programming. A second group currently being identified nationally, and also becoming visible in Hamilton, are older adults who are looking for programming of a more active and varied nature than is now available. This group, for the most part, consists of adults currently 55 to 65 years of age, who have had more opportunities for ongoing health care, education, and leisure activities during their adult years than the generation preceding them.

Consideration of these two groups is integral to this needs assessment. Firstly, we must ensure that the needs of the current group of seniors are being adequately addressed. Further to this, there is a need to begin to prepare to meet the needs of a group of seniors who are likely to have very different interests and needs. When looking at these two groups of seniors, it is essential to consider the a) current b) transitional, and c) the long term needs of the older adults in Hamilton over the next ten years.

Current

There is a high use and demand for recreation services that are currently available to seniors in the City of Hamilton. The "average" older adults, for the most part, have activities available to suit their interests and needs. However, service providers identified a need for the expansion of opportunities that are currently available. This would include the programming and services offered by seniors centres, day care programmes, meal programmes, and preventative health services.

Transitional

Over the next 10 years the age threshold for demand of the type of services now in place is likely to shift to a higher age group, as younger seniors stay active longer. However, although there is a current anomaly in the Hamilton population figures, the over 85 age group is currently the fastest growing proportion of the national population, a trend which will become apparent in Hamilton over the next few years. For this reason the demand for the type of services currently available to seniors is likely to continue and expand.

Along with the continued demand for existing types of services, there will also be an increase in the demand for services that support a more active lifestyle. The generation of adults now approaching retirement will bring changing needs to recreation and leisure areas. Close monitoring of the social and demographic changes in the senior population will provide information on how these changes may translate into activity patterns. However, it is clear that a new approach will be required which will provide options and new opportunities for older adults, including

opportunities to participate in the planning of services to be offered. During this transition, staff, programmes, and services will have to maintain flexibility and a willingness to change as the needs of the older adult population change.

Long Term

In ten years the trends currently being identified will have brought distinct changes to the senior population. As the number of seniors continues to grow beyond this time frame, these trends will continue to impact the senior population. A group of more active older adults will require programming to meet the needs of a healthier, more educated, population. At the same time, increasing numbers of old-old seniors will be interested in more passive programming such as is available today. To meet the needs of both of these groups, the City should continue to strive toward a standard of excellence in the provision of services and programming of the type offered today, as well as providing for a very different clientele.

4.2 SERVICE DELIVERY

The range of service providers in the current service delivery system permits that older adults have a wide variety of choice in meeting their recreational needs. Seniors can attend programmes daily at a centre offering a variety of programmes, or they can participate in a small club which meets less frequently for a specific activity. Opportunities for volunteering also exist, with both the Volunteer Action Centre and the Senior Talent Bank available to facilitate volunteer activity. The dispersed nature of the delivery system is appropriate to the needs of the City of Hamilton given the nature of its geographic setting (i.e. the mountain and Lower City), and the strong communities that exist within the City. Recreation needs which can be satisfied locally are, to a large degree, being organized and delivered by the seniors themselves, while more centralized and structured programming and services are operated by agencies.

Although the potential exists to meet the needs of the older adult population in Hamilton, networking and co-ordination of these organizations is required if the dispersed model of service delivery is going to be fully successful. Currently, there is no system in place to avoid the duplication of services and it is difficult for users to find

the appropriate level of service to meet their needs. This responsibility is within the mandate of the Department of Culture and Recreation and can be accomplished by placing more emphasis on the co-ordination of services and on policy development. As well, in order to be more viable, some organizations will require resources that the Department can provide, such as the printing of brochures, assisting with group operations, and financial support.

The Master Plan of the Department of Culture and Recreation indicates that the Department is moving toward adopting a facilitative role in the provision of recreation services. This role is appropriate in the context of services to older adults, and particularly in the existing infrastructure in Hamilton. However, a clear policy from the Department does not exist regarding its role in the delivery of recreational services to older adults. A policy is needed which would articulate such things as the support to be offered by the City, the type of organizations with which the City is going to network in the provision of services to older adults, and how organizations could apply for support from the City.

4.3 FACILITIES

The current level of facility use is pressing the limits of the existing infrastructure in the City of Hamilton. The geographic situation of Hamilton is such that it is unlikely that a single facility could serve the entire population of the City for day to day recreational needs. It is therefore desirable that the existing infrastructure be maintained and enhanced to optimize the use of these facilities, as well as adding a new facility to address the lack of service provision on the mountain.

The mountain is a priority for the location of a new centre for several reasons. Older adults residing on the mountain currently have to travel to the Lower City to access a seniors centre. However, the distance from the mountain to the Lower City is perceptually large, and when using the public transportation system can include a least one transfer, making this trip rather onerous for older adults. The current population on the mountain can support a centre, and further growth in the older adult population is projected to occur mainly on the mountain. A new centre on the mountain

will also provide an option for the mountain residents who are currently using the downtown centres, potentially easing the crowding at the Hamilton Seniors Centre.

As discussed in Section 3.1, the Hamilton Seniors Centre and the Ottawa Seniors Centre are operating at capacity. The Main Hess Centre could accommodate a higher level of use by addressing the lack of parking and visibility and modifying the large room to accommodate several different user groups at one time. There is also a need to address concerns regarding the perceived image of the current facilities, some of which are not desirably situated to serve the user group.

Many seniors have indicated that they want a "centre to be proud of". The current City-funded Centres do not fill this role in the senior community. A new centre should address this need, through the provision of an attractive facility, which can accommodate special events, and play "host" to older visitors from other communities. This role will help the centre be "owned" by seniors across the city; even those who use more local centres or clubs for day to day recreational activities.

The design of a new facility must ensure that the special needs of the older adult population are met. Accessibility for those in wheelchairs, or with canes, as well as for those who rely on touch to see their way is an important consideration. At the same time, a very active population must be accommodated. The facility must be flexible enough to allow the entire range of the seniors population to feel that the space was designed to meet their needs.

The new facility will be required to address a number of needs. It should be open seven days per week in order to provide space in the City where older adults can socialize and access programming on the weekend. Transportation is a major issue for older adults in the City and must be taken into account in the siting of a centre. The centre should be easily accessible by bus and have ample parking. All areas of the building should also be easily accessible to disabled adults. A space which can accommodate large events and is easily and safely accessible is needed by older adults in the City. A new centre could accommodate this need. The centre should also

have facilities to prepare meals, as there is a need for nutritious meals to be available to seniors at a low cost and the existing centres are not able to accommodate these needs. Storage space will be required by the centre itself, as well as for groups using the centre.

Older adults and professionals working with agencies serving older adults have indicated other desirable features for a new centre: (i) areas to accommodate crafts, billiards, library, exercise, showers and changing rooms, and indoor gardening, (ii) outdoor space for activities such as tennis, golf, car wash, patio lounging, and walking, (iii) access to services such as information, health care, and shopping for special needs such as accessible clothing.

Although many older adults indicated an interest in swimming pool facilities in a new centre, older adult swim sessions at recreation centres are currently underutilized, possibly due to a lack of awareness. There is a need to promote opportunities for daytime swimming in the City, particularly in pools which are slightly warmer than others.

4.4 PROGRAMMES

There are a variety of programme opportunities in the City of Hamilton to meet the needs of the average senior. However, programmes are being called upon to meet an ever-broadening range of needs. The next generation of seniors is going to remain healthy and active longer into their old age, and has also had unique opportunities for educational experiences. These older adults will be looking for active, challenging, recreational opportunities, that will also provide social opportunities. Centres offer a highly visible place to obtain information regarding the range of recreational services available, to participate in instructional and interest programmes, and to volunteer.

At the same time, "aging in place" and deinstitutionalization are increasing the number of people to be served in the community who have needs for structured programming. Day programmes located in senior centres offer a unique opportunity for integration. Several other programming needs were identified in the inventory of seniors

organizations undertaken in this study.

1. More day programmes are required to serve those with special needs such as older adults who have become isolated since the death of their spouse, or adults who have left institutions to move into the community and who require support to integrate fully or partially.
2. More activities directed towards the interests of men are needed at seniors centres in the City in order to attract this potential user group. Interest seems to revolve around less structured activities such as billiards.
3. Many of the ethnic groups existing in the City indicated an interest in using new facility space in Hamilton. This indicates a multi-cultural opportunity which could add a unique dimension to seniors programming.

Enhancement of programming at all recreation centres in the City is desirable. This will facilitate recreation opportunities for older adults who prefer not to travel long distances across the City, perhaps because of an attachment to their neighbourhood or because of transportation difficulties. Another potential user group of recreational programming in recreation centres are the upcoming generation of older adults. Many early retirees and people in their late sixties are more willing to integrate into adult facilities and programming. Active programming is needed that will provide for this group.

Ensuring that the programming needs of all older adults are met will be an important role of the Department of Culture and Recreation over the next ten years, as a new balance is found between the demand for the more passive programming usually offered now and more active programming required by younger seniors.

4.5 SERVICES

In addition to recreational facilities and programming, there are a range of related services that can be provided at senior centres. Amongst these are information services, footcare clinics, tax clinics, eye check ups, and a clothing shop for people with special needs. An area which requires particular attention is an information referral service. There is a definite need for increased information to be available to

referral service. There is a definite need for increased information to be available to the senior population, as well as care providers and professionals who work with older adults. The large number of organizations and levels of government involved in seniors services creates a need for a highly visible single source of information referral that can be readily accessed. Community Information Services has the mandate to provide information referral in the City, and is interested in providing a service that is easily accessible to seniors. This service could be located in the CIS offices, a seniors centre or at another site that is frequented by a high number of seniors.

The prime requirement for an information referral service is accessibility. If it is not well known in the community or if it is difficult to access, it will not be successful. The service must be located in an area that is frequented by seniors. As well, the involvement of seniors in the planning, development and daily activities would help to develop a sense of the service belonging to them. This would in turn make the service more successful, as seniors will feel more comfortable using the service and will likely access it more often, and mention it to their friends.

It would be beneficial to older adults to have a number of services which they frequent available to them in a central location, which is accessible and highly visible.

Overall, recreational services for older adults in Hamilton are vital and an important contribution to the health and well-being of seniors in the City. However, expansion and adjustment is required if the older adults in the City are to remain well-served in the future as a new "wave" of healthier adults begin retirement. The City's role will be integral to this process as a coordinating body for the provision of service.

5.0 FEASIBILITY ANALYSIS

The feasibility of developing a new Senior Citizen Centre in the City of Hamilton is dependent upon the consideration of a number of factors. Among these are:

- building size (space program)
- facility concept design
- site selection
- capital costs
- operating costs
- staffing
- revenue

Each of these factors is discussed in detail below.

5.1 SPACE PROGRAM

A new Senior Centre may provide a focus for recreational service delivery in the City of Hamilton. The design of the building should facilitate this role through the provision of areas for social interaction, casual conversation, relaxation, physical activity, and focussed activity. The Centre would function very much as a community "core" for older adult recreation, attracting older adults from across the City for large events, services, and social activities.

The Centre should also reflect the needs of the local population. Smaller, more intimate spaces and programmes which are available at locations throughout the City should be available at this Centre, to provide mountain residents with a local alternative to the Centres available in the Lower City. This functional component of the Centre would create an equity in service on the mountain with the service provided in the Lower City. Small clubs may also have the opportunity to use the Centre as a meeting space.

The building should be designed to be fully accessible. This includes providing main entranceways that every person can pass through without extra assistance, washrooms that surpass the legal minimum requirements, and having all facilities on one floor, with ramped sidewalks and pathways outdoors.

Future expansion and a possible future shift to a broader community use should be accommodated in the design. Flexibility for a broadening and increasing user group will have a strong impact on the future success of the facility.

The following space components for the building have been identified.

Casual/Social Areas

Circulation

The circulation space within a building is the space that accommodates the movement of people within the structure. Although it is usually the single largest space in a facility, it is often seen as wasted space that should be minimized. However, this facility, as the "core" of the older adult community, begs for its own central core -- an area for casual contact among the users. The circulation space could create this community environment, which would become an important part of the Centre. The design of the space as well as seating and planters create nooks from which one can "watch the world go by", attracting those who wish to be in a busy environment without taking part in structured activities. Men in particular have expressed an interest in this type of space. Bulletin boards announcing upcoming events and ongoing activities can also be accommodated in this area. In this way, the circulation space becomes an important component of the life of the Centre.

Dining Room and Kitchen

The dining room for the proposed centre would serve refreshments during the day, as well as hot lunches and dinners to address an identified need in the older adult population. The kitchen would be able to handle large banquets for special events held in the multi-purpose room as well.

The dining room would provide an opportunity for social interaction. A "wheels to meals" programme would be a useful service for those who need help to get to the Centre.

Lounge

This area would be designed to provide a quiet reading and socializing space away from the organized activity areas. The lounge should be able to accommodate 25 to 30 people at one time, and may possibly contain a donated library.

Music/T.V./ Video Room

This room would provide an area for watching T.V. and videos, and listening to music.

Outdoor Facilities

Outdoor facilities should include: a patio area adjacent to the cafeteria, a landscaped seating area, and gardens. A parking lot for 100 to 200 cars is required. A drop-off area outside the main entrance would ease the arrival and departure for older adults with less mobility. A bus stop near the main entrance would provide some convenience to those arriving by bus.

Focussed Activity Areas

Multi-Purpose Room

The multi-purpose room would be the second largest space in the building. It will be a focal point for large events, attracting users from across the City. This room should be constructed so that it may be divided into smaller working areas when it is not required as a single large space. The space should be able to accommodate 400 users. In addition, this room should be available as a large banquet facility where approximately 300 to 400 people could be accommodated. A portable stage which can be removed when not required should be available for use in this room.

This area would require a large storage space to accommodate the stage when not in use as well as tables and chairs.

Information Referral Centre

An Information Referral Centre would be a central source for information referral for older adults across the City and should be a highly visible element in the life of the Senior Centre. The Centre would consist of a reception and resource area, and offices

for two staff people. It would be located in close proximity to the two consulting rooms for use of these rooms for private consulting by centre staff and volunteers.

Consultation Rooms

Two small rooms would provide a private space for private consultation of all sorts. They should be located in a quiet area near the Information Centre so that they could function as private consultation space for the Centre. However, the rooms could also be used for health clinic visits, for legal clinics, tax consultants etc. The important feature of these rooms is that they would be private.

Meeting/General Purpose Rooms

Two meeting rooms would be designed to accommodate approximately 40 to 50 people each in a meeting setting. The rooms could be used with tables and chairs, or these could be stored for other uses to occur. The meeting room would allow for small education/awareness meetings or small group activities to take place without interfering with events/activities in the large multi-purpose room. These rooms can also be used for craft activities which do not require special equipment or facilities, such as knitting and crocheting.

Craft/workshop Rooms

Crafts are one of the major activities that many older adults currently engage in. Craft space is required for a range of activities that will require tables and chairs, space for equipment such as sewing machines, and ample storage space. Three separate areas would provide space for "clean" activities such as sewing and painting, a separate space for pottery, and a third room for a workshop containing woodworking equipment. Each of these rooms should be equipped with a sink, and adequate storage for equipment and projects which are partially completed.

Crafts are an activity area which may decline somewhat in importance over the next 10 to 20 years. Craft space should be designed for future flexibility. For example the function of the "clean" craft room might gradually shift to accommodate other activities over time as required.

Fitness Room

Fitness activities are presently a popular activity and they would provide an essential health component to the facility. Given the increasing popularity of fitness classes and the age of the user group of the Centre it would be appropriate to develop a separate component with a sprung floor for fitness and dance classes.

Games Room

A games room would support unstructured activities such as billiards and darts. Several pool tables should be provided to accommodate the interest in this activity. This area could function interactively with the circulation space.

Support Areas**Administration**

A number of offices should be provided in the Centre; a general office and reception area, a small office for volunteers, and separate offices for the Centre Supervisor, Programme Assistant, Day Programme staff, and the Senior's Coordinator. The City's advisory council for seniors, the Senior's Council, is also a potential user of office space. The Centre Supervisor's and Programme Assistant's offices should be very central to the activities of the Centre.

Washrooms

Accessible washrooms for men and women must be provided in the building. Showers and change rooms should also be provided for those participating in physical activities.

Storage Space

Adequate storage facilities in the centre will be required for equipment, materials and supplies used by the Centre's programmes. An area equivalent to approximately 20 percent of the activity space would be appropriate. Storage space should be organized to provide efficient and convenient use of the space.

Coat Room

A coat room will provide space for coats and boots.

Other Areas

Janitorial storage areas

Mechanical/electrical room

Building and Space Programme

Based on the study findings, the above mentioned space functions and requirements are proposed. All space allocations are subject to architectural reworking, for functional and structural purposes.

These spaces total 24,500 square feet (2272 square metres)

Classrooms	1000	92.9
Instructional Resource Centre	300	27.9
Computer Room One	125	11.6
Computer Room Two	125	11.6
Reading/Study/Project Room One	500	46.5
Reading/Study/Project Room Two	500	46.5
Classroom One	200	18.6
Class Room Two	200	18.6
Workshop	500	46.5
Private Office	1200	111.8
Circle Room	400	37.2
Sub total	5775	537.3
Support Areas		
Administrative	1000	92.9
Workshops, Storage rooms, Storerooms	1000	92.9
Storage Areas	200	18.6
Rest Room	200	18.6
Mechanical/Electrical	200	18.6
Sub total	2600	241.6
Total Floor Area	8375	778.9

TABLE 1
FACILITY SPACE REQUIREMENTS

<u>Proposed Centre Facilities</u>	<u>Space Requirement</u>	
Casual/Social Areas	Sq. Ft.	Sq. Metres
Circulation	5,000	464.5
Cafeteria (and kitchen)	4,000	371.6
Lounge	600	55.7
T.V. Room	300	27.8
Sub-total	9,900	919.6
Focussed Activity Areas		
Multi-Purpose Room	4,000	371.6
Information Referral Centre	500	46.5
Consultation Room One	125	11.6
Consultation Room Two	125	11.6
Meeting/General Purpose Room One	500	46.5
Meeting/General Purpose Room Two	500	46.5
Craft Room One	800	74.3
Craft Room Two (pottery)	400	37.2
Workshop	800	74.3
Fitness Room	1,000	92.9
Games Room	450	41.8
Sub-total	8,000	854.8
Support Areas		
Administration	1000	92.9
Washrooms, changing rooms, showers	2,000	185.2
Storage Space	1,800	167.2
Coat Room	300	27.8
Mechanical/electrical	300	27.8
Subtotal	5,400	497.9
Total Floor Area	24,500	2272.3

5.2 FACILITY CONCEPT DESIGN

The concept design of space for the activities of the Centre - the delivery of recreational services to the City - is developed from the space requirements and discussion of space components earlier in the study. Figure 2 indicates the Conceptual Space Program based on those facility space requirements.

Further, the concept design takes into account required conditions that emerged in discussion with administrators and users of Hamilton's existing seniors' centres. These requirements include:

1. Sociability

The vitality of the Centre will depend on the quality and quantity of space for socializing among people. It is people and not abstract design that is central to the success of the Centre.

2. Transparency

The most popular activity at the Centre is likely to be the viewing of other activities. It is essential that there be many vantage points from which people can see what others are doing.

3. Comprehensibility

The organization of spaces should be understandable immediately upon entry. The administration of the Centre should be open to the main area of activity and circulation so that questions can be asked easily - and there should be space for interested groups such as the Seniors' Council in that administration area.

4. Commodity

The activities of the Centre must be supported by commodious and logically-placed supports for those activities:

- washrooms in various locations and near activities where they will be needed
- storage space in abundance and, again, in logical locations
- snack facilities usable at all times of day to provide a necessary resource to all users

		Area (m ²)
Support Areas		
1.	Administration	130
2.	Information Referral	42
3.	Counselling	14
4.	Meeting/Clinic	78
5.	Coatroom	30
6.	Washrooms	120
7.	First-Aid	10
8.	Mechanical	25
9.	Storage	<u>186</u>
	Subtotal	635
Activity Areas		
10.	Interior court and circulation	565
11.	Games room	60
12.	TV room	60
13.	Lounge	53
14.	Craft room	64
15.	Woodshop	78
16.	Multi-purpose room/gym	330
17.	Dining room	253
18.	Kitchen	54
19.	Greenhouse	<u>110</u>
	Subtotal	1627
Total Building Area =		2262

Figure 2

Concept Space Programme

Figure 3 shows a conceptual design for the floor plan of the Centre. This floor plan responds to:

- the facility space requirements (as noted in the legend to the right of the plan)
- the type and purpose of the activities determined earlier in the study
- the required conditions noted above.

The response to those criteria together leads to a single level (for handicapped access) facility of 2262 m² (24,250± square feet). The concept design for this facility is intended to show a centre for all the activities determined to be important to Hamilton seniors, concentrated around a central interior street and court from which all activity areas can be reached and in which a considerable degree of the Centre's desirable sociability can be expressed.

Moreover, the design intends both expansibility (for possible future growth with increasing and changing demands on its facilities) along the circulation spine established by the interior street and flexibility in its response to the range of possible sites for the Centre. That is, as Figures 4 through 6 show, the design can be placed on any one of the 3 sites suggested for consideration. In each case:

- The front entrance will be located on the main street
- The route past windows of craft rooms and multi-purpose room can be traced by a secondary street or pedestrian path to adjacent park space and Centre expansion space
- Parking and loading access will be possible from the main street
- Expansion of the Centre onto open space will be possible

The potential appearance of the Centre is, for the purposes of this study, as conceptual as the floor plan. As indicated in the elevations and section in Figures 7 through 9, it will be important that the Centre's presence on its street be broken down into discrete building elements that express the spaces inside in order to avoid the monolithic appearance that can so easily enshroud a large institutional building.

Figure 3

Concept Design: Floor Plan

Legend

Support Areas

	Area (m ²)
1. Administration	130
2. Information Referral	42
3. Counselling	14
4. Meeting/Clinic	78
5. Coatroom	30
6. Washrooms	120
7. First-Aid	10
8. Mechanical	25
9. Storage	186
Subtotal	635

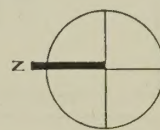
Activity Areas

10. Interior court and circulation	565
11. Games room	60
12. TV room	60
13. Lounge	53
14. Craft room	64
15. Woodshop	78
16. Multi-purpose room/gym	330
17. Dining room	253
18. Kitchen	54
19. Greenhouse	110
Subtotal	1627

Total Building Area = 2262

Ancillary Spaces

20. Exterior court	
21. Allotment gardens	
22. Porch	
23. Visitor drop-off	
24. Kitchen loading	
25. Parking	



Scale

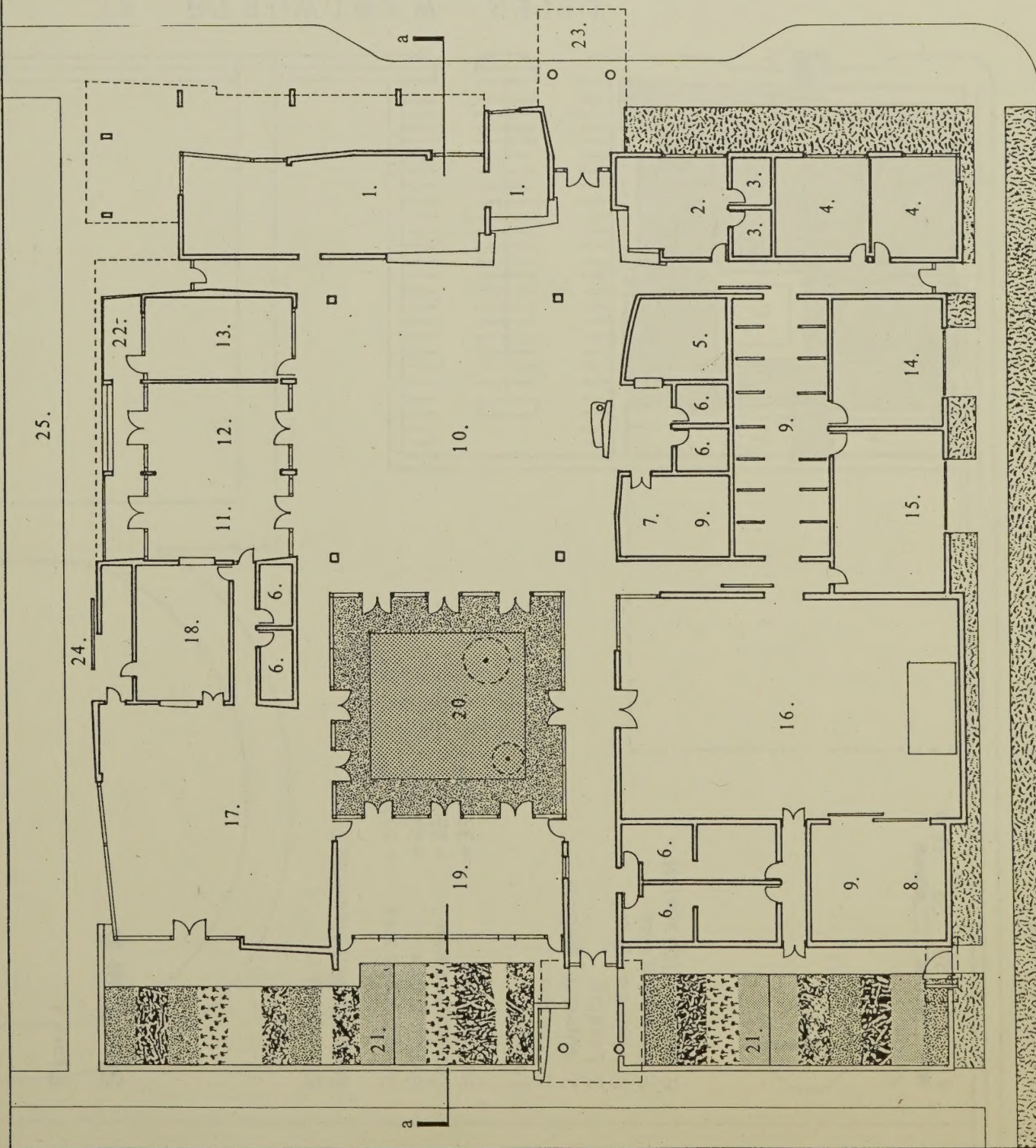
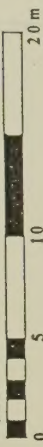


Figure 4

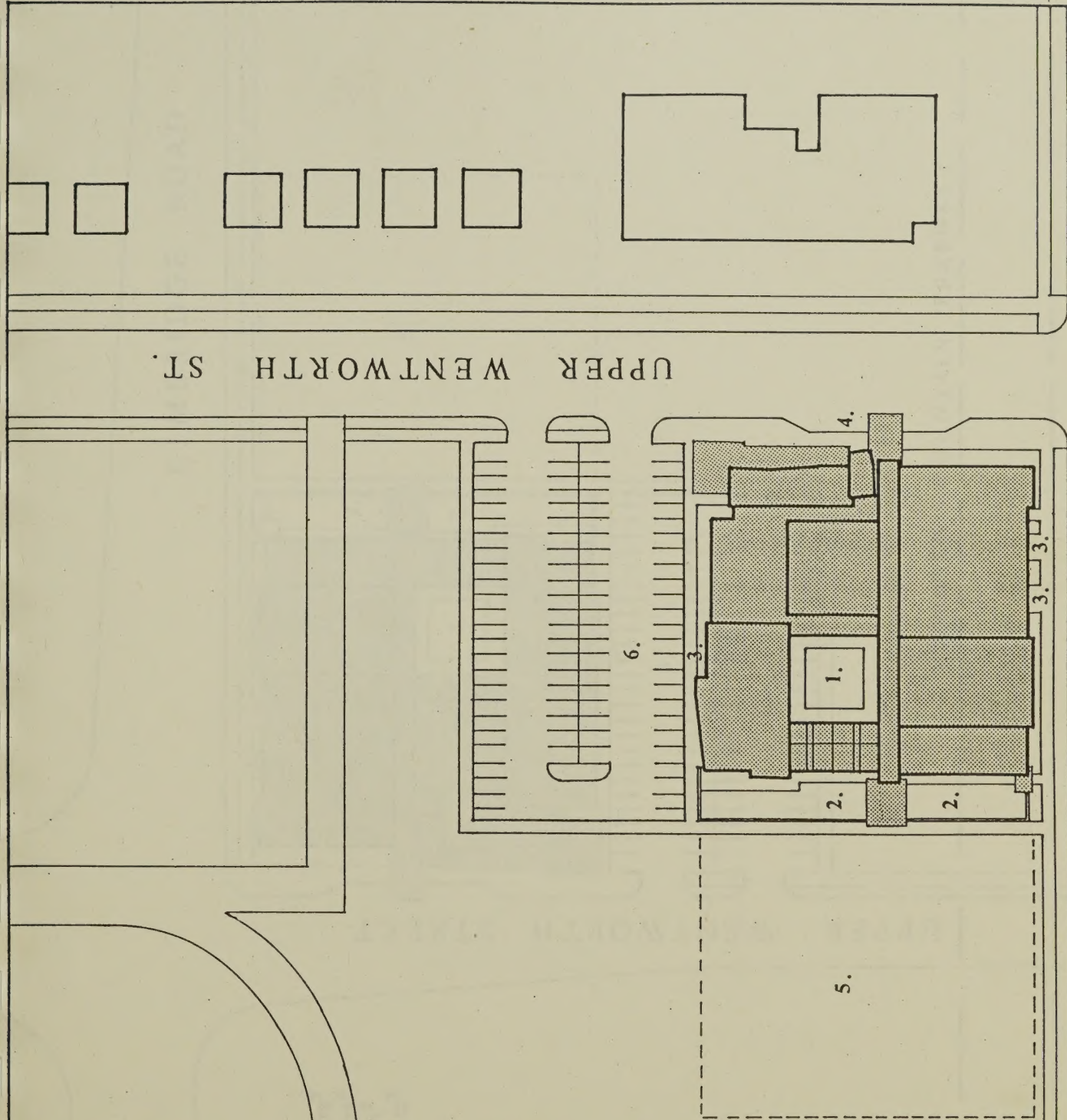
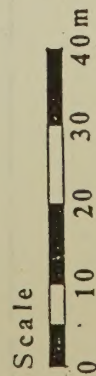
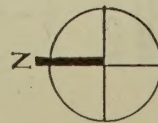
Site Plan A

Site Plan A:
Sackville Hill Memorial Park

Required site area	= 6500m ²
Building area	= 2262m ²
Landscaped area	= 880m ²
Parking area	= 3358m ²

Legend

1. Courtyard
2. Allotment gardens
3. Loading
4. Visitor drop-off
5. Expansion area
6. Parking (100 spaces)



MOHAWK ROAD EAST

UPPER WENTWORTH ST.

Figure 5

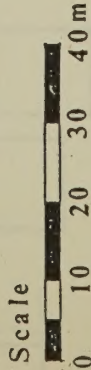
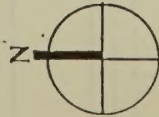
Site Plan B

Site Plan B :
McQuesten Park

- Required site area = 6500m²
- Building area = 2262m²
- Landscaped area = 880m²
- Parking area = 3358m²

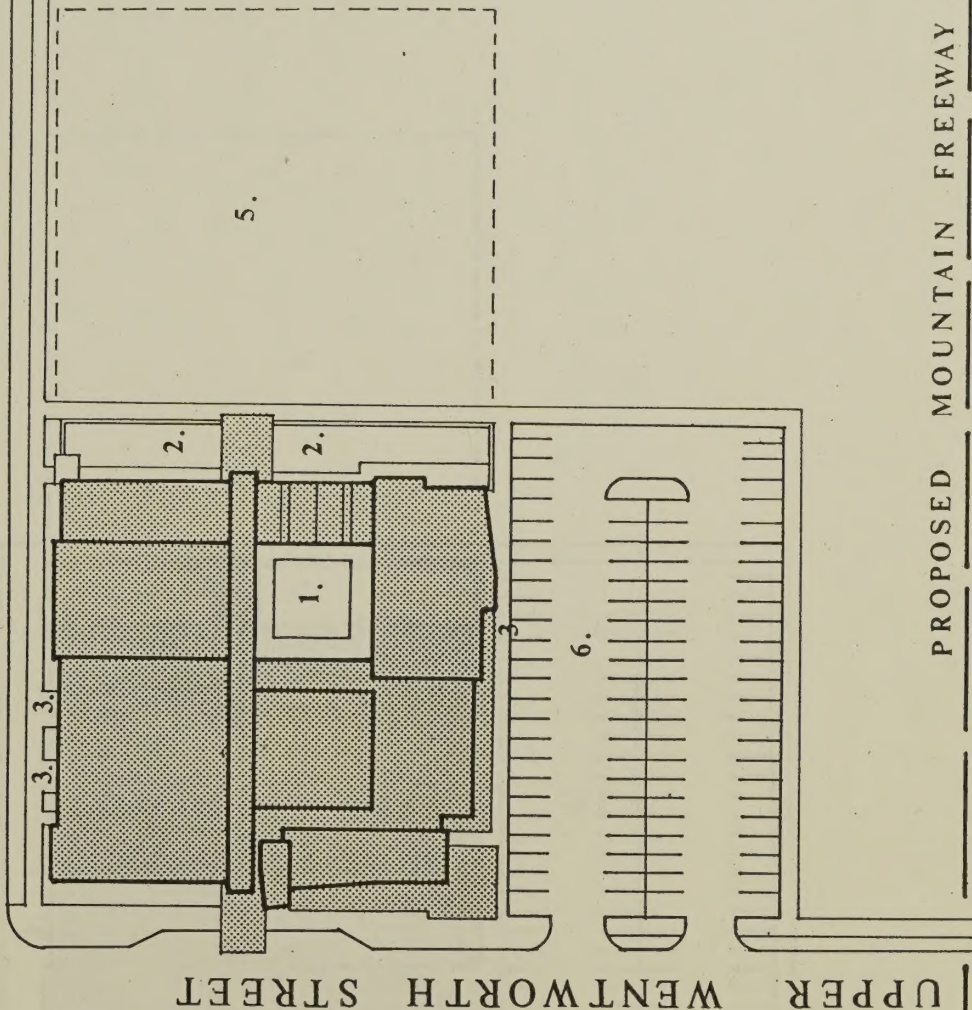
Legend

- 1. Courtyard
- 2. Allotment gardens
- 3. Loading
- 4. Visitor drop-off
- 5. Expansion area
- 6. Parking (100 spaces)



Note:
Due to the future location of freeway access at the illustrated intersection, the actual siting of the Centre will be affected by the freeway. The actual siting may not be exactly as drawn.

LIMERIDGE ROAD



PROPOSED MOUNTAIN FREEWAY

Site Plan C:
Macassa Park

- Required site area = 6500m²
- Building area = 2262m²
- Landscaped area = 880m²
- Parking area = 3358m²

Legend

- 1. Courtyard
- 2. Allotment gardens
- 3. Loading
- 4. Visitor drop-off
- 5. Expansion area
- 6. Parking (100 spaces)

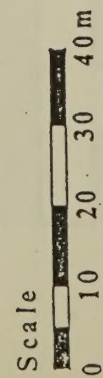
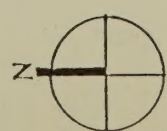
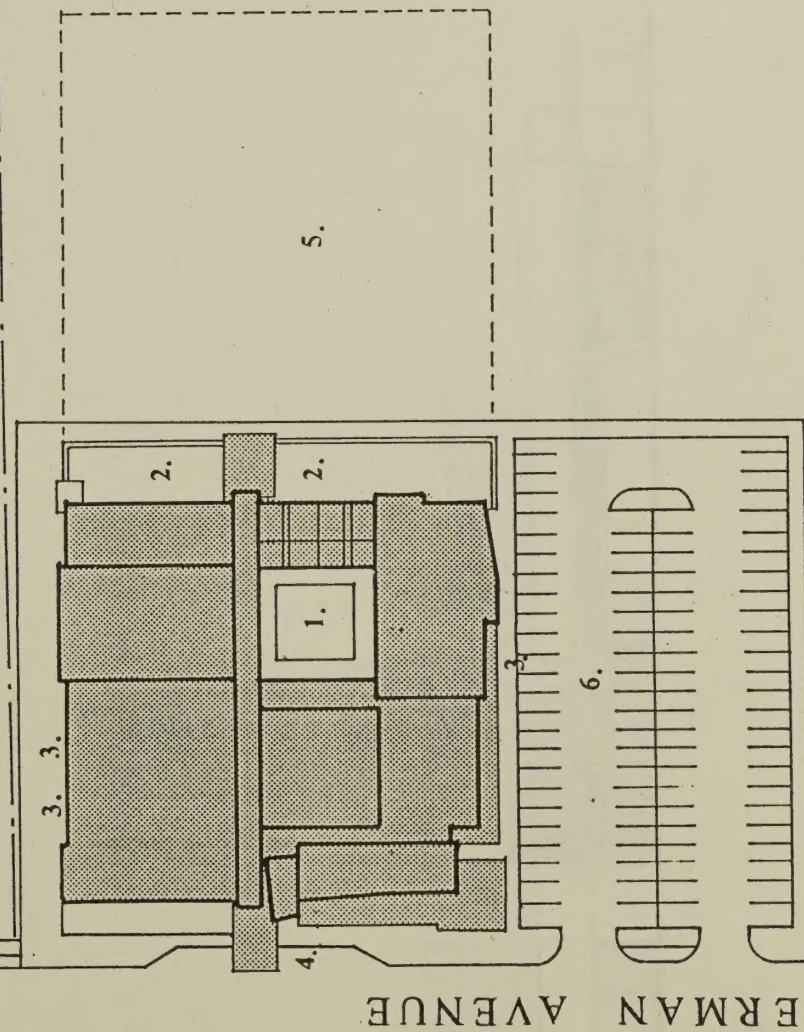
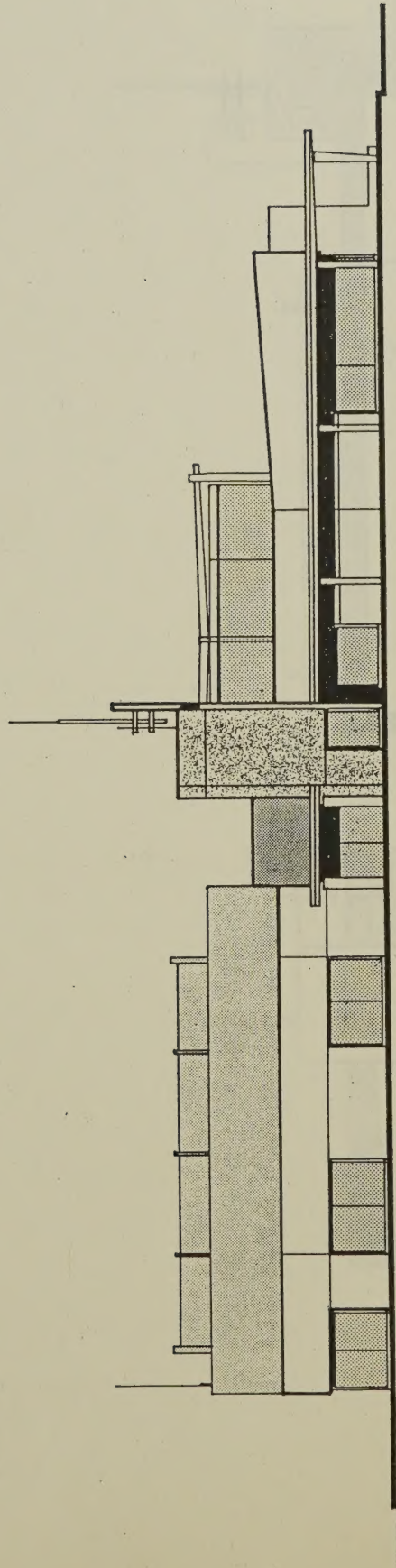


Figure 6
Site Plan C

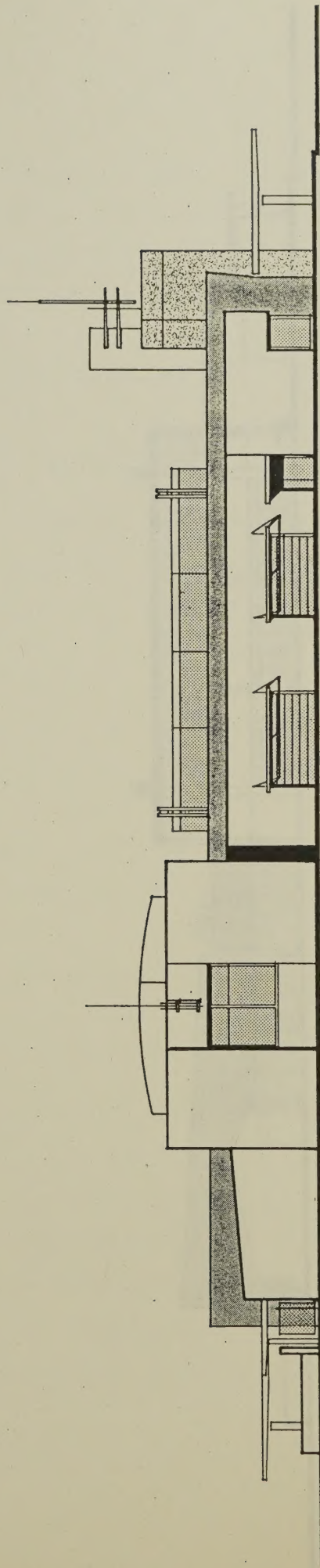




Elevation to main street

Figure 7

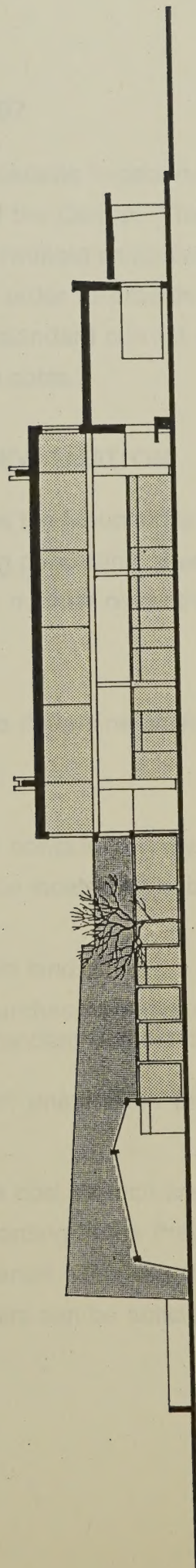
Front Elevation



Elevation to side street or pedestrian path

Figure 8

Side Elevation



Section aa

Figure 9

Section through Interior Street

The design of the Centre will have considerable impact on the capital and operating costs that will accompany development of the Centre. The concept design has been kept to a relatively low level of complexity (without compromising the essential aspects of successful design as noted above) in order to provide a Centre with capital and operating costs that will not depart from standard current costs for the building type. Section 5.4 offers a brief analysis of those costs.

5.3 SITE EVALUATION

Earlier phases of the study determined that the Mountain is the appropriate location for a future seniors' centre due to the growing population of seniors on the Mountain and due to the current imbalance between the number of centres on the Mountain and the number in the Lower City.

It is necessary, as a result of that need, to determine where on the Mountain a centre might be located.

The range of possible sites is narrowed considerably by the decision taken by the study committee that: The centre should be located on public land.

There are 2 alternatives to the use of public land:

1. Free market acquisition - the purchase of privately-held property that is available for sale through a standard real estate transaction.
2. Expropriation - the purchase of unavailable privately-held property through municipal action.

Neither alternative is recommended. The cost of such acquisition is prohibitive (most probably in excess of \$1 million/acre, according to the Property Department) in view of limitations on available funding for the centre. Further, the timing of expropriation is disadvantageous; a minimum of 1 1/2 years can be anticipated before such a process can be set in motion.

Consequently, the decision to pursue public land is appropriate to the demands of the process: acquisition costs should be minimal and, subject to due process of public consultation, the timing of the presumed establishment of the centre on public land can be controlled.

The question that then arises is this: How are potential public sites for the centre to be evaluated?

5.3.1 Site Evaluation Criteria

In addition to the availability of land for the project - a condition that can be assumed to be equally shared by all public land until a review of the relative merits of the various land for uses other than a Senior Citizens' Centre - there are 4 other significant criteria by which potential sites may be evaluated:

1. Accessibility
2. Size
3. Urban context
4. Zoning

Accessibility

A successful Senior Citizens' Centre must be accessible to its users in a variety of ways. It must be:

- accessible by the maximum possible number of public transit routes. The routes should be from (or connected to other routes from) areas of the city that are densely populated or heavily used, e.g., in the case of the Mountain, transit routes are desirable directly from the centre of the Lower City. Finally, the transit routes should have frequent service and service at all times of the day and week.
- accessible by traffic arteries that make private automobile access from all parts of the city quick and direct.
- accessible on foot by a maximum possible number of residents in the centre's area or of visitors to other functions in its neighbourhood, e.g., shopping area, or other public institution such as a library.

Size

The Centre will require a minimum site size based upon the:

- required floor plate of the building itself ($2262 \pm \text{m}^2$ as determined by the space program)
- desirable landscaped open space (an absolute minimum of between 35% and 40% of the building area - $880 \pm \text{m}^2$ - and an ideal total of approximately 35% of the full site area)
- desirable parking area (a suggested minimum of 100 spaces requiring $3358 \pm \text{m}^2$)
- expansion area for potential increase in building area, parking area and/or programmable outdoor area

Based on the above minima, a potential site for the Centre must be at least 6500 m^2 in area. Simultaneously, it should be adjacent to considerable expansion space.

Urban Context

The Centre should be located in an area that is:

- near housing for senior citizens
- near other institutions of interest to senior citizens - e.g., shopping centres, cultural and recreational institutions
- of appropriate building scale such that the centre neither loses prominence in its context (e.g., is dwarfed by office towers) nor is unsympathetic to its neighbourhood (e.g., dwarfs single-family houses)

Zoning

In the interests of expeditious project development, the Centre's site should be zoned so as to reduce or eliminate the necessity of zoning or Official Plan Amendment. The ideal zoning will permit a social/recreational centre as of right.

The evaluation of potential sites against the above criteria will provide a clear indication of potential of public sites on the Mountain for development of the Centre.

5.3.2 Evaluation of Potential Sites

Potential sites were investigated in order to determine the leading candidates for detailed evaluation against the site selection criteria.

Range of Potential Sites

There are 3 main types of public land that can be considered suitable for the site:

1. Land currently occupied by social service buildings, e.g., hospitals or ambulance/police/fire stations
2. Board of Education lands
3. Public open space (either parks or undeveloped public land)

It is possible to eliminate the first 2 categories from serious consideration for the following reasons:

1. Social service building sites on the Mountain are typically too small for the building, parking and open space requirements of a successful seniors' centre. Where there is adequate space for Centre development (as, for example, at the Psychiatric Hospital on Fennell or across the street at Mohawk College) the location is not sufficiently central, urban context is not appropriate and/or accessibility is compromised.

Moreover, it is the opinion of the Hamilton Real Estate Department that there are no social service sites that - given the same population pressures that indicate the need for a Centre - can be considered potentially surplus even if those sites were to meet the site selection criteria adequately.

2. Board of Education sites typically offer adequate size (although Inverness School on Upper Wentworth, a school site that has already passed into City ownership, is too small). However, availability of school sites on the Mountain is very problematic. All public school sites are needed by the Board of Education for the foreseeable future - including Laval School which will return to service in September 1990 and Vincent Massey School which will cease school service in December 1990 but continue in Board use.

Moreover, if school sites were declared surplus, the Ontario government - under the terms of the imminent Bill 152 - will have the right to acquire those sites for public housing before any municipal agency may claim them for another purpose.

Board of Education properties were included in the range of potential sites examined by the architect for the Senior's Study as they are typically large enough to accommodate a new senior's facility. Three school sites initially appeared to be available: Laval, Vincent Massey, and Inverness School.

The Board of Education responded to inquiries with the information that Vincent Massey School will cease school service in December 1990, but the site will continue in Board of Education use. Laval School will be returning to service in September 1990. All other school sites are needed by the Board of Education for the foreseeable future.

The Inverness School site is currently owned by the City of Hamilton and is available for recreational use. However, the site at 5,800 square metres, is significantly smaller than the 6,500 square metres recommended in the building program, restricting parking and outdoor recreational activities. A report from the Director of Property to the Parks and Recreation Committee dated April 28, 1988, suggested that the design of the building itself is not suitable for a senior facility, and would require expensive and complicated renovations for even an interim use. The site does not have the high profile requested by senior citizen's in the City for their Centre. Nor does it have appropriate bus access, being serviced by only one bus line. The surrounding area is almost exclusively residential in nature, suggesting that a facility of the size proposed for a new senior's centre would be of an inappropriate scale in this neighbourhood. The lack of shopping and other social opportunities nearby would lessen the presence of the Centre in the City, and make the trip to the Centre more onerous for seniors who might otherwise combine a trip to the Centre with errands and other social activities. For these reasons, the Inverness School is not considered to be an appropriate site for the proposed Senior Citizen's Centre.

Mountain Brow

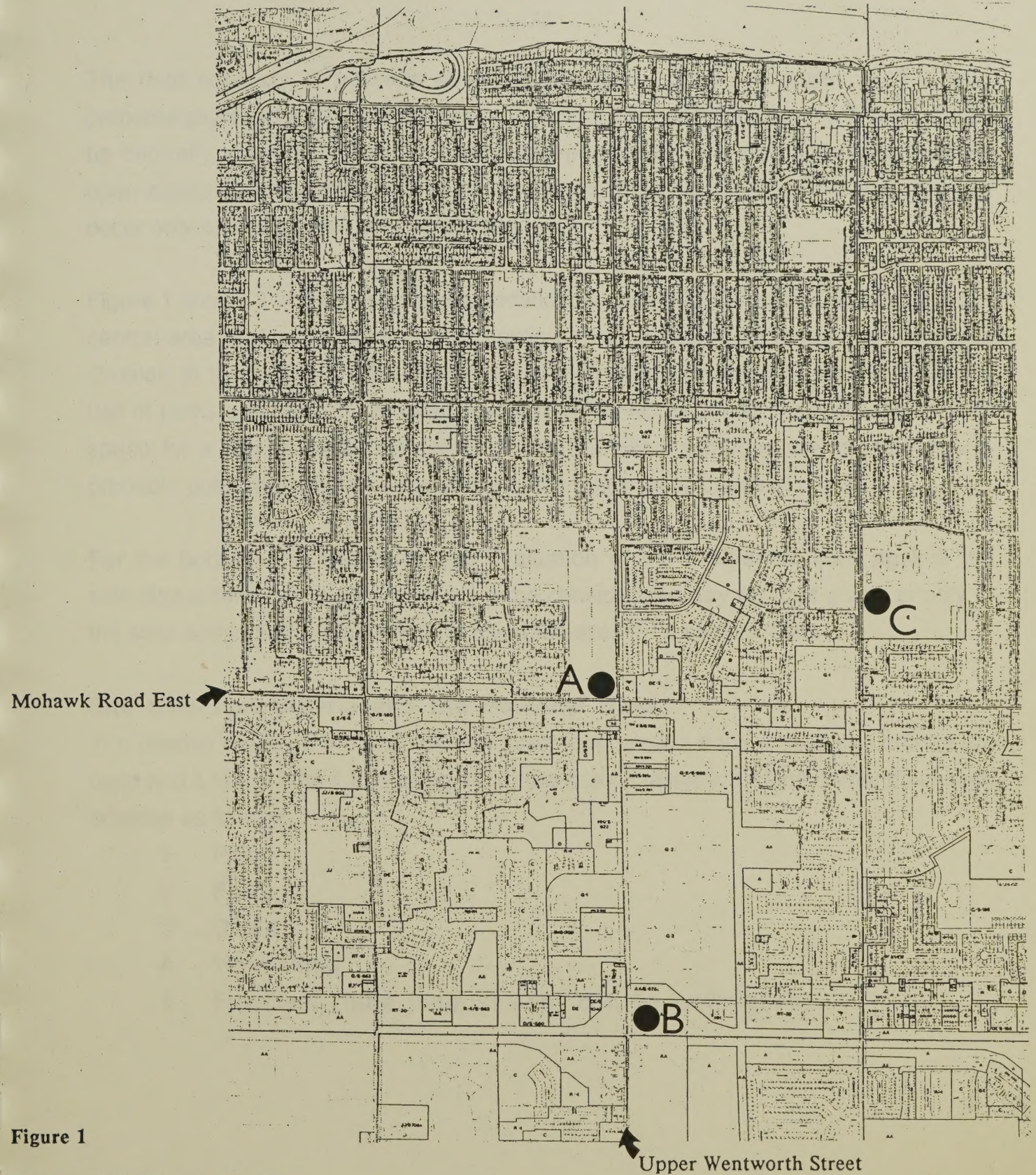


Figure 1

Potential Site Location

Legend

- A Sackville Hill Memorial Park
- B McQuesten Park
- C Macassa Park

Note:
At McQuesten Park, a future freeway access point may affect the actual siting of the Centre.

The third category of possible sites - public open space - emerges as the most probable source of a site for the Centre. In light of the constraint that the Centre should be centrally located relative to surrounding population, the most appropriate public open space can be anticipated to be an existing park as undeveloped land tends to occur only on the periphery of population.

Figure 1 shows 3 of the best potential locations for a Senior Citizens' Centre - all in the central area of the Mountain and all public parks. It should be noted that the Parks Division of the Public Works Department is currently pursuing a Master Plan for the use of parks and other public open space; it will be necessary to justify the use of park space for a Centre under the terms of this Plan as it emerges and in response to probable public demand for assurances of the merits of such use of parks.

For the purposes of this study, the evaluation of the 3 potential sites against the selection criteria noted above will go some considerable way towards giving priority to the sites and indicating the merits of using the sites for a seniors' centre.

Site Selection Criteria and the Potential Sites

The relative merits of the sites can be seen most clearly if the 4 selection criteria are used and a value from 1 to 5 assigned to the site's satisfaction of the demands of each criterion as follows:

- 1 Poor**
- 2 Fair**
- 3 Good**
- 4 Very Good**
- 5 Excellent (little improvement can be envisioned)**

An evaluation of each site against the 4 criteria follows.

1. ACCESSIBILITY

- | | | |
|----|---|---|
| A. | Sackville Hill Memorial Park | 5 |
| - | 2 bus routes direct from populous areas | |
| - | both bus routes offer frequent service all day and evening | |
| - | car access is from 2 major roads connecting to all neighbourhoods | |
| - | foot access from nearby shopping/residential areas is good | |
| | | |
| B. | McQuesten Park | 3 |
| - | 2 bus routes, one of which is major | |
| - | 1 bus route only is frequent with 7 day and evening service | |
| - | car access is from 2 major roads and potential future freeway | |
| - | foot access from nearby shopping is good | |
| - | foot access from residential areas is problematic in short term | |
| | | |
| C. | Macassa Park | 2 |
| - | 1 bus route only, with infrequent and limited service | |
| - | car access is from 1 secondary road | |
| - | foot access from residential areas is excellent | |
| - | other foot access is minimal | |

2. SIZE

- | | | |
|----|---|---|
| A. | Sackville Hill Memorial Park | 5 |
| - | adequate site for centre without encroaching on existing major park activities; the existing Kiwanis playground can be considered as relocatable to a more appropriate location within the park | |
| | | |
| B. | McQuesten Park | 5 |
| - | adequate size for Centre on currently undeveloped site | |
| | | |
| C. | Macassa Park | 5 |
| - | adequate size for Centre on edge of open space; a new firehall proposed for the same site should not affect the adequacy of park size | |

3. URBAN CONTEXT

- | | | |
|----|--|---|
| A. | Sackville Hill Memorial Park | 4 |
| - | near fair number of multiple housing sites | |
| - | adjacent to recreation centre with swimming pool | |
| - | near shopping centre | |
| - | in area of large-scale buildings | |
| B. | McQuesten Park | 2 |
| - | near shopping centre | |
| - | not near social institutions or major housing | |
| - | in largely undeveloped area | |
| C. | Macassa Park | 2 |
| - | near major area for seniors' housing | |
| - | not near shopping or social areas | |
| - | in area of smaller scale buildings | |

4. ZONING

- | | | |
|----|--|---|
| A. | Sackville Hill Memorial Park | 5 |
| - | zoned C, allowing a public community/recreation centre | |
| B. | McQuesten Park | 1 |
| - | zoned A, allowing no community centre without rezoning | |
| C. | Macassa Park | 5 |
| - | zoned E, allowing a public community/recreation centre | |

Putting the preceding values of the selection criteria into a chart, the following evaluation emerges:

- | | | |
|----|------------------------------|----------|
| A. | Sackville Hill Memorial Park | |
| | Accessibility | 5 |
| | Size | 5 |
| | Urban Context | 4 |
| | Zoning | <u>5</u> |
| | | 19 |

B.	McQuesten Park	
	Accessibility	3
	Size	5
	Urban Context	2
	Zoning	<u>1</u>
		11
C.	Macassa Park	
	Accessibility	2
	Size	5
	Urban Context	2
	Zoning	<u>5</u>
		14

The above values suggest strongly that Sackville Hill Memorial Park (on the understanding that the City has clear title to use of the land) is the most suitable site for the Centre. It is recommended that such a location be pursued vigorously for the Centre's site.

The following section will show briefly how the concept design of the centre can satisfy the programmatic requirements as determined earlier in this study and, at the same time, remain sufficiently flexible as to accommodate itself to the variety of sites examined above.

5.4 CAPITAL COSTS

Capital cost estimates for a proposed Senior Citizen's Centre of 24,500 square feet are discussed below. Capital costs are preliminary estimates only. Actual costs will depend upon the design of the building, the quality of materials and finishes, and construction costs at the time of construction. These fluctuating factors could have significant impacts on actual costs.

5.4.1 Capital Costs

It can be assumed that the Centre will be on a site serviced by, or adjacent to, hydro, gas and water supplies. Accordingly, the infrastructural costs will be relatively

straightforward, requiring no site servicing costs that are not included in the building cost. The infrastructural costs should be limited to landscaping and parking area costs.

Landscaping Costs

Given the recommended location of the Centre in the open space of a park, grading will be minimal. The cost of minimal finish landscaping (basic sodding/planting) for the landscaped area of the Centre, based on figures in Section 5.3.1 above, should be:

$$880 \text{ m}^2 @ \$7.00 = \$6,160$$

It can be assumed that a modicum of berming and tree planting - to establish a comfortable relationship of the Centre to its parking area and to adjacent streets - will be desirable. There should be an allowance for this work of \$50,000.

The majority of landscaping costs - remedial treatment of trees, repair of existing landscaping - will be included in the site work that is included in the capital cost of the building itself.

The total landscaping cost will therefore be:

$$\$6,160 + \$50,000 = \$56,160$$

Parking Area Costs

Based on the recommended minimum of 100 spaces, the parking area is considerable. It can be assumed that lighting of the parking area will be included in the building cost. The main cost of the parking area will be paving (basic asphalt on minimal grading), as follows:

$$3358 \text{ m}^2 @ \$8.30 = \$27,870$$

Building Costs

As noted above, the concept design suggests a facility whose costs should fall within the range of standard buildings of similar type - community/recreational centres. In 1989, such a building in southern Ontario costs an average of \$1237/m² (\$115/sq. ft.).

It is fair to assume that inflation will be counterbalanced by falling construction prices that are already in evidence in the Toronto-Hamilton region as more contractors compete for fewer jobs. Accordingly, it is also fair to assume that construction in 1991 will be subject to prices comparable to - if not less than - prices in 1989.

Therefore, the building should cost:

$$2262\text{m}^2 @ \$1237 = \$2,799,000$$

Professional fees for the building - taking into consideration the requirement of some landscape design together with the standard requirements of architectural, structural engineering, mechanical/electrical engineering, geotechnical engineering and support services from land surveyors and quantity surveyors - should be in the order of 12% of building cost. This implies a foreseeable fee of:

$$\$2,799,000 \times 12\% = \$335,880$$

The total building cost should therefore be:

$$\$2,799,000 + \$335,880 = \$3,134,880$$

Furnishings and Equipment

Furnishings and equipment costs for recreational facilities of this nature are typically 10 percent of the building cost (approximately \$280,000). Furnishings for common areas, meeting rooms, offices, lounges, dining room and the multi purpose room will consume approximately 60 percent of this furnishings and equipment budget (\$168,000). Equipment for the facility, office equipment, craft room equipment, multi purpose room and kitchen equipment would cost approximately \$112,000.

The sum of all capital costs will therefore be:

Landscaping	\$56,160
Parking	27,870
Furniture and Equipment	280,000
Building	<u>3,134,880</u>
Total Capital Costs	<u>\$3,498,91</u>

5.5 OPERATING COSTS

Table 12 illustrates the projected operating expenditures of the proposed Senior Citizen Centre for a five year period. These operating estimates have been developed based on the concept design of the building, and related facility operating costs, comparisons with other senior citizen recreational facilities in the City and in other locations, assumptions regarding operating hours, and other factors as noted on the table. Major categories of operating costs include:

- salaries and wages (discussed again in section 5.6 Staffing)
- employee benefits
- fees - instructors
- office supplies
- advertising and promotion
- travel
- telephone
- equipment repair
- building repair and maintenance
- heating, cooling, lighting and water
- capital reserve fund

All costs listed below are for Year One, inflation is assumed to be 5% per annum thereafter.

Salaries and Wages

It is assumed that the Senior Citizen Centre will operate six days per week from 9:00 a.m. to 9:00 p.m. and would be staffed with the following positions:

Supervisor - Senior Citizen Centre (one full time) \$30,000 per annum
 Program Coordinator (one full time and one part time) \$39,000 per annum
 Support Staff (one full time) \$22,000 per annum
 Maintenance (two full time) \$42,000 per annum

All staff wages are based on current pay levels for similar positions in the Department.

Employee Benefits

Assuming the same benefits as other employees of the City of Hamilton, approximately 10.75 percent of salaries and wages - \$14,300.

Table12: Five Year Operating Cost Projection

Description	Year One Estimate	Year Two Estimate	Year Three Estimate	Year Four Estimate	Year Five Estimate
Salaries and Wages	\$133,000	\$139,650	\$146,633	\$153,964	\$161,662
Employee Benefits	\$14,300	\$15,015	\$15,766	\$16,554	\$17,382
Meetings	\$500	\$525	\$551	\$579	\$608
Fees - Instructors	\$7,000	\$7,350	\$7,718	\$8,103	\$8,509
Office Supplies	\$2,000	\$2,100	\$2,205	\$2,315	\$2,431
Medical Supplies	\$200	\$210	\$221	\$232	\$243
Advertising and Promotion *	\$3,000	\$2,000	\$2,100	\$2,205	\$2,315
Travel	\$1,200	\$1,260	\$1,323	\$1,389	\$1,459
Telephone	\$1,600	\$1,680	\$1,764	\$1,852	\$1,945
Maintenance and Repair	\$6,000	\$6,300	\$6,615	\$6,946	\$7,293
Equipment Repair	\$1,000	\$1,050	\$1,103	\$1,158	\$1,216
Heating, Lighting and Water	\$39,020	\$40,971	\$43,020	\$45,171	\$47,429
Capital Reserve	\$39,200	\$39,200	\$39,200	\$39,200	\$39,200
Total	\$248,020	\$257,311	\$268,217	\$279,667	\$291,691
* The first year of operating of the new facility may require additional advertising and promotion funds.					
The budget is then reduced in the second year.					

Meetings

To cover the cost of internal meetings - \$500.

Fees- Instructors

Fees for contract program instructors - \$7000

Office Supplies

Stationary and other related office supplies - \$2000.

Medical Supplies

First Aid supplies - \$200.

Travel

Staff related travel - \$1200.

Telephone

Centre related telephone costs - \$1600.

Advertising and Promotion

Centre related advertising campaigns - \$2500.

Equipment Repair

Contingency fund for minor repairs to equipment - \$1000.

Building Repair and Maintenance

Maintenance supplies and materials and building repairs - \$6000.

Heating, Cooling, Lighting and Water

Physical operating costs of the proposed Centre are based on the area of the facility. Current operating cost standards are based on well-insulated buildings. Double height spaces and generous quantities of glass are relatively inconsequential to this standard unless proposed in extreme quantities - a condition not included in the Centre's conceptual design. The operating cost for such a facility, including all

heating, lighting and water handling, should be in the order of \$17.25/m²/annum.

Capital Reserve Fund

It is suggested that \$1.60 per square foot per annum be set aside by the City of Hamilton as a capital reserve fund for eventual capital replacement at the Centre. This would require \$39,200 per annum.

5.6 STAFFING

The staffing requirements of the proposed Senior Citizen Centre, as identified above consists of a full time Supervisor - Senior Citizens Centre, one full time and one part time Program Coordinator, one full time support staff position, and two full time maintenance positions. Comparable positions to those outlined below are currently found in the City of Hamilton, Culture and Recreation Department system.

The Supervisor - Senior Citizens Centre would be like other Supervisory positions in the Culture and Recreation Department. This position would be responsible for the supervision of programs and services to seniors, and for the Centre's administration.

The Program Coordinators, like other program coordinators in Senior Centres in the City, would be responsible for the development and organization of programs for seniors.

The Support Staff position would be a clerk-typist position, in support of the Supervisor and program Coordinators.

The Maintenance positions would be responsible for the upkeep and maintenance of the facility, and for setting up and taking down equipment for various program activities.

It is also assumed that volunteers will play an important role in helping to staff and

operate the Centre, as they do in other Centres throughout the City of Hamilton. Volunteer staff are the mainstay of senior's centres throughout Ontario, and assist with programming, administrative tasks, personnel, fundraising and numerous other functions.

5.7 REVENUE

Senior Citizen Centres usually generate revenue in three ways. These are:

- membership and user fees,
- fundraising,
- grants and transfer payments.

Membership and User Fees

Membership fees at Senior Citizen Centres throughout the City of Hamilton are currently \$7.00 per year for city residents, and \$10.50 for non-residents. Given the size of the proposed Centre, and the communities that it will be serving on the Mountain, and throughout the rest of the City of Hamilton, membership at a new Centre is expected to match or surpass that of the Hamilton Seniors Centre (approximately 2000 members). Assuming that membership fees increase marginally over the next two years, to \$8.00 per year (and continue to increase at \$.50 per year thereafter), and that the Centre achieves 1000 new members in the first year of operating, and an additional 500 per year for the next three years (then stabilizes at 2500 members) membership fees would generate:

Year One - $\$7.00 \times 1000 \text{ members} = \$7,000$
 Year Two - $\$7.50 \times 1500 \text{ members} = \$11,250$
 Year Three - $\$8.00 \times 2000 \text{ members} = \$16,000$
 Year Four - $\$8.50 \times 2500 \text{ members} = \$21,250$
 Year Five - $\$9.00 \times 2500 \text{ members} = \$22,500$

In addition to membership fees, drop-in fees are also charged at the existing senior centres. These fees (\$.75 per visit) are charged to non-members, and generate a minimum amount of revenue. We have estimated 500 visits at \$.75, or \$375 per year.

Fundraising

Senior Citizen clubs and groups have displayed a tremendous ability to fundraise in the past, and are expected to do so in the future. For example, the seniors at the Main Hess Centre have a Centre Club account of over \$35,000, all generated from fund raising. While fundraising may be considerable, these funds are usually used by clubs and groups from their own purposes, or to purchase equipment, supplies, and furnishing for the club's use. Fundraising is seldom used to off-set operating costs, and therefore is not expected to contribute to the operating budget of the proposed Centre. Senior's groups may however wish to contribute to the capital construction of a new Centre, and a target for contributions from the community at large (seniors and other citizens) is forecasted.

Grants and Transfer Payments

Under the elderly Persons Centres Act, the Ministry of Community and Social Services contributes to the operating of Seniors Centres (that are officially designated under the Act). The contribution is 50 percent of the operating budget to a maximum of \$30,000. This contribution requires the municipality (in this case the City of Hamilton) to contribute a minimum of 20 percent of the operating budget, and for the balance to be fundraised, or obtained from other sources.

Rentals

Given that the Centre is proposed to operate six days a week from 9:00 a.m to 9:00 p.m., few opportunities for rental of facilities in the proposed building will exist. Occasional use of meeting rooms, or multipurpose rooms should be anticipated, however, rental revenue is expected to be minimal.

Food Service

At the present time, the Culture and Recreation Department does not have a clear policy on food service operations in its facilities. The Department oversees the operation of a number of food service outlets/concessions, but does not operate these facilities in a consistent manner. Some outlets are contracted to private operators, others are operated by the Department with assistance from the Hamilton Convention

Centre, and others are operated by groups for the Department. It is anticipated that by 1992, the Department will have a food services manager, and that the Department will operate all food services within the Department's jurisdiction.. Regardless of the operator, food services at senior centres are viewed as a service and are not considered to be a revenue generating activity: the objective is to keep the cost of meals as low as possible.

Table 13 compares the forecasted operating expenditures, and revenue for the proposed Centre.

TABLE 13: OPERATING AND REVENUE PROJECTION

<u>YEAR</u>	<u>OPERATING PROJECTION</u>	<u>REVENUE/GRANTS*</u>	<u>BALANCE</u>
One	\$248,020	\$37,375	\$210,645
Two	\$257,311	\$41,625	\$215,686
Three	\$268,217	\$46,375	\$221,842
Four	\$279,667	\$51,625	\$228,042
Five	\$291,691	\$52,875	\$238,816

* Revenue/Grants includes E.P.C. funding plus membership fees and user fees.

From the above table, the City of Hamilton would have to budget for an additional \$210,645 to operate a new Senior Citizen Centre in the City, exclusive of food services, in its first year. By comparison, the City has currently budgeted (1989 estimates for 1990 budget) \$101,860 to operate the Main/Hess Centre, \$140,050 to operate seniors programs at the Central YWCA, and \$61,910 to operate seniors programs at the Ottawa Street YWCA.

5.8 CAPITAL FUNDING

Grants and Transfer Payments

Grants and transfer payment will contribute to the capital construction of the facility. Two major sources of funding for a Centre of this type are the Ministry of Tourism and Recreation, and the Ministry of Community and Social Services. In addition, Capital Budget dollars from the City of Hamilton have been earmarked for the construction of a

new Senior Citizen Centre in the City. New Horizon Grants may help with the purchase of furniture and equipment to be used by clubs and groups within the Centre.

Ministry of Tourism and Recreation

Under the Ministry's Community Recreation: Capital Conservation and New Facilities Program, a new Senior Citizen's Centre would be eligible for a grant of up to one-third of the first \$1.5 million of net eligible cost of a project after all other approved provincial or federal grants are deducted. A grant for one-tenth of the remaining net eligible costs which exceed \$1.5 million may also be available. September 7, 1990 is the funding application deadline for the current year of the program.

Ministry of Community and Social Services

The City of Hamilton has been identified in the Capital Work Plan of the Ministry of Community and Social Services, which requires two - three years lead time for its capital projects. Under the Ministry's Capital Program, thirty percent of the total cost of the project is eligible for funding.

City of Hamilton Capital Budget

The City of Hamilton allocated \$2.1 million toward the capital cost of a new Senior Citizen Centre.

Table 14 (see next page) identifies the capital costs of the facility, and provides a breakdown of funding that may be available to assist with the construction of the facility by source.

TABLE 14: CAPITAL FUNDING

Total Capital Cost	\$3,498,910
City of Hamilton Capital Budget	<u>-\$2,100,000</u>
<i>Subtotal</i>	<i>\$1,398,910</i>
Community and Social Services	<u>-419,673</u>
<i>Subtotal</i>	<i>\$979,237</i>
Ministry of Tourism and Recreation	<u>-\$233,079</u>
Balance to be Fundraised/Generated	\$746,158

Under the above funding formula, the City of Hamilton would contribute \$2.1 million that exists in its Capital Budget. The Ministry of Community and Social Services would contribute \$419,673 and the Ministry of Tourism and Recreation \$233,079. This would leave a balance of \$746,158 to be covered by fundraising or other sources in the community.

According to the Ministry of Community and Social Services, total Provincial funding for the project cannot exceed 30 percent of the total project cost. Using the above contribution levels, total Provincial funding accounts for 21.3 percent of the total project cost.

New Horizons Grants

New Horizons Grants are very popular with senior clubs and organizations, and have assisted groups with equipment and furniture purchases for a number of years. These grants are for senior groups and clubs, not for the municipality. The Main-Hess Club for example, was able to obtain \$33,000 for start-up furniture and equipment for the Main-Hess Centre. Clubs and groups operating from the new Centre, could apply for New Horizons grants to offset the furnishing and equipment costs (estimated at \$280,000) for this project.

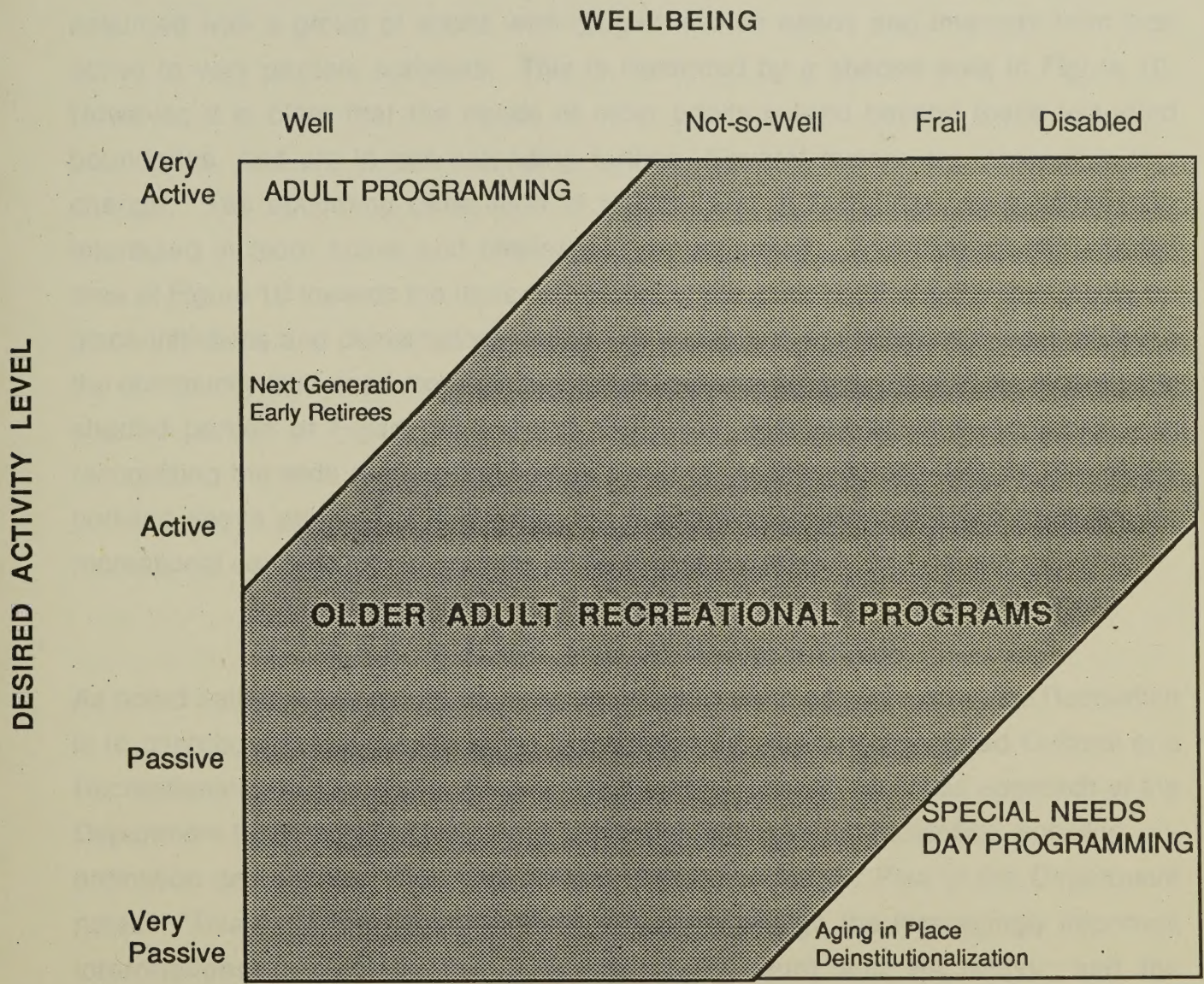
6.0 RECREATIONAL SERVICE DELIVERY TO OLDER ADULTS

6.1 INTRODUCTION

The delivery of recreational services by the Department of Culture and Recreation should facilitate efficient and comprehensive service delivery to older adults in the City of Hamilton. The Department plays a central role in the delivery of recreational services, ensuring that the recreational needs of the older adult population are met. As noted earlier in this report, the needs of the older adult population are changing, and will continue to move toward a broader range of activities. In this changing state of needs, and in order to address these needs from a service perspective, new concepts of where older adults stand in terms of activities and interaction are developing. The changing nature of who a "senior" is has led to a blurring of the definition of the term senior citizen. In an attempt to address this issue, the Culture and Recreation Department now has a senior membership (for those 55 years of age or older, with spousal access), and a disabled membership (for those who receive a disability pension regardless of age). We recommend that the Culture and Recreation Department continues to exercise flexibility in membership criteria, and that each case be reviewed on an individual basis.

A model to aid in the development of a service delivery system for older adults in Hamilton is illustrated below (see Figure 10). The need for recreational services among older adults can be articulated in terms of overall well-being and the desired activity level of the user. Individuals may be located on a scale of well-being from well, through not-so-well, to disabled, and on a scale representing their desired activity level from very active through active to passive and very passive. A person who is frail may enjoy activities which require active involvement, just as a person who is physically well may enjoy more passive activities. And of course, individuals will change their position on both axes, depending on their health, their mood and their interests (neither well-being, desired activity level, or interest are tied directly to age). Together these characteristics can be used to map the spectrum of recreational service needs of older adults.

FIGURE 10: RANGE OF RECREATIONAL SERVICES FOR OLDER ADULTS



The traditional range of recreational services offered to older adults assumed a user group which fell into the less well, not-so-well, to frail and disabled group. Also assumed was a group of adults who ranged in their needs and interests from less active to very passive activities. This is illustrated by a shaded area in Figure 10. However, it is clear that the needs of older adults extend beyond these assumed boundaries, and are in fact extending further. Several factors are involved in this change. The upcoming generation of seniors and early retirees as a whole, are interested in more active and challenging programming. This extends the shaded area of Figure 10 towards the upper left corner of the axes. At the same time, aging-in-place initiatives and deinstitutionalization are expanding the number of older adults in the community who need more structured and passive programming. This extends the shaded portion of Figure 10 towards the lower right corner of the diagram. In recognizing the wide range of recreation services required by older adults, the model outlined above provides a framework for developing a service delivery approach for recreational services for older adults in the City of Hamilton.

6.2 POLICY AND ADMINISTRATION

As noted earlier in this report, the mission of the Department of Culture and Recreation is to contribute to the quality of life in Hamilton by providing enhanced Cultural and Recreational opportunities for citizens and tourists. The philosophical approach of the Department to its mandate is to focus increasing attention on facilitating, enabling, co-ordination and support. The Culture and Recreation Master Plan of the Department notes: "This evolution should embody and acknowledge the increasingly important interrelationship between the Department of Culture and Recreation and the community." ¹ The Master Plan further notes: "In the future, the Department should focus increasing attention on the service requirements of special population groups; in particular the disabled and the elderly." ², and goes on to state:

A more fundamental implication is that the need to serve the aged population may lead the municipal leisure service agency into broader functions and concerns. The provision of leisure opportunities may be accompanied by the need to stimulate and co-ordinate services in such areas as transportation, health, nutrition and assistance to the homebound.

¹ City of Hamilton, Department of Culture and Recreation Master Plan, May 1985. p.15

² Ibid p.17

The likely outcome is that the municipal leisure services agency may begin to serve as a prime multi-service resource for elderly citizens and eventually for others in the community as well.³

Given the changing characteristics of the older adult population in the city of Hamilton, and the direction of the Department of Culture and Recreation as outlined in its Master Plan, there are a number of areas which require policy development in order to enhance the level of service currently available to older adults, and to provide service to the full range of older adults in the community. These areas are explored below.

Service Delivery

Departmental policy supporting services to seniors should be clarified and strengthened to articulate the areas in which the Department will offer direct services and areas in which the Department will facilitate the efforts of other agencies or groups. Services to be provided through adult services and through older adult services also need to be articulated. This would help ensure that services are not duplicated beyond what is appropriate, while maintaining access for older adults to the services that they desire and need. It is recommended that services to adults, including older adults, at recreation centres be oriented to more 'active' programming. Recreation Centres should be the focus of City programs with a sport and fitness orientation. Recreation Centres should also be available for use by community groups and clubs. Many City Recreation Centres are part of the important network of facilities available to older adults in the City of Hamilton. No duplication of facilities and related programs such as swimming pools and arenas should be developed by the City specifically for older adults. The City's Culture and Recreation Department should, via the Special Populations Service Coordinator, promote City programs and facilities of the Recreation Centre type as being oriented toward the older adult who is interested in intergenerational interaction, and more competitive sport activities. Specific Senior Centres in the City of Hamilton should permit older adult members of the community to be as active as they wish, in less competitive activities. The involvement of older adults in the development of programs for the Centres is important to the success of the Centres, and encourages participation. Senior Centres are more appropriate for

³ Ibid p. 8

use by seniors clubs and groups during prime older adult times (daytime hours), and should be used by the City's Culture and Recreation Department in non-peak time hours for other activities.

Special Populations Service Coordinator

As noted in the City's Culture and Recreation Master Plan, "There is a priority need for the City to comprehensively re-organize the present Department of Culture and Recreation to address the identified issues and to support the successful implementation of recommendations presented in this Master Plan."⁴ To assist the Department of Culture and Recreation with achieving a broader based delivery of services to seniors, the Master Plan recommend that the creation of a Special Populations Service Coordinator position be created. We support this recommendation, which appears to not have been acted upon. From the perspective of services to seniors this position may need to focus on senior citizens to start, then broaden to serve other interest and groups (for example the disabled) over time.

In addition to the responsibilities outlined in the Department's Master Plan, the Special Populations Service Coordinator should be responsible for the co-ordination of recreational services to seniors in the City of Hamilton. In this respect, the Co-ordinator's role should involve the following responsibilities.

- To represent the Department of Culture and Recreation in the City of Hamilton, and to promote senior services.
- To conduct research to determine the changing health, social and recreation needs and opportunities of the older adult population.
- To work with the Director of Culture and Recreation to determine policy and services to be offered by the Department.
- To maintain liaison and capacity for co-operative efforts within the Department of Culture and Recreation and with other organizations providing services to seniors.
- To ensure that a range of services exist in the community which fulfill the needs of seniors without the duplication of services.
- To set goals for the provision of older adult services in the City and to monitor the results of new and ongoing initiatives.

Exploration of Co-operative Efforts

⁴ City of Hamilton, Department of Culture and Recreation Master Plan May 1985 p. 44

The Department of Culture and Recreation should explore the potential for the co-operative provision of services to older adults in the City of Hamilton. There are a number of areas in which such co-operation could be of benefit.

- Education. Courses could be offered at Seniors Centres with the co-operation of the School Board, Mohawk College and McMaster University.
- Information Services. The Community Information Service is interested in providing information services to seniors. The new Centre is a possible locale for the service.
- Cultural activities. Cultural activities could be offered in conjunction with the public library, galleries, museums, theatres, and educational institutions. Multicultural and culture-specific events and activities could also take place in co-operation with ethnic groups.
- Services. Services are currently offered at existing Centres in co-operation with other agencies. This should be continued at the new Centre. St. Peter's Hospital has indicated an interest in exploring the potential areas where hospital resources could be brought into the community.

Use of Volunteers

Volunteers should be an integral component of recreational service delivery to older adults. Volunteers allow services to more readily respond to individual needs than would be possible with only paid staff. The involvement of older adults as volunteers gives credibility to programming and services. Older adults bring a lifetime of experience to service provision; as volunteers they can enhance the knowledge and professional experience of the staff regarding the needs and desires of the older adult population.

Volunteer involvement also contributes to the well-being of the volunteers, by providing an outlet for creative and social skills.

A successful volunteer programme does not replace staff; but rather complements staff resources.

Volunteers should not be assigned tasks which involve working with confidential material, require a commitment of time which the volunteer is not able or willing to maintain, or that could lead to personal or financial injury of the volunteer, another senior, or the organization.

Older adult volunteers can provide an invaluable service in the area of peer assistance. Volunteers can undertake active befriending that is impossible and inappropriate for staff. They are available to spend larger amounts of time listening to the concerns of those who request assistance, and can be trained to use communication skills to facilitate exploration of the concerns raised. They can provide information about available resources in the community and can make referrals to the information centre staff or other agencies when necessary. A peer assistance program could be developed within the context of a Senior Centre by information centre staff in cooperation with Senior Peer Counselling. Volunteers can complement staff in an information centre setting, health promotion programs, and home visitors programs.

Coordination of the services available to older adults through clubs in the City could also be facilitated through volunteer involvement. Regular meetings of club presidents two to four times a year could provide a vehicle for mutual support and coordination of services. The Special Populations Service Coordinator could use this forum to determine issues facing various groups in the City and to initiate opportunities for training and education of the club leadership.

Management Structure of the New Centre

The function of the new Centre as the focus for City recreation services for older adults would require that it be owned and operated by the Department of Culture and Recreation. The Special Populations Service Coordinator for the City should provide the link between the Department of Culture and Recreation and the Centre.

The Centre should have a staff which includes a Centre Supervisor, two Program Assistants (one full time and one part time) , a receptionist/secretary, maintenance staff, and programme instructors.

The City Special Populations Service Coordinator should also be located in this facility. Although not having a direct role in the operations of the Centre, the integral role of the Centre in the delivery of services to seniors would provide a suitable location for the Special Populations Services Coordinator's office.

The Centre should operate with the assistance of an advisory board made up of representatives from other clubs, centres, and agencies in the City, the Senior Coordinator, centre staff, and the Department's Manager of Operations. This body would advise the staff of the Centre, and the City's Departmental staff in decision making, programming and policy development. With regard to the formation of this new advisory body, the Department of Culture and Recreation Master Plan notes: "In the future every effort should be made to ensure that these committees are established and function in a consistent, coordinated and complementary fashion."⁵

A Club or clubs should be established within the new Centre. The Club(s) would provide services equivalent to those provided by other Senior Centres in the City, and be eligible for New Horizons grants. The Centre would provide staff support to the Club(s), and would assist the club(s) with its initial start-up (Board of Directors, elections, and development of relations with the Centre), as it has with other clubs throughout the City. The Centre would provide services with a City-wide focus, while the Club(s) would provide services to the more local population, creating an opportunity for a more intimate and welcoming atmosphere within the larger centre, and organizing programs for its own members.

Relationship of Information Centre to Senior Centre

In keeping with the Department's Master Plan note regarding a multi-service resource for the elderly⁶, the Department should initiate discussions with the Community Information Service of Hamilton-Wentworth (C.I.S.) to establish and operate an information service for older adults in the new Senior Citizen Centre. A nominal rental fee may be appropriate for C.I.S., given its primarily non-profit/volunteer operation.

⁵ City of Hamilton, Department of Culture and Recreation Master Plan p. 56

⁶ Ibid p. 8.

Departmental Grants and Funding

The Culture and Recreation Department is currently funding a number of Seniors Clubs and facilities in the City, without a consistent grants and funding policy. The present process of funding and grants administration is ad hoc, and usually on a first come, first served basis. The Department's Master Plan notes: "The City should establish a policy and procedures manual for requests for financial assistance to recreational and cultural groups and individuals"⁷. The principles, components and criteria outlined in the Master Plan⁸ should be uniformly applied to Senior groups and clubs once a municipal grants policy has been adopted. Guidelines for Grants to Community Organizations may include:

- Grants to organizations that provide services to seniors that the City of Hamilton, Culture and Recreation Department does not provide.
- Grants to organizations for extended hours of operation (particularly weekend and evening hours)
- Grants to organizations that provide services in specific locations in the City that are not well served or accessible to services of the Culture and Recreation Department.

In the interim, the Culture and Recreation Department should inventory the services that it is purchasing from clubs and groups that are receiving Departmental funding.

6.3 SERVICE DELIVERY

Service delivery in the City of Hamilton should be accomplished through a co-operative effort of the various agencies, groups, and government departments involved. A broader spectrum of older adults is currently looking for a wider range of services than in the past and this trend is likely to continue, increasing the importance of a coordinated effort in service delivery.

The new Special Populations Service Coordinator would play a key role in coordinating services to older adults. The Coordinator would be a link between the

⁷ City of Hamilton, Culture and Recreation Department, Master Plan, May 1985, p. 47

⁸ Ibid ps. 47 - 49

Department of Culture and Recreation and other agencies, groups and individual older adults in the City.

As the need of older adults for more active recreational services increases, services already in place for the adult population have an opportunity to provide for this user group. An area of overlap is created between adult services and older adult services. Senior services should not duplicate services offered by adult recreation programming in areas which require special resources, such as swimming facility use. However, some overlap in areas of less intense resource use is desirable and feasible. These areas would include fitness classes, dances, and crafts. Some overlap in service in these areas gives older adults a choice of location, degree of structure in their activities, and the degree of integration with the larger population.

Activities requiring an intense input of resources should be offered through adult recreation services, with time designated for senior use. Promotion of these opportunities will be essential to their success. Consideration of older adult needs, such as a higher water temperature in the pool, a more sedate pace at the skating rink, and accessibility, is also essential.

In offering recreational services to those with special needs, community-based services are entering further into an area traditionally served by institutions. The Department of Culture and Recreation can most efficiently provide services to this user group through co-operative ventures with these institutions as they are currently in the process of redefining their own role in response to deinstitutionalization. There is an opportunity for the resources held by institutions to come out into community settings. The City can provide space for this to happen in both senior centres and recreation centres. Day programmes and services at various levels of structure require expansion at this time.

6.4 DIRECT PROVISION OF SERVICES

Facilities

New Centre

The new Senior Centre on the mountain would be required to play a dual function in the service delivery system. It would be the main focus of recreation services for older adults in the City of Hamilton, having a large event space, information and other services, as well as the office of the Special Populations Service Coordinator for the City. At the same time, it would have to be sensitive to local needs, playing a role similar to that of the other City-operated and funded Centres, but for the mountain residents.

Volunteer involvement at the new Centre could take a variety of forms. Volunteers could assume orientation duties at the centre for new visitors. They could act as a resource for other seniors with a need for information or "friendly" support, assist with program promotion and implementation, and staff the cafeteria for snacks in between meals.

Existing Senior Centres

The existing Senior Centres in Hamilton play an important role in service delivery in the City. In order to maintain a high level of services to seniors, some enhancement of these Centres is required. One of the Lower City Centres should be open both Saturday and Sunday. Both the Hamilton Senior Centre and the Ottawa St. Senior Centre are reaching the capacity of their space. The introduction of a new Centre should relieve this situation somewhat. It could be further relieved by making some adjustments to the Main Hess Centre so that it can be more fully utilized, and through offering additional programming at City recreation centres.

Main-Hess Senior Centre requires designated parking, and some subdivision of the large room in order to be utilized as fully as possible. A smaller meeting room and an office for the Centre supervisor would increase the efficiency of the space. Visibility is also an issue that should be addressed. Attractive signage outside the building and on the mall level inside would strengthen the perception of the Centre as a public facility. The lack of air conditioning in the building restricts summer use of the facility

and should be addressed. The City's lease of the Main-Hess facility will expire at the end of the decade, forcing a decision on the future of the Main-Hess Seniors Centre. While a feasibility study on a alternative location may be necessary, there is little doubt that Main-Hess plays an important role in the network of recreational services to older adults. The present facility does have a number of limitations, as noted elsewhere in this report, and alternative locations may help to overcome issues of accessibility, parking, and internal space allocation. The downtown location of Main-Hess allows it to serve the substantial downtown seniors population, and any replacement facility should also be located in the core area. The possibility of developing a replacement facility in the downtown core should be investigated in the long term (1998-99).

Adult recreation facilities in the City have a vital role to play in the provision of services to older adults. They can provide opportunities for integration, as well as local facilities for older adult events and activities. The Department of Culture and Recreation is recognizing a need to orient their programming to expand adult and older adult services in the City through its existing recreational facilities.

Recreation centres can best serve the older adult population by offering a range of programming geared to older adults. Programming available should serve the well and very active older adult to the less well and less active older adult, as illustrated on Figure 10. Optimally, older adults will be accessing:

- Older adult programming
- Adult programming designed to be of special interest to older adults
- Adult programming

Very active older adults who are not ready to accept the "senior" label are a group who would be well served by increased opportunities at recreation facilities. At recreation centres, older adults have the opportunity to move gradually from adult programs to programs which are open to all adults but designed to be of special interest to seniors (i.e. low impact aerobics), to programs offered specifically to older adults, as their interests and abilities change.

Recreation facilities are also a suitable place to offer programming for persons with special needs. Day programmes can operate very effectively from recreation centres with accessible facilities.

Incorporating recreation facilities into the network of senior services provides more neighbourhood recreational opportunities for older adults. This enhancement of local recreation services is important to older adults who are less mobile. Centre staff may require training in working with older adults, and recognizing their needs to improve service delivery to this group.

6.5 INDIRECT PROVISION OF SERVICES

The Department of Culture and Recreation should continue to indirectly provide recreational services to the older adult population through the provision of resources to senior's groups and agencies, through facilitation of the efforts of these agencies, and co-ordination of services available in the City. In a facilitation role, the Culture and Recreation Department is able to service a broad range of recreational needs for various groups and individuals, as outlined in Figure 10. Facilitation of groups through the provision of services (facilities, staff leadership, printing, brochures and assistance with program development), allows seniors to help other seniors do what they want to do. The indirect provision of resources to groups will help to maintain a strong network of senior clubs in the City at the same time as helping to provide for senior recreational service needs.

7.0 IMPLEMENTATION

The implementation of recommendations presented in this report are listed on Figure 11. Recommendations, action, timetable for implementation, and responsibility for action are listed. Timeframes have been developed in short (years one to three), medium (years three to five), and long (years five to ten) term horizons. Under action steps, the Committee review process indicates items for the consideration of the Steering Committee for this study process. Staff review indicates the staff of the Culture and Recreation Department.

Figure 11: CITY OF HAMILTON - SENIOR CITIZEN CENTRE FEASIBILITY STUDY - IMPLEMENTATION PLAN

RECOMMENDATION	ACTION	TIMETABLE	RESPONSIBILITY
The City of Hamilton develop a new Senior Citizen Centre of approximately 24,500 square feet. (Section 5.1)	Committee Review Council Review	Short term Year One-Two	Culture and Recreation Department Building Department
The City of Hamilton develop a new Senior Citizen Centre at the Sackville Hill Memorial Park site at Mohawk Road East and Upper Wentworth Street (Section 5.3)	Committee Review Council Review	Short Term Year One-Two	Culture and Recreation Department Building Department
The City of Hamilton negotiate with the Ministry of Tourism and Recreation, and the Ministry of Community and Social Services for capital funding assistance for the new Senior Citizen Centre. (Section 5.8)	Committee Review Council Review Staff develop applications	Short Term Year One	Culture and Recreation Department
The Culture and Recreation Department address the physical inadequacies of the downtown Senior Centres. (Section 6.4)	Committee Review	Medium Term Year Four-Five	Culture and Recreation Department Building Department
The Culture and Recreation Department begin staff training and development for Community Recreation Centre staff on older adult recreation needs and staff relations. (Section 6.4)	Committee Review Staff Review	Short, Medium and Long Term, and ongoing	Culture and Recreation Department
The Culture and Recreation Department assess the current adult programming throughout its system to ensure that the needs of older adults are comprehensively addressed. (Sections 3.2.5 and 6.3)	Committee Review Staff Review	Short Term Year One-Two	Culture and Recreation Department

Figure 11: CITY OF HAMILTON - SENIOR CITIZEN CENTRE FEASIBILITY STUDY - IMPLEMENTATION PLAN

RECOMMENDATION	ACTION	TIMETABLE	RESPONSIBILITY
Based on the above assessment, the Department integrate older adults into adult programs at Community Recreation Centres. (Section 6.4)	Staff Implementation	Short Term Year One-Two and ongoing	Culture and Recreation Department
The Culture and Recreation Department create and fill the position of Special Populations Services Co-ordinator to address overall Departmental delivery of services to older adults, and to co-ordinate interagency cooperation. (Section 6.2)	Committee Review Council Approval Staff Review	Short Term Year Two	Culture and Recreation Department Council
The Culture and Recreation Department establish a method for overseeing it's food services at the proposed Seniors Centre. A Food Services Manager's position would address this, and the wider Departmental need. (Section 5.7)	Committee Review Council Approval Staff Implementation	Medium Term Year Three	Culture and Recreation Department
The Culture and Recreation Department undertake the preparation of a grants and funding policy. (Section 6.2)	Committee Review Council Approval Staff Implementation	Short Term Year Two-Three	Culture and Recreation Department
The Culture and Recreation Department negotiate with the Community Information Service to operate an information centre for older adults in the proposed Senior Citizen Centre. (Section 6.2)	Committee Review Council Approval Staff Implementation	Short Term Year Two-Three	Culture and Recreation Department

Figure 11: CITY OF HAMILTON - SENIOR CITIZEN CENTRE FEASIBILITY STUDY - IMPLEMENTATION PLAN

RECOMMENDATION	ACTION	TIMETABLE	RESPONSIBILITY
The Culture and Recreation Department implement through City operated or funded Senior Centres an annual increase in membership fees of \$.50 per year per member (Section 5.7)	Committee Review Staff Implementation	Short Term and ongoing Year One	Culture and Recreation Department
The Culture and Recreation Department should encourage the development of Seniors clubs at the proposed Centre. (Section 6.2)	Committee Review Staff Implementation	Short Term and ongoing Year One	Culture and Recreation Department
The Culture and Recreation Department continue to facilitate the provision of services to seniors by other agencies and groups, through the purchase of services, the provision of funding, and through services from staff to clubs and groups. (Section 6.2)	Committee review Staff Implementation	Short Term and ongoing Year One	Culture and Recreation Department
Culture and Recreation Department policy be strengthened to articulate the areas in which the Department will offer direct services and areas in which the Department will facilitate the efforts of other agencies or groups. (Section 6.2)	Committee review Staff Implementation	Medium Term Year Three	Culture and Recreation Department
The Culture and Recreation Department make available facilities for day programming for special populations in City recreation facilities. (Section 6.2)	Committee review Staff Implementation	Short Term Year Two-Three	Culture and Recreation Department

Figure 11: CITY OF HAMILTON - SENIOR CITIZEN CENTRE FEASIBILITY STUDY - IMPLEMENTATION PLAN

RECOMMENDATION	ACTION	TIMETABLE	RESPONSIBILITY
The Culture and Recreation Department monitor the use of existing Senior's Centres after the opening of the proposed facility on the Mountain.	Staff Implementation	Medium Term Year Three-Four	Culture and Recreation Department
The Culture and Recreation Department undertake a feasibility study to determine the appropriate replacement for the Main-Hess Centre when its lease expires in 2001.	Staff Implementation	Long Term Year Seven-Eight	Culture and Recreation Department

APPENDIX

CONTACT LIST

SENIORS ORGANIZATIONS

Mr Frank Balzer
Aubrey Jones Srs.

Mr. Jim Wilson
Age for Action

Mr. John Shumski
Auto Workers Retirees

Ms. Mary Riding
Bayfront Seniors

S. Miles
Bethel Gospel Tabernacle

Mr. Ron Faichney
Canadian Workers Retirees

Mrs. Myrtle Corning
Central Memorial Seniors

Mr. Bob Kinloch
Dofasco Retired Employees

Mrs. French
Eastgate Seniors

Mrs. Rees
East Mountain 60 Club

Mr. Reyes
Filcan Sr. Citizens Club

Mr. M. Czekay
Firestone Retirees

Ms. Myrna Forsythe
First Place Seniors

Mrs. Johnson
Friendship Club

Miss C. Hamilton
Geritol Follies

Mr. Hans Breschke
German-Canadian Benevolent Society
for Aged Persons

Mr. Ozzie Ferguson
Glassworkers Retirees

Mrs. Neeth
Golden Fellowship

Mrs. Rees
Golden Mile Club

Ms. Barbara Morton
Golden Winnies Seniors Club

Mrs. Mona Bird
Good Times

Ms. Dorothy Ford
Hess Street Seniors

Ms. Doris Bradley
Ham. Hydro Dist. Ret. Pensioners

Mrs. Francisca Cruz
Ham. Filipino Can. Sr. Association

Berzdiss Oskar
Ham. Latvian Seniors Assoc.

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Central Memorial Seniors

Mr. Bob Kinloch
Dofasco Retired Employees

Mrs. French
Eastgate Seniors

Mrs. Rees
East Mountain 60 Club

Mr. Reyes
Filcan Sr. Citizens Club

Mr. M. Czekay
Firestone Retirees

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First Place Seniors

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German-Canadian Benevolent Society
for Aged Persons

Mr. Ozzie Ferguson
Glassworkers Retirees

Mrs. Neeth
Golden Fellowship

Mrs. Rees
Golden Mile Club

Ms. Barbara Morton
Golden Winnies Seniors Club

Mrs. Mona Bird
Good Times

Ms. Dorothy Ford
Hess Street Seniors

Ms. Doris Bradley
Ham. Hydro Dist. Ret. Pensioners

Mrs. Francisca Cruz
Ham. Filipino Can. Sr. Association

Berzdiss Oskar
Ham. Latvian Seniors Assoc.

CONTACT LIST

Ms. Mary Lou Weir
Hamilton Seniors Centre

Mr. Lew Henderson
Ham. Steelworkers Retired Members Club

Mr. George Bond
Hi-Lite Club

Ms. Mary O'Grady
Hungarian Seniors

Mrs. Lois Goodale
James Street Seniors

Ms. Carole Krames
Jewish Social Service

Mr. Tom Okinobu
Ken Soble Seniors

Ms. Faith Barnes
Kiwanis Seniors Club

Mr. Kuwabana
Koyukai Seniors Club

Mr. Roger Paquette
L'Age d'or Notre-Dame

Ms. Iola Midgley
Leisure Hours Group

Mr. Mikis
Luthanian Senior Citizens

Mr. Bud Walker
Mt. Hamilton Retirees Club

Mrs. McKee
Marinique Seniors Club

Mrs. Jean Seepa
L.I.V.N. Senior Citizens

Ms. Alice Straitton
Mt. Friendship Club

Ms. Elizabeth Korser
Mt. Young at Heart

Ms. Donna Hawkins
Macassa Outreach Program

Mr. Jack Howey
MacNab Seniors

Ms. Marilyn Thomson
Main-Hess Seniors Centre

Ms. Carolyn Kovacs
Main-Hess Seniors Centre

Mrs. M. Hurst
Mohawk Gardens Seniors

Ms. Betty Logan
Niagara Church House

Mr. Alec Neil
Normanhurst Senior Citizens Group

Mr. Cliff Booth
Old Timers Her Majesty Vets

Ms. Erin Montgomery
Ottawa St. YWCA Seniors Centre

CONTACT LIST

Mrs. Gray
Over 60 Club

Mrs. D. Short
Pioneer Church Keenagers

Ms. Carol Lee
People's Church 60. Plus

Ms. Linda Kisko
Productivity Plus People

Mr. George Chrysler
Queenston Road Seniors

Ms. Jessica Brennan
Red Cross

/Mrs. Fran Weaver
Rosedale Seniors

Ms. Lisa St. James
Roxborough Seniors Centre

Ms. Susan Cuming
Roxborough Seniors Centre

Mrs. Pickavance
R.H.L.I. Senior Citizens

Ms. Mary Kankowski
St. Eugenes Over 50 Club

Mrs. C. Morton
St. Josephs Senior Euchre Club

Ms. Anne Mercer
St. Matthews Seniors

Ms. Mary Morrin
St. John's Place Seniors

Ms. Bernice Price
St. John Ambulance Fellowship Group

Mr. Frank Hurst
St. Elizabeth Village Club House

Mrs. Mary Pylypnik
St. Vladimur Ukranian Sr. Citizens

Major Reid
Salvation Army Golden Agers

Ms. Jean Reid
Sanford Avenue Seniors

Mr. C. Collins
Saturday Night Fellowship Club

Mrs. Schram
Scott Park Rec. Centre

Mrs. Win Lipman
Senior Peer Counselling

Ms. Lynne Edwards
Seniors Activation Maintenance Program

Mr. Vernon Cheeseman
Seniors Service League

Mrs. Gwen Lee
Seniors Council

Mr. Geof Snider
Senior Talent Bank

CONTACT LIST

Jan Crook
Executive Director, Volunteer Action Centre

Rev. Arthur Verrall
Wesley Urban Ministries

Mr. Keith Riley
Director of Education
Hamilton Board of Education

Mr. Doug Kelterborn
Manager, Property and Insurance
Hamilton Board of Education

Mr. Chris Firth-Eagland
Parks Development Coordinator
Parks Division, Public Works Department
City of Hamilton

Mr. David Godley
Manager, Neighbourhood Section
Planning Department
City of Hamilton

Mr. John Ames
Planner
Planning Department
City of Hamilton

Mr. Rick Buckle
Chief Appraiser
Real Estate Department
City of Hamilton

CONTACT LIST

Mrs. Carolyn Kovacs
SMILE

Mrs. Gwen Lee
Strathcona Seniors

Mrs. M. Palmers
Teamsters Seniors

Ms. Lena Bazansky
Ukrainian Pioneers

Mr. A. Dorion
Unit 45 Cdn. Corps. Seniors

Mr. Ed. McDonald
United Electrical Workers Union Retirees

Mrs. Pickavance
Vanier Apt. Seniors

Ms. Joyce Pollon
Warden Park Seniors Association

Ms. Helen Unrau
Welcome Inn Centre

Ms. Alice Hardy
Westmount Seniors

Mrs. Isabel Valencourt
Zone 14 U.S.C.O. Inc.

OTHER AGENCIES

Mr./Mrs. Leslie Russell
Community Information Services

DARTS

Mr. Robert Sugden
Department of Culture & Recreation,
City of Hamilton

Lydia Goshgarian
Hamilton District Multicultural Centre

Mr. Don Kilpatrick
Head of Public Service
Hamilton Public Library

Beth Hovius
District Coordinator
Hamilton Public Library

Karen Cooper
Head of the Resource Centre for Disabled
Service and Bookmobile Services
Hamilton Public Library

Marion Brynor
Community Relations Worker
Hamilton-Wentworth Housing Authority

Norma Walsh
Director,
Regional Social Planning Policy Development

Michael Shuster
Commissioner of Regional Social Services

Peter Pap
Director of Services with the Elderly,
Regional Social Services

Wendy Lockhart
Community Centre Supervisor,
Sir Winston Churchill Recreation Centre

Jane Wandemaker
St. Peter's Hospital

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URBAN/MUNICIPAL

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TABLE 2

Population Change by Age, by Sex, by Selected Age Categories
for Hamilton, 1976, 1981, 1986

URBAN MUNIC. AL

OCT 12 1990

GOVERNMENT DOCUMENTS

	% Seniors in Total Population	% Male/ Female Seniors	% Change in Senior Population	% Change in Total Population
1986				
Mountain	11		31	4
Male	10	42	32	3
Female	12	58	31	5
Lower City	15		4	- 2
Male	12	39	4	- 3
Female	17	61	4	- 2
Total	13		11	0
Male	11	40	12	0
Female	15	60	11	1
1981				
Mountain	9		18	1
Male	8	42	15	0
Female	10	58	21	3
Lower City	14		8	- 4
Male	11	40	8	- 5
Female	16	60	8	- 3
Total	12		11	- 2
Male	10	40	10	- 3
Female	14	60	12	- 1
1976				
Mountain	8			
Male	7	44		
Female	8	56		
Lower City	12			
Male	10	40		
Female	14	60		
Total	10			
Male	9	41		
Female	12	59		

TABLE 3 Projected Population by Five-Year Age Groups and Sex, Selected Years, 1988-2006
Hamilton

Scenario 1.2 (Medium Fertility-Medium Migration)												
Age Group	Assessment			Projected Population						2006		
	1988			1991			1996			2001		
	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
0-4	9,536	9,175	18,711	10,410	9,985	20,395	10,445	9,910	20,355	9,025	8,555	17,580
5-9	9,432	9,161	18,593	9,285	8,965	18,250	9,940	9,515	19,455	10,025	9,490	19,515
10-14	9,169	8,935	18,104	9,145	8,780	17,925	9,070	8,755	17,825	9,790	9,370	19,160
15-19	10,199	9,934	20,133	9,470	9,235	18,705	9,100	8,740	17,840	9,100	8,800	17,900
20-24	12,899	13,658	26,557	11,220	11,350	22,570	9,835	9,635	19,470	9,560	9,225	18,785
25-29	14,850	14,946	29,796	14,270	14,925	29,195	11,230	11,390	22,620	9,940	9,765	19,705
30-34	12,654	13,062	25,716	13,800	13,860	27,660	13,715	14,415	28,130	10,755	10,950	21,705
35-39	10,536	10,900	21,436	11,360	12,045	23,405	13,275	13,380	26,655	13,225	13,975	27,200
40-44	9,163	9,660	18,823	10,080	10,445	20,525	11,055	11,775	22,830	13,015	13,165	26,180
45-49	7,806	8,044	15,850	8,355	8,650	17,005	9,900	10,310	20,210	10,900	11,665	22,565
50-54	7,347	7,808	15,155	7,335	7,685	15,020	8,080	8,530	16,610	9,700	10,185	19,885
55-59	7,861	8,489	16,350	7,350	7,855	15,205	7,060	7,540	14,600	7,795	8,385	16,180
60-64	8,298	9,159	17,457	7,770	8,610	16,380	6,890	7,610	14,500	6,640	7,335	13,975
65-69	7,052	8,256	15,308	7,410	8,800	16,210	6,985	8,180	15,165	6,215	7,255	13,470
70-74	4,773	6,060	10,833	5,275	6,715	11,990	6,285	8,050	14,335	5,950	7,505	13,455
75-79	3,436	5,185	8,621	3,835	5,305	9,140	4,085	5,825	9,910	4,880	7,005	11,885
80-84	1,943	3,542	5,485	2,065	3,945	6,010	2,500	4,135	6,635	2,705	4,595	7,300
85+	1,243	2,989	4,232	1,320	3,325	4,645	1,475	3,935	5,410	1,745	4,355	6,100
Total	148,197	158,963	307,160	149,755	160,380	310,235	150,925	161,565	312,555	150,965	161,580	312,545
										150,095	160,595	310,690

Source: Hamilton-Wentworth Planning and Development Department

TABLE 6
Senior Centre Comparison

Characteristic	Oshawa	Burlington	Hamilton	Chatham	Averages
1986 Total Pop.	117,519	116,675	306760	42,210	145791.00
Pop. 55 +	21,435	22,410	75450	9,020	32078.75
Pop. 55+ as % of Total	18.24	19.21	24.6	21.37	20.86
Pop. 65 +	10,525	10,785	40425	5,315	16762.50
Pop. 65+ as % of Total	8.90	9.24	13.18	12.59	10.98
Size of Seniors Centre	13,000	16,453	n.a.	17,670	15707.67
Ave. Sq. ft./senior	1.24	1.53	n.a.	3.32	2.03
Ave. No. of Members	3,320	1,931	2900	900	2262.75
Ave. No. Centre Users/day	400	264	535	100	324.75

TABLE 7 Hamilton Senior Centres

Name	Hamilton Seniors Centre	Ottawa Street Community YWCA Seniors Centre	Main Hess Seniors Centre
Number of members Exclusive membership Membership Trends	Approx. 2000 retired and/or 60 years +, 55+ special needs has been increasing with increases in programming	Approx. 600 - 172 male, balance female 60 years, City of Hamilton resident, others pay more Has been increasing; pop. older, early retirement	Approx. 300 No Increasing
Space Components	McNab YWCA - 75 McNab St. S. large lounge, kitchen, sewing room, meeting room access to pool (3x per week)	Ottawa YWCA, 52 Ottawa St. N. Lounge, rec room, access to gym, pool, sauna, whirlpool, dance studio, lecture room, meeting rooms, snack bar	191 Main St. W. Common area, craft room, exercise room music room/meeting room, kitchen, library, small lounge, sewing room, storage, woodworking shops
Equipment	Sewing machines, pottery kiln		Mon-Fri 9 - 9, some Sat for special events
Restrictions	space limits, lack of weekend hours	space limits, lack of weekend hours	Lack of air conditioning, parking, weekend hours, inadequate accessibility by bus
Capacity	300 seated	110	892 seated/595 for dance
Ave. # of users/day	200+ - almost at capacity	100-120	200-250; in summer much less due to heat
Hours/Days	Mon-Wed, Fri 9 to 9; Thurs, Sat 9 to 5; Sun 12 to 5	Mon to Fri 9 to 5	
Funding (sources, budget, revenue)	City of Hamilton-core funding/YWCA-space New Horizons - user groups apply separately Course fees - programs are self supporting, Membership - \$7/year city res., \$10.50 non-res. User fees - drop-in \$7.50 non-member, \$.50 social Snack bar, special events	City of Hamilton - core funding New Horizons - computers, training for new employees Course fees - programs are self supporting, Membership - \$7/year city res., \$10.50 non-res. User fees - drop-in \$.75 for non-members Snack bar, special events	City of Hamilton - core funding, subsidizes operating costs New Horizons - \$33,000 start-up furniture and equipment Course fees Membership - \$7/year city res., \$10.50 non-res. User fees - drop-in \$.75 for non-members Special events - boutique, carnival bingo, mini-auction, etc.
Staff (Full vs pt. time, paid vs volunteer)	Director (full time) - administration, facilitation Secretary/bookkeeper (full time) - office Assist. supervisor (part time) - programming, office Maintenance (part time) Instructors	Director (full time) Office coordinator/secretary (full time) 13 paid instructors (part time)	Supervisor (full time) - administration Reception assistant (part time) Assistant (part time)
Activities/Programs (kind, frequency, number of users)	cards, carpet bowling, crafts, dance, dinners, dressmaking, exercise, lectures, quilting, swimming, tai chi, teas, yoga	bingo, bowling, cards, choir, crafts, dance exercise, lectures, quilting, sign language swimming, tai chi, walking women, weight training, yoga	Bingo, cards, carpet bowling, choir, crafts, dances footcare, grocery program, tai chi, teas
Comments re: new Centre	More facilities are needed - especially on mountain Younger seniors and early retirees do not identify with senior label - perhaps have interest in an Adult Leisure Facility Should look at option of 3-4 smaller facilities Visibility/profile is important Need lots of storage	Strong need Desirable on mountain; west Hamilton	Mountain needs centre that is open daily Sam Lawrence Park area is best Mohawk College area not central enough Should make it large enough to accommodate future growth
In favour	Yes	Yes	Yes

TABLE 8 Minor Centres

Name	First Place Seniors	Jewish Social Service	Kiwanis Seniors	Roxborough Seniors Centre
Number of members	670 on mailing list	250	200-300	85
Exclusive membership	55+ with exceptions	No	50+, Disabled 20+,	55+
Membership Trends	Increasing	Has been stable	Has increased 20%/year, expect increase to continue	Increasing
Space	First Place Auditorium, boardroom, meeting room, craft and billiard rooms, lounges, dining rooms, library, solarium, roof garden	Fairview School Lower City Gym, kitchen, classrooms	Seniors Centre in Kiwanis Club Lower City - north east 2 large rooms, 2 offices, Share use of ceramic equipment, badminton courts, video, pool	St. Helens School Lower City Hall, kitchen shuffleboard
Restrictions	At limits of funding and staff	No	Would like whirlpool, exercising, physiotherapist, more space	Difficult to get liquor licence
Capacity	Over 400	150	Two 20' by 30' rooms	120
Ave. # of users/day	Less than capacity of space	20-40	-	10 - 30
Hours/Days	8:30am to 9pm Mon to Fri	Mon to Fri mornings Tues and Wed afternoon	Drop-in Mon to Fri, 9-3pm Programs throughout week	Mon. all day, Tues., Wed., am Thurs., Sat. afternoon
Funding (sources, budget, revenue)	Comsoc base funding Region - \$10,000 City - \$6000 First Place , grants	Space and staff are part of multi-service agency Ministry of Community and Social Services \$30000	\$5/year membership Budget \$107,00/year 70% COMSOC, 20% region, 10% fundraising; bazaars, etc.	\$2/year Sell cookbooks, plastic wrap Bake sales
Staff (Full vs pt. time, paid vs volunteer)	Supervisor, program coordinator, Social Service coordinator, secretary	Craft instructors, lunch staff, part time Other centre staff	Coordinator, full time 6 part time	Activity Director - part time Cleaning person - part time
Activities/Programs (kind, frequency)	Exercise, euchre, crafts, study group, vision support, relaxation clinics, friendship group, meal at noon	Sheltered workshop, arts, crafts, singing, luncheon; bus trips, celebrations of Jewish holidays	Drop-in, Daycare, meals, woodworking, craft, trips, ceramics, water therapy, swim, tai chi, bowling, foot care, cards	Fun choir, drop-in, yoga, crafts intergenerational program, badminton, weekly Footcare, potluck, monthly
Location of members	2/3 in building, rest neighbours	All in Lower City	Most Lower City, few mountain, some out of City (Stoney Creek)	97% lower city, 1% mountain 2% out of city, 15% drive
Transportation used		DARTS 25%, taxi 20%, 55% transit	Transit or drive, DARTS, 2 vans	70% transit, DARTS, 15% walk
Comments re: new Centre	Probably would not be affected by new centre Meal services for seniors is essential; younger seniors have other needs - not at sen. centre More resources needed for home support rather than a centre	Participation in ethnic community is important Pool, cafeteria, ombudsman, outreach program for men Younger seniors-different needs Lower City location-on bus route	No impact if on mountain Social worker with languages, doctor on call, whirlpool, large kitchen, storage, elevator, auto doors, no carpeting, snack bar Mountain growing-needs centre Limeridge Mall area	35-40 might use centre Might help expand programs Social, educational, skills building, pool Mountain location Close to transit
In favour	No - not as they exist now	Yes	Yes	Yes

Name	Salvation Army Golden Agers
Number of members	Approx. 500
Exclusive membership	60+, some flexibility
Membership Trends	Began 5 years ago with 50 members, now reaching capacity
Space	Salvation Army Hamilton Temple, Lower City
Components	Lounge, gym, cafeteria
Equipment	
Restrictions	Reaching space limitations, esp. storage and office
Capacity	350
Ave. # of users/day	Approx. 60
Hours/Days	Mon-Fri 9 to 4
Funding (sources, budget, revenue)	\$6/year (\$1 to USCO) \$.50 -\$.1 per class Annual bazaar Comsoc, Red Shield (Sal. Army)
Staff (Full vs pt. time, paid vs volunteer)	Director, Program coordinator, 2 cooks - full time
Activities/Programs (kind, frequency)	Chaplain, secretary, custodian Shuffleboard, crafts, bible study, choir, tai chi, info, bus trips, VON, alterations service Hot meal at noon, X-mas dinner
Location of members	60% Lower City, 30% mountain, rest out of town
Transportation used	60% transit, some walk, few drive, taxi, darts
Comments re: new Centre	Groups might be interested in use of centre for special events (200 to 500 people) Swimming, billiards, chaplain, wood working, hot meals essential Mountain location Need to increase DARTS
In favour	Yes

TABLE 9 Hamilton Seniors Clubs and Organizations

Name	Age for Action	Auto Workers	Retirees	Bayfront Srs. USCO	Bethel Gospel Tabernacle
Number of members	50	Approx. 200	Approx. 30	50-60	Over 60 Club
Exclusive membership	60+	Retiree of Can. Auto Workers	No	60+	
Membership Trends	- -	Decreasing	Hoping to increase	Has increased	
Space	Ryerson Gym, recreation room Mountain	Canadian Auto Workers Hall Lower City - east end	Calvin Grace Church Lower City	Bethel Gospel Tabernacle Mountain	
Components	Gym, building recreation room	Meeting room	Auditorium, meeting room, kitchen	Large meeting room, kitchen	
Equipment			Musical instruments	Piano	
Restrictions	Lack of space	No kitchen, size of room, stairs	Church does not allow raffles, need more musical instruments	No	
Capacity	- -	40-50	Over 50	100	
Ave. # of users/day	40-60	Approx. 30	7 - 12	40-50	
Hours/Days	Mon evening, Tues, Thurs pm, Sun evening	3rd Tues of month in afternoon 2nd and 4th Wed afternoon	1st Tues of month, afternoon Engagements, practice	3rd Thurs of month, afternoon	
Funding	\$1 USCO \$7 City membership	\$1/month, \$1/afternoon 50/50 draw New Horizons CAW - space and photocopying	\$1/year Collection Draw, auctions, crazy bingo, garage sales	No	
Staff	Volunteer	Volunteer	Volunteer	Volunteer	
(Full vs pt. time, paid vs volunteer)					
Activities/Programs	Softball, basketball, cards	Euchre, bus trips	Organizational meeting 1/month Performances, practice as req'd Occasional luncheons	Luncheon and chorus Occasional trips	
(kind, frequency)					
Location of members	Most mountain	60% Lower City, 20% mountain	All in Lower City	All on mountain	
Transportation used	Most drive, transit in bad weather	20% outside City 90% drive, 10% transit	Half walk, half transit, 1 by car	80% drive, 20% church bus	
Comments re: new Centre	Group needs space for activities Great need for centre on mountain, east, west, north end Now nothing on mountain Coffee shop, pool tables, softball diamond, close to facility with swimming pool	Distance people will travel will depend on attractiveness Health services, kitchen with locker space Cost of bus passes an issue	Group interested in using centre Needs to be easy for both Lower City and mountain res. to get to Main problem for group is transportation to engagements	Difficult to participate in non-Christian programs because some activities are against religion (eg smoking, drinking) Shuffleboard, exercise facilities, bowling	
In favour	Yes	Yes	Yes	Not really	

Name	Central Memorial Seniors	Dofasco Retired Employees	Eastgate Seniors	East Mt. 60 Club
Number of members Exclusive membership Membership Trends	47 62+ Increasing	1400 Retired from Dofasco, or long term disability Stable	60 no Decreased with move to less convenient location - stabilized	Approx. 65 no Membership decreasing
Space	Central Memorial Rec. Centre Lower City Meeting room, kitchen Bingo, games	Sherman Centre (lower city) Rec centre (mountain) Large room, bar, skating rinks, gym, driving range	Knights of Columbus Lower City - east end Large hall, smaller room with pool table and bar, bingo equipment	East Mt. Community Centre East mountain Hall, kitchen, staff room
Restrictions	Nb	Lack of interest	Don't have facilities for further programs, lack of volunteers	Amount of space, competition from other groups, lack of vol.
Capacity	12 tables	150	approx. 60 persons	10-12 tables
Ave. # of users/day Hours/Days	24 - 6 tables Mon, Wed, Sat 1-4pm	80-120 Mon am, Thurs pm	30-40 Mon. and Wed. afternoons	35-40 - 10 tables Mon. afternoon, Wed. evening
Funding (sources, budget, revenue)	\$7 City membership Small charge for coffee, snacks New Horizons - cupboards, coat racks, etc.	Dofasco covers costs	\$1/yr membership, \$.50/day New Horizons - \$1000 Space provided by Knights of C.	Silver collection Baseball - \$5 membership to club Space provided by City
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteers, bartender	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bridge, euchre, darts, chess, swimming Annual bridge extravaganza	Lunch, social and bar Mini-put, euchre, skating, basketball, driving range	Bingo 2 afternoons a week	Cards, games - 1/wk Euchre - 1/wk Christmas party, baseball
Location of members Transportation used	66% Lower City, 33% mountain 90% drive, few transit	- - - -	Most live nearby - east end 75% transit	Most live on mountain Most drive, bus service not close
Comments re: new Centre	People downtown don't want to go to mountain More needed for men - pool and poker tables Crafts, macrame Footcare, nurse, physical therapy	Are satisfied with current location Members think new centre a waste of money and taxes Will only serve people in immediate area	Might lose members depending on offerings Health component useful Info centre a good idea Must be close to seniors being served	Might lose members if new centre is on mountain Need info service, health service Programs for men are needed Transportation for shut-ins Younger seniors have different agenda
In favour	Yes	Nb	Yes	Yes

Name	Filcan Senior Citizen's Club	Firestone Retirees	Friendship Club	German-Can. Benevolent Society for Aged Persons
Number of members	30 members	40	25	200
Exclusive membership	50+, City res., Philipino/Can.	Nb	Nb	-
Membership Trends	-	Has decreased, hope it will remain the same	Decreasing	Increasing
Space	Backholder Hall Mountain	Firestone War Vets Hall Lower City	Binkley United Church Lower City	First Place Downtown
Components	-	Large Hall, small kitchen	Parlor, chapel, auditorium	Hall, kitchen, office,
Equipment	-		VCR, slide projector, shuffleboard	workshop (at Main Hess)
Restrictions	Cost to rent space	Current building might not be available in future	Nb	Storage space, workshop equip. Amount of space, office space, photocopier
Capacity	-	-	75	Crowded at 125
Ave. # of users/day	Approx. 25	80-90	12 - 20	100+
Hours/Days	4 times/year	Tues afternoons	Every 2nd Wed. afternoon	Monthly meeting -Thurs. pm
Funding (sources, budget, revenue)	\$10/yr membership New Horizons	3rd Wed afternoon of month	\$50/meeting Lunch donated Space provided by church	Workshop - Mon. am
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	\$6/year \$50 for coffee, donuts, and 50/50 draw Space provided	Volunteer	\$6/mon. \$1/meeting New Horizons for workshop equip. Fundraise for other groups Volunteer
Activities/Programs (kind, frequency)	Independence celebration, Christmas and New Year's parties, outings, picnics	Euchre every week, speaker, etc once a month, trips to science centre, Falls, etc.	Cards, shuffleboard Speakers every 2 months Potluck every 6 months Slide presentations	Monthly meeting, workshop, monthly day trips, bulletin, international excursions, picnic Christmas dinner & bazaar
Location of members Transportation used	More live on mountain	Majority live on mountain Majority drive, some walk or transit	All in Lower City 90% drive, 10% walk	35% mountain, 45% lower city, 20% outside city 85% transit, some walk, drive
Comments re: new Centre	Would like to use new centre Perhaps increase membership Central mountain best location Info centre, library, office, dance, singing, ping pong Storage needed	Group would like to use new centre, preferably on mountain Individuals would use centre if not downtown Euchre, trips, home visit program Seniors apartments needed	Each community should look after their own people Younger people have plans for retirement - not looking for recreation	Would like to use new centre Convenience a big factor Info, foot care, restaurant, pool whirlpool, greenhouse, films, bingo, crafts, exercises 75-90 year olds need it most Language important with age
In favour	Yes	Yes	Don't know	Yes - to represent City

Name	Geritol Follies	Germania Seniors	Glassworker Retirees (men (ladies)	Glassworkers Retirees
Number of members	100 performers	Contact not made	60	Group not longer exists
Exclusive membership	At capacity, accepting only replacements		Retiree, 60+	
Membership Trends			Has been stable	
			Hoping to increase	
Space	Hamilton Place Downtown		Glassworkers Social Club Lower City	
Components	2 rehearsal rooms, office, storage room		Meeting room, kitchen Pool tables	
Equipment	Costumes, props			
Restrictions	No		Amount of space and funding	
Capacity	100+		50	
Ave. # of users/day	N/A		30-50	
Hours/Days	Thurs am and pm		Wed. afternoons - social Monthly meetings, Wed. am	
Funding (sources, budget, revenue)	25-30 performances a year		\$2/year \$.50/week New Horizons	
Staff (Full vs pt. time, paid vs volunteer)	2 office staff, full time Musician, part time		Volunteer	
Activities/Programs (kind, frequency)	Choir, Thurs am Dancers, Thurs pm 2/week from May to June		Cards, snooker, poker 1/week Monthly meetings Christmas dinner Twice a year social get togethers	
Location of members	50% Lower City, 50% mountain		50% mountain, 30% Lower City, 20% outside City	
Transportation used	67% transit, 33% drive		50% drive, 50% transit	
Comments re: new Centre	Group would probably not move Accessibility a major issue for individual use Foot care, hair styling, cafeteria parking, buses, swimming pool Downtown location Early retirees-more active		Would not affect activities of group Communications centre needed, for info on housing, taxes, etc. Downtown location Cost is an issue for individuals - people should not be turned away	
In favour	Yes		Yes	

Name	Golden Fellowship	Golden Mile Club	Golden Winnies Seniors Club	Good Times
Number of members	6	50	45	16
Exclusive membership	55+	No	Over 60	No
Membership Trends	Decreasing	Has decreased	Has doubled over past 5 years, expect fluctuation	Stable, hope to increase
Space	Scott Park School Lower City Large room, kitchen	Mt. Hamilton United Mountain Large room, kitchen	Sir W. Churchill Rec. Centre Lower City Sitting room, long room for carpet bowling, kitchen	St. Mathews House Lower City Meeting room, kitchen Piano
Components Equipment				
Restrictions	No	Lack of volunteers	Lack of space - could use more frequently	No
Capacity	Approx. 150	- -	30 in sitting room	30-35
Ave. # of users/day	6	40-45	30	Approx. 16
Hours/Days	Tues, Wed. morning	Every 2nd Monday	Wed, Fri afternoon	Wed afternoon
Funding (sources, budget, revenue)	\$7/year City membership \$1/year USCO Bazaar in summer	Collection	\$1 per meeting New Horizons \$3500	\$1/year \$.25/week Raffle and bazaar once a year New Horizons
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Make baby quilts, Christmas ornaments	Cards Christmas dinner	Carpet bowling, euchre, Christmas dinner, dinner in June	Euchre, crafts, quilting, games Day trips, potluck
Location of members	1 mountain, 1 outside City, Rest in Lower City	80% mountain, 20% Lower City 50% drive, 45%transit, 5%taxi	96% Lower City 4% out of City 90% drive or car pool, 10% transit	All in Lower City 50% transit, 50% walk
Transportation used	2 drive, rest transit	Group would not use new centre Individual use would depend on location Central mountain location Transportation for disabled needs to be improved Seniors are independent	Use of new centre would depend on proximity to present location as only a few drive Mountain location	Group not likely use new centre Some individuals might as drop-in Swimming pool, floor and board games Mountain location
Comments re: new Centre	Would not affect activities of group Individuals would probably not use centre Sewing, knitting, quilting, bingo, cards Mountain not as well served			
In favour	No	Yes	Yes	Yes-worthwhile

Name	Hamilton Retirees	Hydro Ont. Pensioners	District	Hamilton Filipino Seniors Association	Hamilton Latvian Seniors Association	Hamilton Retired Members Club	Steel Workers Club
Number of members	600			41	102	140	
Exclusive membership Trends	Ontario Hydro Pensioner Increasing			Immigrant to Can. from Philippines, 60+ Has decreased; one group split	Nb Has increased, expect numbers to stabilize	Retired steelworker Has decreased, want it to remain at current number	
Space	East Plains Burlington Meeting room, kitchen	United Church in Burlington		Church hall, homes Mountain	Latvian Society House Lower City Meeting room, kitchen	United Steelworkers Hall Lower City, east end Hall, kitchen	
Components Equipment							
Restrictions	Need cheaper place in Hamilton			Space, typewriter, other equipment	Nb	Lack of volunteers, would like projector and films	
Capacity	40-45			- -	80	150	
Ave. # of users/day	- -			15	50-60	30-40	
Hours/Days	Meeting twice a year Trips, outings			Every 3rd Sunday	2nd and 4th Thurs afternoon of month	Tues afternoons	
Funding (sources, budget, revenue)	Some funding Charge for tours			\$5/year (\$1 to USCO) Dances Give donation to church for space	\$5/year Bake sales, craft sales once/year Pay \$20/month rent	\$3/year Weekly draw New Horizons Space provided by union	
Staff (Full vs pt. time, paid vs volunteer)	Volunteer			Volunteer	Volunteer	Volunteer	
Activities/Programs (kind, frequency)	Trips Christmas party			Outreach, literacy, exercise and food advice, poetry, crocheting, embroidery	Reading, videos, TV, cards, crafts Christmas dinner	Cards, 1 to 4 day trips, banquet, Christmas party, guest speakers 1/month	
Location of members	40 members in Hamilton			Most mountain	85% Lower City, 15% mountain	90-95% Lower City,	
Transportation used	Many in Burlington, scattered All drive			Car pool where possible, rest transit	50% transit, 25% walk, 25% drive	5-10% mountain, a few outside 50%+ drive, rest transit	
Comments re: new Centre	Might be interested in using new space - depends on location and cost			Most individuals would use new centre on mountain, group also Preventative health, exercise, pre-diagnostic centre, dances, plays, bridge, tennis, crafts, swimming pool, multi-lingual staff, opportunity for expansion	Many would not be attracted to centre because they do not speak english Main St. location Would be interested in using space in new centre	Many groups exist, lots of choice for seniors now	
In favour	Yes			Yes	Yes	No need	

Name	Hungarian Seniors	Hi Lite Club	James St. Seniors	Koyukal Seniors Club
Number of members	112	115	110	50-60, 25-30 are active
Exclusive membership	No	55+	No	No restrictions; all are over 65,
Membership Trends	Increasing as younger generation come in	Stable	Has increased, expect numbers to stabilize	and are Japanese Stable
Space	Hungarian Hall Lower City 2 rooms	St. Michaels Anglican Church Mountain Large hall and smaller room, kitchen	Main St. Baptist Church Lower City Auditorium, kitchen VCR, projector and screen	Japanese Canadian Centre Mountain -
Components Equipment	Microwave, coffee maker			
Restrictions	On 2nd floor; is difficult Organizational time	Would like new tables	No	No
Capacity	110	-	220 seated	30-40
Ave. # of users/day	40-55	40-60	80	20-60
Hours/Days	Thurs afternoon	Every Wed afternoon	1st and 3rd Wed afternoon of month	Mon. pm - videos Wed, evening - euchre
Funding (sources, budget, revenue)	\$10/year \$1 each visit New Horizons \$2500 rent/year	\$3/year, \$.50/visit New Horizons Money raised from crafts donated to church for space	\$.75/meeting Tea, small bazaar, white elephant sale New Horizons - \$12,000	\$2/year membership New Horizons in past Photocopies from centre
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	
Activities/Programs (kind, frequency)	Cards, chess, shuffleboard, Hungarian videos, Christmas dinner	Euchre, crib, crafts, carpet bowling, shuffleboard, picnics, potluck, trips, Christmas party	Lectures, music, speakers, small games, occasional lunches	Videos, euchre, bingo 3-4/year, bus tour, picnic, New Year's party, gate ball?? annual general meeting
Location of members	All in Lower City	95% mountain, 2% Lower City, 3% outside City	50% Lower City, 45% mountain 5% out of City	60% mountain, 40% lower city
Transportation used	All walk		85% transit, 15% walk	80% drive or get ride, 20% transit
Comments re: new Centre	Group might get more members in new centre Over half of individuals might use new centre Needs to be wheelchair accessible Downtown location-more seniors	Might be interested in using new centre if on mountain Would not affect group otherwise Need a facility on mountain open 7 days/week Top of Jolly Cut location	Affect on group would depend on location Central downtown location Many people would not go to mountain	Would not affect activities Few members would use it Need large dance room Parking is important Transit is important Non-drivers on mountain are underserved
In favour	Yes	Yes	Not personally	Yes

Name	I'Age d'or Notre Dame	Leisure Hours Group	Limeridge Seniors	Luthanian Senior Citizens
Number of members	175-200	30	Contact not made	120
Exclusive membership	40 and up	Nb		-
Membership Trends	Increasing as age of general pop. increases	Decreasing		
Space	Notre Dame Church (basement) Lower City	Delta United Church Lower City		Luthanian Hall Lower City
Components	Large room, kitchen	Auditorium, kitchen		Hall, small kitchen
Equipment	Shuffleboard	Piano		
Restrictions	Space-would like a centre for francophone community; funding	Nb		Nb
Capacity	299 seated	Over 200		Over 300
Ave. # of users/day	15 per class, 75-100 lunches	20-24		40-50 on trips
Hours/Days	Tues am and pm, Thurs am and evening	2nd and 4th Fri afternoon of month		1st Thursday of month
Funding (sources, budget, revenue)	\$5 membership Bazaar, craft sales Province \$2000 Knights of Columbus - helpers	\$.50 per day Food usually donated		\$5/year, \$1 of that to USCO New Horizons funding of commemorative book
Staff (Full vs pt. time, paid vs volunteer)	Volunteers	Volunteer		Volunteer
Activities/Programs (kind, frequency)	Cards, shuffleboard, courses in dance, knitting and woodcarving, lunch on Tues, breakfast and potluck once/month	Bridge, euchre, bingo Christmas dinner, trips		Meeting with speaker once a month, parties 4-5 trips per year
Location of members	50% Lower City, 50% mountain	All in Lower City		Most in Lower City
Transportation used	40% transit, 40% drive, 5-10% walk			Over 50% transit, 20% walk, over 25% drive
Comments re: new Centre	Would not affect activities - francophone community at this centre Mountain location near shopping centres	Distance will be an issue in use of new centre		Group not interested in using new centre
In favour	Yes	Yes		-

Name	Mt. Hamilton Retirees Club	Mt. Young at Heart	MacNab Seniors	Mountain Friendship Club
Number of members	Approx. 450	500	32	80-85
Exclusive membership	55+ and retired, but flexible	55+, flexible		60+
Membership Trends	Has decreased, now stable	Has increased, now stable	Increasing	Has increased, don't know future
Space	Royal Canadian Legion Mountain Hall, kitchen, storage Use equipment belonging to Legion	St. Peter Paul Parish Mountain Hall	Ceril McNab Recreation Centre Mountain Meeting room, kitchen	Mountain Arena Mountain Upstairs room, kitchen, shuffleboard
Components				
Equipment				
Restrictions	Nb	Don't know	Space-just about at capacity	Limited space
Capacity	500	100	32	-
Ave. # of users/day	Approx. 250	100+	24	Approx. 35
Hours/Days	Wed. afternoon and evening	Thurs. afternoon	Friday afternoons	Wed and Thurs afternoons
Funding (sources, budget, revenue)	\$3/year membership \$1/visit New Horizons last year - \$9000	\$2 one-time membership 50-50 draw New Horizons - \$47,000 Rent space	\$7.50 City Membership \$.50 a day	\$1/month 50/50 draw, bazaar each year New Horizons Space provided
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Euchre, carpet bowling, darts, cribbage, bridge - Wednesdays luncheon in June, Christmas dinner, day tours	Euchre, bridge - 1/week, potluck supper	Bridge, banquets	Shuffleboard, euchre 1/week Lunch and gen. meeting 1/mon Christmas dinner
Location of members	90% mountain, a few out of town	95% mountain, 3% lower city, 2% outside city	75% mountain, 25% City 95% drive, 5% walk	95% mountain, 5% downtown 80% drive, 10% walk, 10% transit
Transportation used	Most drive	80% drive, 10% transit or walk		
Comments re: new Centre	Would not move Possibly 80% of members would use it Social, exercise, crafts, bowling, lectures, educational, pool, woodworking, aquatics, Sam Lawrence park area good	Would not affect activities Washrooms on every floor if more than two floors Parking, transit are important Pool tables, pool, shuffleboard Mountain is good location	Could increase size of group in more suitable surroundings Bridge, shuffleboard, darts, crafts, swimming pool Inverness School site - rebuild	If on mountain, group could use centre
In favour	Yes	Yes	Yes	Yes

Name	Normanhurst Sr. Citizens	Old Timers Her Majesty's Vets	Over 60 Club	Pioneer Church Keenagers
Number of members	Approx. 90	50-60	12 - 20	60-70
Exclusive membership	60+	Member of Her Majesty's Army	Nb	Nb
Membership Trends	Increasing	and Navy Vets Society (men only) Decreasing	Decreasing, membership older	Increasing
Space	Normanhurst Community Centre Lower City - east end	86 MacNab N. Lower City	St. Margaret's Church Lower City	Pioneer Memorial Church East end
Components	Large room, kitchen	Hall	Hall, kitchen	Club room, kitchen, gym
Equipment		Pool tables		Shuffleboard,
Restrictions	More time in community centre	Nb	Lack of interest	Lack of volunteers, organization
Capacity	121	200	- -	Clubroom 60, Gym 200-300
Ave. # of users/day	60-76	20-30	Less than 20	20-40
Hours/Days	Monday afternoon	1st Wed afternoon of month	Monday afternoon	2nd Tues of month
Funding (sources, budget, revenue)	\$7 City membership \$.50 for game New Horizons Space provided by centre	\$3/year inc. \$1 to USCO 50/50 draw monthly New Horizons approx. \$17000	\$.50/meeting	Collection Church sponsors program
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Cards, banquets 3 times/year, trip 1 time/year	Meetings, cards, pool, darts, day trips, Christmas Dinner	Lunch and cards once/month	Cards, shuffleboard, games, bus trips, Christmas dinners
Location of members	Most Lower City	80% Lower City, 20% mountain	All in lower west end	90% Lower City, 10% mountain
Transportation used	80% transit, rest walk or drive	80% walk, 20% transit	Most get a ride, one walks	50% drive, 25% walk, 20% transit, 5% taxi
Comments re: new Centre	Would book time perhaps 3/week More of what's offered now Mountain is less well served, centre should be central downtown	Group not interested in space in new centre Would probably not affect activities of group Crafts, rec. activities, bar Mountain location	One or two members interested Group wouldn't move Good for special events in city Success will depend on access From some places easier to go downtown than across mountain Bus pass should be free	Not interested in space in new centre Transportation is the major problem for seniors
In favour	Yes	Yes	Yes	Nb

Name	Seniors Service League	St. John Ambulance Fellowship Group	St. Valimir Ukrainian Seniors Centre	Saturday Night Fellowship Club
Number of members	75	35-40	85	12 - 14
Exclusive membership	No	Retired St. John Ambulance	No	No
Membership Trends	Stable	First Aid Increasing	Has decreased in last few years	Stable
Space	Service League Lower City Hall, kitchen	500 Upper Wellington Mountain Meeting room, kitchen, projector and screen	St. Vladimir Church Lower City Hall	West Hamilton Gospel Church or homes - Lower City Meeting room
Components Equipment				
Restrictions	No	No	No	No
Capacity	160	Approx. 30	100	Approx. 30
Ave. # of users/day	50	15	20-39	Less than 20
Hours/Days	Wed. afternoon	Last Wed. of each month	Tues. afternoon	Sat. during day, once a month
Funding (sources, budget, revenue)	\$3/year New Horizons	Collection	\$2/year	None
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Euchre Banquets 2/year	Films Christmas social	Cards and coffee Christmas party	Miniature golf, bowling, UNO
Location of members	All Lower City	50% mountain, 50% Lower City	95% Lower City, 5% mountain	100% Lower City
Transportation used	90% drive, 8% transit, 2% walk	Most use transit, a few walk or drive	60% walk, 30% drive, 10% transit	100% drive
Comments re: new Centre	Group not interested in moving to new centre Would not affect activities Most probably won't go Enough exists for seniors	Group satisfied with space Many also would go to new centre Lack of seniors facilities citywide One on mountain and smaller ones in east and west end Bus pass costs too much	Would not affect activities About 10 might use new centre Lower City location - younger people on mountain Music, dancing	Would not affect activities Some would use new centre Uptown location
In favour	No		Yes	Neutral

Name	St. Eugenes Over 50 Club	St. Josephs Seniors Euchre Club	Teamsters Seniors	United Electrical Workers Union Retirees
Number of members	Approx. 14	100	60	Approx. 150
Exclusive membership	50+	Senior citizen	Retired Teamster	Retired member of union
Membership Trends	Has increased, expect to stabilize	Currently stable		
Space	St. Eugenes Parish Lower City 1 of 2 floors	St. Joseph's Church Lower City	Increasing Conciliation Room, Teamster Hall Lower City Large room, bars Pool tables, dart board	Fluorates Main Hess Seniors Centre Downtown Portion of main room
Components Equipment				
Restrictions	Lack of storage space	Nb	Lack of funding	Lack of private space-distraction of other activities during meeting
Capacity	More than adequate	140	80	600+
Ave. # of users/day	45-50	100+	50-60	45-50
Hours/Days	Thurs afternoon	Thurs afternoon, once a month	Every 2nd Tues afternoon	monthly membership meeting
Funding (sources, budget, revenue)	\$2/year \$.50 for snack New Horizons Space provided	\$.50 for lunch Individual donations	\$12/year	\$7.50 City membership \$.25 for coffee and donut 50/50 draw Newsletter bimonthly - \$4/year
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bingo, cards, overnight trips, day trips, shuffleboard, pool table, darts, potluck 1/year	Euchre, lunches	Cards, darts, pool tables, BBQs in summer Dances, Christmas dinner	Guest speakers, social evenings, day trips, trips to race track
Location of members Transportation used	All in Lower City 95% drive, 5% walk	50% Lower City, 50% mountain 60% transit, 20% drive, 10% each walk, taxi, DARTS	Most in Lower City Virtually all drive	Most on mountain, east end Most drive or car pool
Comments re: new Centre	Would not affect them Not many would use Like the activities they have Special events at new centre if close and free Self-government	Group not affected Many individuals would use new centre Dancing, rec. activities, coffee shop Transit accessible	Centre is where seniors can do what they want Current facilities inadequate Downtown location Transit expensive Group not interested in using new centre	Would be interested in space in new centre Cultural, theatre, comedy, athletic, social area, library Mountain location Transit should be free for seniors
In favour	Yes	Yes	Yes	Yes

Name	Ukranian Pioneers	Unit 45 Cdn. Corps Seniors	Warden Park Seniors Association	Westmount Seniors
Number of members	65	25	200	34
Exclusive membership	65+	Nb	Over 60	Over 50
Membership Trends	Has decreased in past, expect increase	Has decreased, are now actively recruiting to increase members	Is increasing	Has decreased, expect increase with advertising
Space	Ukranian Hall Lower City	45 Veteran Club Lower City	Jerome Court, homes Lower City	Westmount Recreation Centre Mountain
Components	Hall	Whole building	Social room	Meeting room, kitchen
Equipment	Sound system, projector	kitchen, hall, pool tables, shuffleboard	Will have main room, kitchen, possibly office, washrooms	
Restrictions	Nb	Nb	Lack of own facility, will be new Warden Park centre in 1991	Nb
Capacity	180	86	Approx. 145	48
Ave. # of users/day	25-40	15	35-40	34
Hours/Days	Every 2nd Wed afternoon	Mon afternoons	Mon, Tues afternoon, meetings 1/month, weekly lunch	Wed afternoon
Funding (sources, budget, revenue)	\$3/year including \$1 to USCO \$1 for afternoon New Horizons \$780/year rent	\$2/year + \$1 to USCO 50/50 draw every meeting New Horizons No cost for space	\$1/year to USCO \$1/afternoon for cards, garage sales, auction, New Horizons Rent paid by City	\$7/year City membership 50/50 draw New Horizons, \$580
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bingo, lectures, Christmas dinner	Cards, pool, shuffleboard Christmas dinner	Bowling at Lucky Strike Cards, bus trips, crafts, lunch outings	Cards, potluck
Location of members	65% Lower City, 30% mountain	All in Lower City	All local	All mountain
Transportation used	All use transit	60% drive, 20% transit, 20% walk	Most walk	80% drive, 10% walk, 10% transit
Comments re: new Centre	Centre would have positive impact on group Many individuals would use it Swimming, recreational activities Downtown location	Group would be interested in using new centre Pool table, shuffleboard, exercise room	Would use info centre A bus load might go to special events if on mountain Shuffleboard, darts cards, cooking, creative things, courses, golf tourneys, office space for various groups, info	Group might be interested in using new space Accessibility is important - transit, DARTS, wheelchair
In favour	Yes	Yes	Yes	Don't know

Name	Can Workers Retirees	
Number of members	90	
Exclusive membership	Former employee of American Can	
Membership Trends	Increasing	
Space	Bulk Packaging Co. (formerly American Can) - Lower City Boardroom	
Components Equipment		
Restrictions	Nb	
Capacity	several hundred	
Ave. # of users/day	- -	
Hours/Days	3rd Mon afternoon of month	
Funding (sources, budget, revenue)	\$5/year New Horizons Space provided	
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	
Activities/Programs (kind, frequency)	Meetings 3rd Mon of month Summer picnic, trips, cards and bingo at Legion	
Location of members	60%mountain, 20% Lower City	
Transportation used	20% outside City 90-95% drive, no transit	
Comments re: new Centre	Group definitely interested in use of new centre Would not affect group otherwise Vast majority would use centre 1 large mountain location, 3 satellite locations downtown	
In favour	Yes	

TABLE 10 Hamilton Seniors Residential Clubs

Name	Aubry Jones Senior Citizens	First Place Seniors	Ken Soble Seniors	LIVN Senior Citizens
Number of members	72 apart. - not all members	listed with minor centres	48	Over 100
Exclusive membership	- -		Over 50	60 and over
Membership Trends	- -		Has decreased; expect increase	Fluctuates
Space	8th Floor of building		Recreation room in building	Activity room in building
Components	Lounge, Kitchen		Lower City Rec room TV, Stereo, shuffleboard, BBQ, piano, kettle	Lower City Activity room, kitchen, lounge TV, pool table, stationary bike, library
Restrictions	Lack of participation		Funding	No
Capacity	Approx. 100		50	120
Ave. # of users/day	- -		15-30	30-40
Hours/Days	Mon, Thurs evening, last Wed evening of month		Wed, evening	Mon, Wed, Thurs, Sat evenings Tues afternoon,
Funding (sources, budget, revenue)	\$1/year to USCO Bingo, euchre		Fundraising - bake sales	\$2/year White elephant, bake sale New Horizons Space provided
Staff (Full vs pt. time, paid vs volunteer)	Volunteer		Volunteer	Volunteer
Activities/Programs (kind, frequency)	Bingo, euchre 1/week General meeting 1/month Dinners, Day trips Guest speakers 1/2 months		Bingo 1/week Trips, Christmas party, BBQ, potluck, euchre, shuffleboard	Bingo, cards 2/week Darts Tues afternoon, every 3rd Tues is meeting
Location of members	Downtown		All Lower City	Lower City
Transportation used	walk - in building		All walk	Walk-a few in neighbourhood, rest in building
Comments re: new Centre	Individuals won't use if it is more than 3 blocks away Mountain location - cost of land		Would use new centre 14-32 members might use it Rec room for euchre, crafts, talking, films, therapy Lower City location Needed as soon as possible	Small number would use new centre Programs similar to Y Transit-accessible Self-government
In favour	Yes		Yes	Yes

Name	Martenique Seniors Club	Mohawk Gardens Seniors	Queenston Road Seniors	Sanford Avenue
Number of members	400 live in building	125	Approx. 30	Approx. 25
Exclusive membership	No	Have to live in building	In building or neighbours	No
Membership Trends	Decreasing - new tenants not all seniors	Stable	Stable	Stable
Space	Rooms in building	Lounge in building	Building lounge	Building lounge
Components	Lower City - behind City Hall	Mountain	East end	Lower City
Equipment	Activity room, kitchen, 2 other rooms	Small lounge	Lounge, kitchen	Lounge
Restrictions	Pool table, poker table		Shuffleboard, pool table, bingo equipment, darts	Darts, pool table,
	No	Amount of space	No	No
Capacity	100 at tables	100	70 at tables	85
Ave. # of users/day	20-50	15-40	Approx. 30	Approx. 25
Hours/Days	Mon, Tues afternoon, Wed, Thur, Fri evenings	Mon. afternoon	Mon-Wed mornings	Tues, Fri afternoons
Funding (sources, budget, revenue)	\$1/year USCO Fundraisers New Horizons Space provided	Mon., Tues., Thurs., Sat. evening	Mon-Fri evenings	Mon, Wed, Thurs, Fri evenings
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	\$1/month New Horizons	\$1/month Rummage sales, supper New Horizons	\$1/month Dances \$3 Craft and bake sales
Activities/Programs (kind, frequency)	Knitting etc, ceramics, euchre 1/week, bingo 2/week, poker and pool nightly, occasional Trips, BBQ, Christmas banquet	Crafts, euchre once/week Bingo 3 times/week Christmas, Thanksgiving dinners Parties, trips	Shuffleboard and bingo 3 times/week, euchre 1/week dances, Christmas dinner, parties	Crafts, bingo, darts, euchre, men's club meetings, dances 1/week
Location of members Transportation used	Lower City In building	Mountain	East end All in building or neighbours	Lower City
Comments re: new Centre	Very few members would use new centre Same types of programs as now All areas well served now East end location Seniors should be resp. for prog. Not enough care facilities	Would not affect activities of group - evening oriented 50% might use new centre Mountain location on bus lines Pool, games room	People probably won't travel to new centre-maybe less than 10 Mountain centre of no use to east end of city - 3/4 hours to downtown on transit Meals would be useful service	Probably would not affect group activities 10 or so people might use new centre
In favour	Don't know	Yes	Neutral	No - buildings have own lounges

Name	St. Elizabeth Village Club House	St. Johns Place Seniors	Strathcona Seniors	Vanier Apartment Seniors
Number of members	475 - all who live in community	128	157	125
Exclusive membership	Resident of community, 65+, spouse 55+	55+, out of workforce	Building resident	Nb
Membership Trends	Stable	Has increased	Stable	Decreasing
Space	Clubhouse Mountain Hall,	Hall in complex Lower City	Lower City	Vanier Apartments Lower City
Components		Sons of Italy Hall, kitchen, lockers, tennis court, pool, sauna, shuffle board, picnic area	Exercise bike, pool table	2 lounges, exercise room, dart room, card room, shuffleboard, ping pong, billiards
Equipment				
Restrictions	One gap - restaurant has closed was good social activity	Nb	Small space	Nb
Capacity	274 seated, 219 at tables	250	75	Large
Ave. # of users/day		Approx. 25	20-30	45-50
Hours/Days		Mon to Fri, evenings Meeting every 2nd Thurs pm	7 evenings a week	Mon to Fri, afternoon and evening
Funding (sources, budget, revenue)	\$5 one time membership Rummage sales, bazaar New Horizons \$25,000 when first opened	\$4/year, \$1 to USCO Penny sales and bake sale New Horizons Space provided	\$2/year \$1/month for pool table Bake and craft sales twice/year New Horizons -twice	Money from bingo, etc. New Horizons
Staff (Full vs pt. time, paid vs volunteer)	Volunteer Cleaning staff paid by Village	Volunteer	Volunteer	Volunteer
Activities/Programs (kind, frequency)		Crazy eights, bingo, 31, rumoli, crazy bingo 1/week Day trips, Dinners	Crib Mon, crafts Tues, euchre Fri, bingo Thurs, euchre Fri, party Sat, bingo Sun, bus trips New Year's party, dinners	Wed Bingo, shuffleboard, cards, ping pong, darts, billiards, etc. Christmas party, dinners once a month
Location of members	Mountain	Lower City	Lower City	Lower City
Transportation used	Virtually all walk	All walk, in complex	In building	In building
Comments re: new Centre	Probably not affect group People would go to meet new people, do things not offered here Counselling, nurse, whirlpool, pool, PA system, video/TV, kiln comfortable chairs Bus access critical; on mountain	Individuals would probably not go to mountain Lower City location	Probably not affect group Auditorium with stage, kitchen, nurse, cafeteria, gift shop, small meeting rooms, pool table, dart boards, poker tables, exercise programs, painting, lounge Mountain and Lower City needed	Affect on group would depend on location Many people belong to other groups or clubs Middle east end location
In favour	Yes	Yes - definately needed	Yes	Yes

Name	Hess St. Seniors	
Number of members	35	
Exclusive membership	60+	
Membership Trends	Has been stable, hope to bring in more younger members	
Space	95 Hess St.	
Components	Lounge, rec room, kitchen	
Equipment	Shuffleboard, pool tables	
Restrictions	Participation	
Capacity	90-100	
Ave. # of users/day	30-35	
Hours/Days	Mon to Fri evenings	
Funding (sources, budget, revenue)	\$2/year inc. \$1 to USCO Fundraising - rummage sales, penny sales, dinners New Horizons	
Staff (Full vs pt. time, paid vs volunteer)	Volunteer	
Activities/Programs (kind, frequency)	Euchre Tues evening Bingo Wed evening dominos, shuffleboard etc. on going	
Location of members	In building	
Transportation used	All walk	
Comments re: new Centre	Group would use new centre Quite a few members would use new centre Swimming pool Central location, close to E, W, and mountain	
In favour	Yes - In central location	

TABLE 11 Hamilton Seniors Services

Name	Macessa Outreach Program	St. Mathews Seniors	Senior Peer Counselling	Senior Activation and Maintenance Program
Number of members Exclusive membership Membership Trends	29 participants Referral Will have waiting list soon	100+ Unable to participate in regular seniors programming Began 6 mon. ago, increasing	Approx. 68 participants	60+ Referrals Waiting list
Space	Macessa Lodge Mountain Activity room, kitchen	Storefront, across from St. Mathews - Lower City Recreation room, small kitchen, 2 offices	Century 21 Complex Lower City	Main Hess Seniors Centre - downtown Roxborough Centre - east end Access to centre facilities
Components Equipment				
Restrictions		Lack of funding, staff, equipment In trial stage-proving need	Need more volunteers	Mountain location
Capacity	30 participants	Approx. 20		At Capacity; could expand on mountain
Ave. # of users/day Hours/Days	29 registered 9:30 to 2:30 Mon to Thurs	8-20 drop in Mon to Fri 9-4:30	25 visitors at centre/week; info and referral over phone Average 68 participants	Central - 25 per day; East 20 per day Tuesday to Friday 8:30 to 4
Funding (sources, budget, revenue)	Sponsored by Region	Private donations United Way Anglican Church Region	70% Comsoc, 30% Region	Comsoc - home support H-W Regional Social Services Client Fees - \$7/day Minimal rental fee at Roxborough
Staff (Full vs pt. time, paid vs volunteer)	Mon to Wed - 4 staff Thurs, Fri - 3 staff	2 seniors home support workers Receptionist at St. Mathews	Coordinator, full time Office manager 28 hr/wk Book keeper 1/month	3 full time staff 5 part time staff 2-3 students on placements
Activities/Programs (kind, frequency)	Crafts, fitness, mini-trips, ceramics, baking, darts, walking club, woodwork, bookmobile, hot lunch	Drop in daily, group activities Tues and Thurs afternoon 100 home visits a month	Support service, trained in listening skills Referrals to Catholic Family Services Complete forms Social teas	4 planned activities per day Integration with centre programmes
Location of members Transportation used		All Lower City - most in neighbourhood Most walk, a few transit		70% Lower City, 30% mountain 60-70% DARTS, few family and taxi, rest Red Cross drivers
Comments re: new Centre	Day programs needed for disabled, ex-psychiatric patients Outdoor space	New centre could expand opportunities for this group Recreation area, health info seminars, clinic, restaurant (low cost), cafeteria too awkward Need for more for seniors Central location, parking	Group would like to use new centre - need several small counselling rooms Should be run by seniors Need "men's club" - sitting room Ethnic programming, family services, Promote volunteerism among seniors Growth of seniors will be on mountain	Program would like to locate in new mountain centre Kitchen, variety of seating areas, office space, multipurpose room, whirlpool or pool Limeridge Mall area On bus routes
In favour		Yes	Yes	Yes

Name	Productivity Plus People	Red Cross	Welcome Inn Centre
Number of members Exclusive membership Membership Trends	15 Special needs Has decreased, expect increase	48 in transportation 65+, also a small # of disabled Increasing	20+ participants, +home visits No Increasing, new elevator an added incentive
Space	Norman Pinky Lewis Recreation Centre Mountain ceramic equipment, swimming pool, weight room,	400 King St. E. East end of downtown Auditorium, training room, 6 vehicles	Fellowship Hall, Welcome Inn Centre Hall, kitchen, office, elevator
Components Equipment			
Restrictions	Space - availability of gym, budget and staffing constraints	More volunteers, more vehicles	Lack of staff time, funding
Capacity	-	30 - 50 in training room	80 - 90
Ave. # of users/day Hours/Days	- Tuesday and Thursday 9 to 2	Friends - 1 to 4 outings each day Transportation - 8:30 to 4 pm each day Friends - as convenient for participants	20 - 24 Every 2nd Tues lunch, plus 40-60 on visitation list
Funding (sources, budget, revenue)	Ceramic, knitting sales City of Hamilton New Horizons City membership \$7, course fee \$4 Program organizer - full time Skill instructors - part time	\$2 per Friends outing, no charge for trans. Comsoc, United Way, Red Cross Branch carries overhead	COMSOC salary and 70% of program costs, 30% of program absorbed by Welcome Inn Food donations from churches
Staff (Full vs pt. time, paid vs volunteer)		Manager of Community Services - 20% FT Senior Services Coordinator - full time Manager of Volunteer Resources	Neighbourhood worker, full time Volunteer service workers
Activities/Programs (kind, frequency)	Ceramics, games, swim exercise, knitting and crocheting, lunches	Friends Programme - 2 volunteers take 3 participants shopping, chats Transportation - trips to appointments, rec programs, etc.	Home visits, lunches, summer day trips Christmas choir
Location of members Transportation used	- 50% transit, 50% drive	Friends- 33% east, 33% downtown, 14% mountain, 20% west end; Trans-60% east, 20% Downtown, 18% mountain, 2% west	North end, in immediate area Most walk, 10 by pick-up service, 1 DARTS
Comments re: new Centre	Aquafit programs - need large shallow area Close to other amenities - library, shops Mountain has less programming	One location will not serve everyone Expansion of current centres first Renovate Main Hess to create varied space Create a neighbourhood centre Diner's club very useful Centre could possibly use Red Cross transportation service	Group might be interested in using new centre depending on location, very few individuals would use new centre Out-reach, assistance with shopping, etc., kitchen, meals with social component
In favour	Yes	Yes	In good location, yes

Table12: Five Year Operating Cost Projection

Description	Year One	Year Two	Year Three	Year Four	Year Five
	Estimate	Estimate	Estimate	Estimate	Estimate
Salaries and Wages	\$133,000	\$139,650	\$146,633	\$153,964	\$161,662
Employee Benefits	\$14,300	\$15,015	\$15,766	\$16,554	\$17,382
Meetings	\$500	\$525	\$551	\$579	\$608
Fees - Instructors	\$7,000	\$7,350	\$7,718	\$8,103	\$8,509
Office Supplies	\$2,000	\$2,100	\$2,205	\$2,315	\$2,431
Medical Supplies	\$200	\$210	\$221	\$232	\$243
Advertising and Promotion *	\$3,000	\$2,000	\$2,100	\$2,205	\$2,315
Travel	\$1,200	\$1,260	\$1,323	\$1,389	\$1,459
Telephone	\$1,600	\$1,680	\$1,764	\$1,852	\$1,945
Maintenance and Repair	\$6,000	\$6,300	\$6,615	\$6,946	\$7,293
Equipment Repair	\$1,000	\$1,050	\$1,103	\$1,158	\$1,216
Heating, Lighting and Water	\$39,020	\$40,971	\$43,020	\$45,171	\$47,429
Capital Reserve	\$39,200	\$39,200	\$39,200	\$39,200	\$39,200
Total	\$248,020	\$257,311	\$268,217	\$279,667	\$291,691
* The first year of operating of the new facility may require additional advertising and promotion funds.					
The budget is then reduced in the second year.					

FEASIBILITY STUDY FOR A
SENIOR CITIZEN'S CENTRE
(tables)



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